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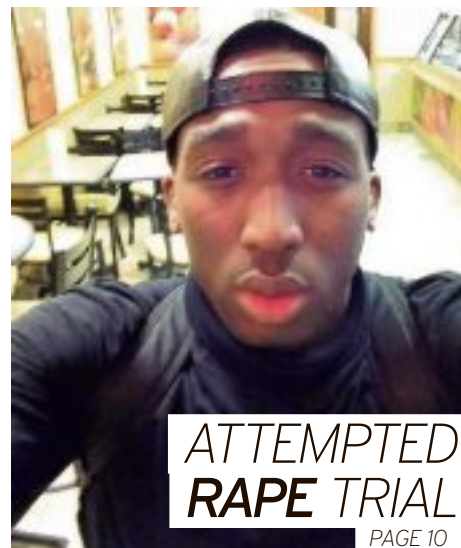
CHRISTMAS LIGHTS
SWITCH-ON IS FIT
FOR A **QUEEN**

PAGES 4&5



ATTEMPTED
RAPE TRIAL

PAGE 10



The right to read

CAMPAIGN AGAINST PLANNED
LIBRARY CLOSURES
PAGES 8&9



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- **Genesis, 3 High Street, Old Harlow**
- **Kings, Unit 4, Church Langley Way, Harlow**
- **Kings, 19 East Gate, Harlow**
- **Geoffrey Matthews, 47 High Street, Old Harlow**
- **Guardian, Post Office Walk, Harlow**
- **Haart, 4 West Gate, Harlow**
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Christmas is a magical time in the market town of Saffron Walden

What's ON

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THIS WEEK

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MORE

FEELING FESTIVE

CHRISTMAS FAYRE: Birchwood High School, Parsonage Lane, Bishop's Stortford, Saturday, November 24, 3-6pm

■ The first ever Birchwood PSFA Christmas Fayre will feature festive crafts, food and music.

Pitches for stalls (arts, crafts, gifts and food) are still available to book at £15 each.

To reserve a pitch email birchwoodpsfa@gmail.com. For more details visit: www.facebook.com/events/110303826554079/

WHAM! REMEMBERED

THE BEST OF WHAM! Rhodes Arts Complex, 1-3 South Road, Bishop's Stortford, Friday and Saturday, November 23&24, 7.30pm

■ A NEW show featuring the best of George, Andrew, Pepsi and Shirlie with sensational vocals, choreography, costumes and an awesome live band.

Can it really be 37 years since George Michael and Andrew Ridgeley formed one of the most enduring pop groups of the 80s?

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This fun-loving, vibrant, megamix tribute to the pop sensation of the 80s will be enjoyed by all ages.

Tickets £24. For more details visit: www.rhodesartscomplex.co.uk

CHRISTMAS IS COMING

CHRISTMAS IN SAFFRON WALDEN: Saffron



The Best of Wham! bring their show to Bishop's Stortford

Walden market town, from Sunday, November 25, times vary

■ Experience the charming medieval market town of Saffron Walden this Christmas with a number of events taking place throughout the festive season.

On Sunday, November 25, 11am to 5pm, there will be a Christmas street market with plenty of activity for all the family - food and drink, screening of Frozen at 1pm in the Town Hall. Tickets £5, £3 concessions, under-2s free. For tickets visit: saffronscreen.com/frozen-2/ or from TIC

There will also be live music, a visit from Hovis, the Audley End Horse, from 3-5.30pm. Hovis will be located outside, at the rear of the Town Hall.

Lights switch-on in the Market Square at 4.30pm, with Father Christmas, his elves, the Mayor and Councillor Paul Fairhurst. Santa's Grotto from 2.30pm which is free.

On Friday, November 30, there will be an all-day market from 9am. Late night shopping, for more information visit: www.swinitiative.org/late-night-christmas-shopping.

There will be charity stalls in King Street organised by Saffron Walden Initiative. Food and drink, live music and a Christmas gift fair in the Town Hall from 9am to 8.30pm

and again on Saturday and Sunday 9am to 5pm.

There are many more Christmas events to enjoy, for more information visit: www.visitsaffronwalden.gov.uk/

CHARITY FAYRE

HARLOW CHRISTMAS FAYRE - FOR ST CLARE: Great Parndon Community Centre, Harlow, Sunday, November 25, 12.30-4pm

■ Have yourself a merry little Christmas fayre - join St Clare to get you in the Christmas spirit.

With a wide range of stalls selling your favourite Christmas items - you are sure to find gifts for all the family.

Entry is £1 per person. To book a stall and for more information on this festive event, get in touch with the St Clare community fundraising lead Dani De'ath on 01279 773738 or 07718 257704 or email dani@stclarehospice.org.uk.

For more details visit: www.facebook.com/events/242968159702705/

PUSHING BOUNDARIES

SŌ PERCUSSION: Saffron Hall, Audley End Road, Saffron Walden, Friday, November 23, 7.30pm

■ Sō Percussion: The name is Japanese, the performers are American but their music is universal.

At the cutting edge of contemporary percussion, they are at home in minimalism, jazz, world music and dance, always pushing the boundaries with electrifying and innovative music-making.

This concert's programme will include music by two of their favourite composers - Steve Reich and Bryce Dessner - as well as a special performance in collaboration with students from Saffron Walden County High School.

Tickets from £5. For more details visit: www.saffronhall.com



Jo Harten with her coach Carol Bull, visits Jerounds School with her gold medal from the Commonwealth games
MARTINE XERRI

Netball gold winner back in home town

SCHOOL VISIT INSPIRES NEW PLAYER GENERATION

By **HANNAH BROWN**

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@essexlive

NETBALL gold medallist Jo Harten returned to her home town of Harlow to help inspire a new generation of school children.

The 29-year-old competed in the 2007 and 2011 World Championships, and the 2010, 2014 and 2018 Commonwealth Games, where her team won gold after defeating Australia 52-51 in the final.

She played a starring role in the Commonwealth Games final which kept millions on TV viewers gripped as England's underdogs scored a famous win.

Jo also competed in the 2011 World Netball Series, where she won a gold medal and co-captained the 2012 team, picking up a silver medal, and has so far earned 81 caps for England.

She is currently playing professionally for the Giants in Sydney, Australia.

Jo visited Jerounds Primary Academy last Friday to speak to the kids about her life and sporting career to help inspire and encourage them.

Jo's first netball coach from the Tegate Netball Club in Harlow, Carol

Bull, now teaches at the school.

Jerounds head teacher, Laura Ciftci, said: "The excitement on the children's faces was palpable when Jo came into the assembly hall.

"Jo shared her sporting journey with the children, emphasising the importance of commitment, self-belief, hard work, discipline, and emotional resilience - all the qualities necessary for life today - necessary to achieve success and self-fulfilment."

In a question and answer session the children were able to ask Jo about her career and sporting success.

After this Jo highlighted to the children the importance of healthy eating, exercise and having the courage to try new disciplines and follow their passions.

The school's netball team were also given the chance to wear Jo's Commonwealth gold medal and have a picture taken with her.

Jo also donated a signed netball from her new range of netballs, entitled Netball is my World, which the school are hoping to auction off to raise money for extra sports equipment during their Christmas Fayre on December 7.

Jo shared her sporting journey... emphasising the importance of commitment

Laura Ciftci,
headteacher

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RICS

News

Christmas is on the way thanks to illuminations

By **CHARLOTTE PAGE**

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@journalpage

IT'S beginning to look a lot like Christmas in Harlow after the town centre lights were turned on this weekend.

The festivities kicked off in The Harvey Centre on Saturday where there was a whole host of entertainers including two hilarious kings, the Sugar Plump Fairies who reinterpreted The Nutcracker and musical madness from Sister Ruth.

From 4pm, the festive procession made up of Santa and the cast of Harlow Playhouse pantomime Aladdin set off from the Harvey Centre and out into Broad Walk to turn on the lights. The cast then made their way down to The Water Gardens to

turn on the shopping precincts lights. Guests



Magic and entertainment wowed the crowds



Father Christmas meeting some of the children

STEVE BEESTON

were treated to performances by members of Cheshunt, Epping and Harlow Rock Choir, the young musicians of Harlow Rock School and dancers from Hip Hop Pop. There was also plenty of snow, confetti and free festive face painting.

Centre manager at The Water Gardens, Simon Plumb, said: "The Christmas light switch on just keeps getting bigger and better."

"We had a fantastic mix of local and professional acts, Santa and even snow, helping us switch on the lights and mark the start of Christmas at the Water Gardens."

The switch-on also marks the start of late night shopping in both The Harvey Centre and The Water Gardens.

The Harvey Centre will be open

for late night shopping on Thursday, December 13 and then from Monday, December 17, through to Saturday, December 22.

Meanwhile shops at The Water Gardens will stay open until 7pm on December 13, 17, 20 and 22.

Free parking will also be available in The Water Gardens from 3pm on December 13 and 20.

There are more Christmas lights on the way, with those in Old Harlow being switched on this Sunday, November 25, in a day of festive fun from 3pm until 7pm.

There will be market stalls and much more. Live entertainment will be provided by Michael Jackson tribute act, Rory Jackson.

Harlow MP Robert Halfon will flick the light switch at 3.30pm.



FESTIVE SEASON GOT OFF TO A BANG IN TOWN CENTRE

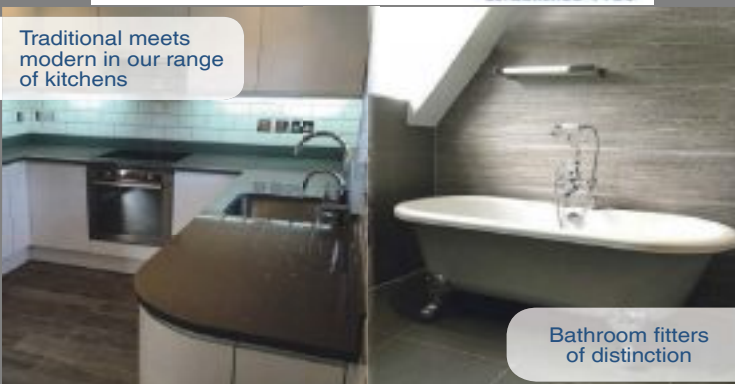


The Water Gardens light up after the big switch-on

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Princess Jasmine of Harlow Playhouse

News



Father Christmas and the cast of this year's Harlow Playhouse pantomime Aladdin turn on the lights
STEVE BEESTON



Members of Cheshunt, Epping and Harlow Rock Choir take to the stage



There was plenty of entertainment in the run-up to the Water Gardens lights being turned on

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News

Campaign to save county's libraries gathers support

By JAMES GREGORY

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@jgregorynews

ACTIVISTS and politicians across Essex have launched a series of campaigns to save a third of the county's libraries that have been earmarked for closure.

Essex County Council (ECC) last week announced that 25 libraries across the county were at risk of closing should their plans go ahead.

A further 19 could be put at risk if they cannot be run by the community or other partners with support from the council.

The council is hoping to save an estimated £3.7 million with the closures and implemented changes to modernise the service provided.

POLITICIANS AND ACTIVISTS ARE KEEN TO JOIN THE FIGHT FOR THE RIGHT TO READ

A decision on whether a consultation period should run between November 29 and February 20, 2019 will be made at a cabinet meeting today (Thursday, November 22).

But while nothing has been decided at this stage, some fear the damaging effect this could have on their local communities.

In Harlow, Mark Hall library and Tye Green library are earmarked for closure.

In response, politicians across the spectrum have condemned ECC's preliminary proposals.

Harlow Council leader Mark Ingall said: "The closure of the libraries is a really poor decision because I think libraries today are not just about books, although it is important particularly for pre-school children who can develop a love of books. But it is the wider services they provide today which are important too."

"They offer free computer access and access to the Internet - if you are a job seeker, if you are really disadvantaged, you do not have much money and have no broadband."

"So many jobs these days you

apply for online - by closing this you are preventing these people the opportunity to get into work."

"You could say you could travel into the centre but buses are so infrequent and expensive that for some it is not an option."

Cllr Ingall also added that many schools ask for school meals to be filled out online, adding that children "could go hungry" if families who relied on this service could no

longer use their local library.

ECC says that traditional library use in Essex has collapsed in the last ten years, adding that there are 31 per cent fewer people using the libraries than there were in 2008 - which equates to 100,000 less users.

The council also says that book loans are down by 52 per cent but the use of the e-library service has more than doubled since 2013.

But Robert Halfon MP has sent a



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*Images are for illustration purposes only

Locals protest against library closures
MARTINE XERRI

letter to ECC leader David Finch expressing his concerns over the plans.

He said: "These libraries are in areas where people depend most on them. They are both very close to secondary schools in Harlow and provide a vital service to all in our community."

"As chair of the Education Select Committee, I greatly value these libraries' ability to offer free educa-

tional resources to everyone and this will only help the people in Harlow."

Laura McAlpine, Labour's parliamentary candidate who set up a petition to save the libraries, said: "It is going to be completely devastating to a lot of the community in Harlow. I have received so many emails from people who are seriously concerned."

"The problem is ECC are missing the point - I feel like they are seeing

A youngster makes her point
MARTINE XERRI

libraries as simply for borrowing books whereas the emails I received shows that they assist people with complex needs.

"A big factor is preventing social isolation - they use it for forming friendships, courses to learn new languages."

"We know they need modernising but the way to do it is not to close them, we have to look at other areas."

"You cannot compromise on

libraries - it is the basic of every community."

A total of 25 libraries in Essex were categorised as having service withdrawn "on the basis that because of relatively low demand, the availability of other services and considering the community served, a library service is not required in these locations." Another 19 are at risk of shutting if they cannot be run by the community.

ECC COMMENT

COUNCILLOR Susan Barker, cabinet member for customer services, said: "We want to create a library service with a wider appeal, which is more relevant to and a better fit with people's lives - one which is online 24-7, is faster, and offers users more choice."

"We believe library services play a unique role in society for reading, learning, digital access and culture. Society has changed; libraries are not used by the majority of our residents. And of those residents who are library users, only one in five is an active library user."

"Technology has transformed how people read books and access information and entertainment, which is why we must look critically at our current library locations and respond to these changes."

"We want to introduce better library spaces where we do have them - smart, modern and comfortable - and where, for instance, you might be able to swipe in using a smart card, pick up parcels or bring your toddlers for rhyme time."

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Representative Finance Example					
CUSTOMER DEPOSIT	47 MONTHLY PAYMENTS OF	FINANCE DEPOSIT ALLOWANCE	CASH PRICE	AMOUNT OF CREDIT	FEES
£219 ^{**}	£219	£600 [*]	£15,540	£14,721	NIL
TOTAL AMOUNT PAYABLE	OPTIONAL FINAL PAYMENT	ANNUAL MILEAGE	DURATION OF AGREEMENT	FIXED RATE OF INTEREST	REPRESENTATIVE APR (FIXED)
£17,145	£6,033	5,000 [*]	48 MONTHS	3.83%	3.9%

BRAND NEW VAUXHALL GRANDLAND X
1.2T SE 5DR

Representative Finance Example					
CUSTOMER DEPOSIT	47 MONTHLY PAYMENTS OF	FINANCE DEPOSIT ALLOWANCE	CASH PRICE	AMOUNT OF CREDIT	FEES
£249 ^{**}	£249	£1,700 [*]	£21,442	£19,493	NIL
TOTAL AMOUNT PAYABLE	OPTIONAL FINAL PAYMENT	ANNUAL MILEAGE	DURATION OF AGREEMENT	FIXED RATE OF INTEREST	REPRESENTATIVE APR (FIXED)
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News

Therapy centre now ready to treat Parkinson's sufferers

Harlow MP Robert Halfon attended the opening of the Move 4 Parkinson's therapy centre in Harlow



By HANNAH BROWN

hannah.brown@reachplc.com
@essexlive

A NEW therapy centre that will help treat people with Parkinson's disease has been officially opened in Harlow.

The centre, called Move 4 Parkinson's, will provide care and support for those with the disease.

It is thought that around one in 500 people are affected by Parkinson's, with the NHS estimating there are 127,000 people in the UK with the condition.

Parkinson's is caused by a loss of nerve cells in part of the brain and can cause a number of different physical and psychological symptoms.

There is currently no cure, but there are treatments available to help reduce the main symptoms.

The new unit was officially opened on Sunday, November 18, with Harlow MP Robert Halfon in attendance to cut the ribbon.

Move 4 Parkinson's therapy centre is open six days a week including the weekend.

The unit provides a number of services including an information hub for those diagnosed with the condition.

A foot clinic will be held every Wednesday and Sunday with prices starting at £10 to cut toenails. Anyone can access this service regardless of if they have Parkinson's or not.



Inside the new Move 4 Parkinson's therapy centre in Harlow

They are also offering a mobile service every Wednesday morning for those that are housebound and will cover the Harlow, Epping and Bishop's Stortford areas.

Alternative therapies including crystal healing are also on offer and exercise sessions will be run every Saturday at the Passmore's Academy in Harlow.

These sessions will run from 10.30am till 11.30am and 12am till 1pm, costing £5 per session.

The classes are led by Vivien Kavanagh and Vanessa Seymour who specialise in Parkinson's and are also personal trainers.

A spokeswoman from Move 4 Parkinson's therapy centre said: "We were overwhelmed with how many came to support the opening of the unit and, of course, many thanks to Robert Halfon for announcing our unit open."

"The idea came from what was very much needed in the community to enable a Parkinson's patient to improve and maintain their baseline."

"Through exercise we can build new neuropathic pathways and generate cell growth."

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News

IN BRIEF

Attackers with a knife stole mobile phone

A MAN sustained facial injuries and had his phone stolen in an attack by two people - one of them with a knife.

The victim was approached by two offenders in Taylifers at around 8.30pm on Sunday, November 11. He was later taken to hospital with injuries to his face.

Anyone with any information about the incident is asked to call Essex Police via the non-emergency number and quote 1151 of November 11.

People can also contact Crimestoppers anonymously on 0800 555 111.



Ebbs Artez is accused of attempting to rape a woman in Harlow

Man, 25, denies trying to rape woman in town

HE CLAIMS THERE WAS NO PENETRATION

By **SIMON MURFITT**
simon.murfitt@reachplc.com

A YOUNG man told police that he "did not penetrate" a woman he is accused of attempting to rape in the Asda car park in Harlow.

Ebbs Artez appeared on trial at Chelmsford Crown Court on Thursday, November 15, accused of the attempted rape of a woman in her 30s.

The jury heard how when the 25-year-old, of Milwards, was arrested, he stated that he had at first been trying "to help" the alleged victim and that he knows "for a fact" that he did not penetrate her.

On May 18 this year, the alleged victim had been on a night out with her friends at Twenty One Bar - or CM20 as it is also known - before leaving the club at around 3.30am on May 19.

Prosecuting, Joanne Eley read out a statement from PC Thomas Butler, who visited the 34-year-old at home at around 6.40am. She was lying on the sofa covered in a blanket.

In the statement, PC Butler said:

"She was visibly upset and crying. I sat down on the sofa and asked her what happened.

"She replied, 'I had gone on a night out with my friends and then we got in a taxi to go home, but we shared it with a man who was OK at first but then got aggressive and pinned me up against a wall in a car park by my wrists.'

When asked by PC Butler which car park she was referring to, the alleged victim said: "The one in town, by Asda."

The town centre supermarket is near The Water Gardens.

PC Butler then went on to say the alleged victim then seemed to blame herself.

"She turned her face the other way and said 'Why me? What did I do? He forced himself on me,' he said. "She kept saying things like, 'what did I do? Was it what I was wearing? Did I lead him on?'

"She kept blaming herself." He asked her if she had had sexual intercourse, and the woman looked away and sobbed into the sofa. Accompanying PC Butler was PC Moore, who asked if she had consented.

The woman shook her head and described the man as a black male but would not talk any further.

Later on that day at around 1.30pm, PC Charlotte O'Brian arrested Artez.

Upon arrest, he said: "If it's about last night, I cannot remember, I was drunk."

In the police car before they left for custody, he said: "I know for a fact I didn't penetrate her."

Then, during the car journey he said: "For the first 20 minutes I tried to help her."

■ The trial continues.

“

She kept saying things like, 'what did I do? Was it what I was wearing? Did I lead him on?'

PC Thomas Butler, quoting the alleged victim

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Advertising feature

Fun and festive cheer as Harvey Centre gets into Christmas spirit

SEASONAL FUN FOR ALL AS MALL LAUNCHES ITS COUNTDOWN TO THE ARRIVAL OF SANTA CLAUS

THE Harvey Centre in Harlow has kicked off Christmas in spectacular style with a day of free special events and entertainment, which took place last Saturday from 11am until 4pm.

The centre was filled with festive cheer as customers were joined by a host of extraordinary entertainers including two hilarious kings, who spent the day amusing shoppers of all ages with their gags and ridiculous props.

Joining them were the festive market traders who showed off their catalogue of weird gadgets including a sprouting catapult and Christmas cracker safety goggles.

Bringing a further touch of comedy to the event, the Sugar Plump Fairies re-interpreted the famous story of The Nutcracker in their own special way.

Plus a musically-gifted Elf Band entertained guests with their traditional songs including Jingle Bell Rock and Winter Wonderland.

Everyone joined in and danced with the band as they taught shoppers their iconic 'Elf Shuffle' and got everyone into the Christmas spirit.

To add to the music madness, an amazing mobile piano was driven around the centre by a madcap



The Granny Turismo duo on their souped-up shopping trolleys

"nun" called Sister Ruth.

She stopped to entertain families using comedy banter, hilarious dance moves, facial contortions, sound effects and unusual renditions of some favourite festive songs.

Her tongue-in-cheek comedy act performed on a baby grand piano, built onto an electrically powered vehicle definitely had the wow factor!

Finally the iconic Granny Turismo



The Elf Shuffle proved a hit with visitors to The Harvey Centre

duo were at the event, ready to tell tales of the good old days of Christmas past.

Riding their souped-up shopping trolleys, complete with racing car sound effects and festive music, around the centre they created laughter and mayhem wherever they went.

The Harvey Centre would also like to announce that the centre will be open for late night shopping on Thursday, December 13, and then from Monday, December 17 to Saturday, December 22.

To give shoppers extra time to prepare for Christmas, the centre will be open until 7pm on each of

these days.

The centre's Santa's Grotto is now open for children to enjoy and this year is bigger and better than ever before and styled as a giant cookie house.

Bryan Young, Centre Manager at The Harvey Centre says: "We're thrilled at the success of our Christmas launch event."

"The entertainment provided a great mix of comedy and nostalgia, which went down really well with customers throughout the day – truly getting them in the festive spirit."

"We'd like to take this opportunity to wish our customers a very Merry Christmas."

The entertainment provided a great mix of comedy and nostalgia

Centre manager Bryan Young



The Christmas market traders demonstrated some amazing gadgets



The hilarious Sister Ruth on her mobile piano

Advertising feature



The Sugar Plum Fairies put a new spin on the story of The Nutcracker

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News

Hopefuls line up for by-election

By CHARLOTTE PAGE

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@journopage

THE four candidates standing in the latest Harlow by-election have been announced.

The by-election is for the Toddbrook ward after former councillor Karen Clempner announced her resignation.

Mrs Clempner left her role with immediate effect on Friday, October 19.

The candidates running in the election are Dan Long for Ukip, Frances Lenise Mason for Labour, Christopher Millington for the Liberal Democrats and Tom Reynolds for the Conservative Party.

Polling cards were hand delivered to residents this week.

The deadline for the new postal vote will be next Wednesday, with

the by-election taking place on Thursday, December 13.

Harlow Labour Party held two wards following a by-election on Thursday, November 8.

Jodi Dunne was elected for the Bush Fair ward and Shannon Jezzard for Netteswell.

Newly-elected Mr Dunne said that he was "proud and honoured" to represent the town he has lived and worked in his whole life on the council.

Meanwhile Ms Jezzard, who is one of the youngest on the council, promised to bring energy, commitment and a passion for social justice to the job of councillor.

■ For more information about the by-elections visit harlow.gov.uk/election-voting-news



**Karen Clempner
resigned last month**

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News

Mobility scooter stolen from store

CARER NOW UNABLE TO VISIT GRANDMOTHER

By **CHARLOTTE PAGE**

charlotte.page@reachplc.com
@journopage

A WOMAN has been left restricted after her mobility scooter was stolen from outside a Harlow Co-op.

Kirsty Horsfield had visited the convenience store in Maunds Hatch early on Saturday, November 10, but as she headed for home, she found that her mobility scooter, which she had left outside the shop, was not working.

The 28-year-old returned to the

shop later in the day with her mum, who was visiting that day and could help get the mobility scooter home.

Kirsty said: "I went down to the Co-op about 7.30am on Saturday morning to do a bit of shopping.

"I came out and the scooter wouldn't start.

"So I left it outside knowing I was going to go back for it because my mum was coming down that day.

"We could both pick it up and bring it back home."

But when Kirsty returned at

around 2.15pm, she discovered that her mobility scooter had gone.

The theft has since left Kirsty, who is a full-time carer for her 81-year-old grandmother, restricted.

Kirsty has used a mobility scooter for the past three years due to leg and back pain.

"I'm restricted to go out now," continued Kirsty. "I can't go shopping or anything. It's just restricted me. My nan goes to the hospital every two weeks - and that's my only way of going up to see her."



Kirsty returned to the store later in the day to collect her mobility scooter but it had gone

GOOGLE MAPS

The incident was reported to the police and the last Kirsty heard, CCTV footage outside the shop was being reviewed.

Kirsty said she would ask those who took her mobility scooter: "Why did you take it?"

"They have no reason to take it," she added.

Anyone with any information should call Essex Police on the non-emergency number 101 or Crimestoppers anonymously on 0800 555 111.

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News

Pal found guilty of 'poisoning' friend with spice drug

By **ALASDAIR HOOPER**alasdairhooper@reachplc.com
@adjhooper1992

A TEENAGER has been found guilty of poisoning a friend with the zombie drug spice in Harlow.

Jason Woods, 19, stood trial charged with causing or administering poison with intent.

The jury in the trial found the teenager guilty on Monday of this week, following the incident on October 24, 2017.

A second 19-year-old, Jamie Wingrove, was also charged with the same offence and stood trial along with Wood but was found not guilty by the jury at Chelmsford Crown Court.



Chelmsford Crown Court
EDWARD STARR
PHOTOGRAPHER



Zombie spice can be lethal

DANGEROUS SUBSTANCE LEFT FRIEND IN HOSPITAL

During the incident in October, 18-year-old Alfie Steele, who was 17 at the time, took two drags of a cigarette containing the harmful drug before going limp and having seizures.

CCTV played in front of the jury on November 15 showed Wingrove, of Ladyshot, and Woods, of Salmon Parade, Somerset, heading along East Walk in the town centre shortly after 3pm.

There the duo bumped into Steele before chatting in the street.

A few moments later Wood then pulls a cigarette from behind his ear and hands it to Steele, who lights it and takes two drags.

Steele then looks at Woods before going out of shot.

Earlier in the trial, as Woods took to the witness box. The 19-year-old said: "He had two pulls and then within like 10 or 15 seconds he said he felt funny."

"I might have smirked. I wasn't finding it funny though but I do that when I get nervous."

"There was no reason for him to feel funny as I thought it was a roll up. He said he didn't feel right, he felt a bit funny. I was like, 'what you on about?' and he was like 'no I'm being serious.'"

The three made their way to a nearby bench, when Woods describes Steele not being able to hold his weight.

"At first it was me thinking he was light-headed but when he sat on the bench and stopped responding I was thinking more in depth," he said. "It was when his weight dropped that I started to believe it wasn't a roll up and it must've been some kind of drugs."

According to Woods during the trial, he told the court how he had walked

from the Harlow train station to the town centre but had stopped to ask a man for a cigarette in an underpass by Sainsbury's.

Wood said he did not know the man in question saying: "When you go towards Harlow there's a Sainsbury's and there's a cycle track opposite."

"As I was walking along the cycle track and I see this guy and approached him and asked him for a cigarette and he gave me one."

"I didn't know him, it was just some random person. I just asked him for a cigarette."

"It's something that I'll do if I haven't got a cigarette. It was already rolled. It was a tobacco roll up. I had it behind one ear."

He added: "To be honest I was going to meet Jamie and I was going to tear the roll up apart to make a joint."

After Steele smoked the cigarette and became unresponsive, Woods and Wingrove called for help from members of the public and an ambulance arrived soon after. He was rushed to Princess Alexandra Hospital.

Prosecuting, Margia Mustafa said during the trial: "He suffered two episodes of seizures when he was with the ambulance crew and the hospital undertook a number of tests. A blood sample was taken at 4.55pm at the hospital."

The test results showed that Steele had traces of a metabolite of a synthetic cannabinoid - often a product of spice.

After being found guilty during the trial Woods will now face a sentencing hearing.

It is currently scheduled to take place on December 20 at Chelmsford Crown Court.

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(62) NISSAN JUKE 1.6 16V VISIA SDR, in silver, low mileage, sat nav, pan roof, heated leather seats	£6999 or £29pw
(15) SMART FORTWO 1.0 PRIME (S/S) 2DR, in white/black, 1 owner, full service history, great spec	£7499 or £34pw
(60) MINI CONVERTIBLE 1.6 COOPER S 2DR, in blue, full service history, half leather heated seats, Xenon lights, parking sensors	£7499 or £34pw
(63) VOLKSWAGEN POLO 1.4 MATCH EDITION SDR, in black, low miles, full service history, bluetooth connectivity and more	£7499 or £34pw
(15) VAUXHALL INSIGNIA 2.0 CDTI ECOFLEX DESIGN SDR, in silver, 1 previous owner, full service history, cruise, hill start	£7699 or £36pw
(61) PEUGEOT 5008 1.6 HDI FAP EXCLUSIVE SDR, in grey, 7 seats, pan roof, parking sensors, tinted windows	£7699 or £36pw
(65) MAZDA2 1.5 SE-L NAV (S/S) SDR, in blue, one owner, bluetooth, parking sensors, DAB radio	£7999 or £40pw
(12) VOLKSWAGEN GOLF MATCH, DIESEL AUTO, in grey, Parking Sensors, Touch screen media system, Bluetooth, DAB Radio	£7999 or £40pw
(65) VAUXHALL ASTRA 1.6 SRI AUTO, in blue, one owner, full service history, Parking Sensors, Aux in, alloys and much more	£7999 or £40pw
(10) HONDA ACCORD 2.0 I-VTEC ES GT 4DR, in silver, 1 previous owner, full Honda service history, climate control, half leather	£7999 or £40pw
(61) NISSAN QASHQAI 1.5 DCI N-TEC 2WD SDR, in black, 1 previous owner, sat nav, reversing camera, Pan Roof and more	£7999 or £40pw

CARS PER WEEK

(15) RENAULT CLIO 0.9 TCE DYNAMIQUE S NAV SDR, in red, one owner, full service history, Sat nav, parking sensors	£7999 or £40pw
(62) VOLKSWAGEN GOLF 1.6 TDI MATCH, in silver, full service history, 1 owner, parking sensors, alloys	£7999 or £40pw
(66) PEUGEOT 208 1.2 PURETECH ACTIVE, in black, one owner, low mileage, full service history, parking sensors and more	£7999 or £40pw
(13) FORD S-MAX 1.6 TDCI ZETEC SDR, in silver, 1 owner, full service history, parking sensors and more	£7999 or £40pw
(15) VOLKSWAGEN POLO 1.4 TDI BLUEMOTION TECH SE, in blue, one owner, full VW service history, touch screen, bluetooth	£7999 or £40pw
(63) FORD FOCUS 1.0 SCTI ECOBOOST TITANIUM NAVIGATOR, in red, full service history, sat nav, cruise, parking sensors	£7999 or £40pw
(62) TOYOTA AURIS 1.6 V-MATIC ICON M DRIVE AUTO, in red, full Toyota service history, sat nav, bluetooth and more	£8299 or £41pw
(14) VAUXHALL MOKKA 1.7 CDTI ECOFLEX SE, in grey, one previous owner, full service history, parking sensors, leather trim	£8499 or £41pw
(64) ABARTH 500 1.4 T-JET, in grey, 1 previous owner, alloys, privacy glass, alloys and much more	£8499 or £41pw
(62) BMW 1 SERIES 2.0 116D SE, in blue, colour screen, bluetooth connectivity, alloys, great mileage	£8499 or £41pw
(65) VAUXHALL CORSA 1.4i LIMITED EDITION, in white/black, 1 owner, full service history, great spec	£8499 or £41pw
(15) NISSAN PULSAR DCI N-TEC, in blue, 1 owner, sat nav, reversing camera, bluetooth, DAB radio and more	£8699 or £42pw
(10) NISSAN QASHQAI 1.6 TEKNA, in black, full dealer service history, sat nav, pan roof, leather, top spec	£8699 or £42pw
(15) VAUXHALL ZAFIRA TOURER 1.4 TURBO EXCLUSIV, 7 SEATER MPV, in black, low mileage, one previous owner, parking sensors	£8999 or £43pw
(14) NISSAN JUKE ASENTA SDR, in black, low mileage, bluetooth connectivity, cruise control, alloys	£8999 or £43pw
(15) FORD GRAND C-MAX TITANIUM 7 SEATER MPV, in black, one owner, full service history, cruise control	£8999 or £43pw
(11) BMW X1 2.0 18D SE XDRIVE 4X4, in grey, parking aid, tinted windows, AWD and much more	£9299 or £43pw
(64) VAUXHALL MOKKA 1.4 TURBO SE 5D, in Orange, leather upholstery, cruise control, parking sensors	£9499 or £44pw
(13) BMW 1 SERIES 120D M SPORT 2DR, in blue, upgraded alloys, climate control and much more	£9499 or £44pw
(15) MAZDA 6 SPORT NAV SALOON 4DR, in white, one previous owner, leather, nav, sensors, cruise control and much more	£9999 or £50pw
(66) NISSAN JUKE ASENTA PETROL, in black, one owner, full Nissan history, still under Nissan warranty till 2019 only 10k miles	£9999 or £50pw

CARS PER WEEK

(64) CITROEN C4 PICASSO EXCLUSIV 5DR MPV, in grey, Nav, Bluetooth, Rear camera, panoramic dah and more	£9999 or £50pw
(63) AUDI A4 AVANT SE TECHNIC ESTATE, in grey, leather, sat nav, Bluetooth, parking sensors and many factory extras	£10699 or POA
(62) MINI COUNTRYMAN COOPER D SDR, in black with white roof, One owner, full history, pan roof, nav and much more	£10699 or POA
(13) BMW 3 SERIES 316I SPORT SALOON, in white, One previous owner, Sports Seats, cruise control, DAB radio, sensors	£10999 or POA
(14) CITROEN GRAND C4 PICASSO EXCLUSIVE+ 7 SEATER DIESEL AUTO, in bronze, full Citroen history, Nav, pan roof, leather trim	£10999 or POA
(65) VAUXHALL ZAFIRA TOURER 1.4 SRI 7 SEATER AUTO, in silver, one owner, FSH, Parking sensors, cruise control, 18" alloys	£10999 or POA
(12) MERCEDES BENZ C CLASS C180 AMG SPORT ESTATE, in black, Nav Ready, Full history, Bluetooth, parking sensors and leather	£10999 or POA
(14-16) NISSAN QASHQAI NEW SHAPES, CHOICE OF 6, Pan roof, Sat nav, Bluetooth, Rear camera, cruise control and more from	£10999 or POA
(62) BMW 5 SERIES 520D M SPORT DIESEL AUTO, in Grey, sat nav, Bluetooth, full black leather, parking sensors, cruise control	£11699 or POA
(65) BMW 1 SERIES 120D SPORT HATCHBACK, in white, One Previous owner, Sat nav, Bluetooth, DAB radio, Upgraded sports seats	£11699 or POA
(16) SKODA YETI SE OUTDOOR PETROL SDR, in grey, One Owner, Full Skoda History, parking sensors, Bluetooth, tinted windows	£11999 or POA
(65) AUDI A3 1.4 TFSI SE PETROL, in grey, one owner, full service history, Bluetooth Connectivity, DAB Radio, Alloys and much more	£11999 or POA
(65) VOLVO V40 R DESIGN SDR, in Black, One Owner, Full service history, Digital Dash, Bluetooth, heated seats and more	£12699 or POA
(64) VOLKSWAGEN TOURAN TECH SE DSH 7 SEATER DIESEL AUTO, in blue, One previous owner, Bluetooth, alloys and more	£12999 or POA
(17) VAUXHALL ZAFIRA TOURER 1.4 SRI 7 SEATER MPV, in white, one owner, full service history, Leather upholstery, Sat nav, sensors	£12999 or POA
(65) RENAULT KADJAR SIGNATURE NAV, One Owner, Full service history, Pan roof, Nav, Leather, Upgraded alloys, leather	£13999 or POA
(15) FORD KUGA 2.0 TDCI TITANIUM X, in grey, full service history, one owner, Leather Upholstery, Heated Seats, Pan roof, Sensors	£13999 or POA
(64) JEEP CHEROKEE LIMITED, in blue, low mileage, one owner, Sat nav, Bluetooth, leather, cruise control and much more	£14699 or POA
(15) VAUXHALL INSIGNIA VXR PETROL, in black, full Vauxhall history, nav, ouch screen, auto lights, top spec, climate control	£15699 or POA
(13) TOYOTA PRIUS + T SPIRIT PETROL AUTO, in blue, full service history, hybrid, 7 seater, nav, pan roof and much more	£17999 or POA
(65) BMW 6 SERIES GRAND COUPE 640D M SPORT, in blue, diesel, auto, sat nav, heads up display, full leather top spec	£22999 or POA

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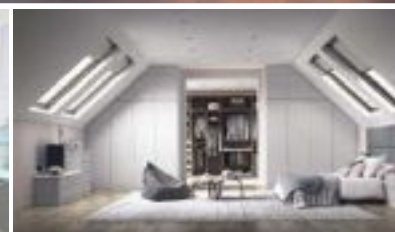
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YOUR VIEWS

LETTERS

Call to action over council house repairs

ARE Harlow Council tenants being short-changed in respect of housing repairs? I would suggest they are: Why?

Well the current list of repairs made the responsibility of the tenant has been increasing over many years and now consists of three pages of A4 paper with the result that many tenants have not had important repairs completed due to financial, skill set and health problems.

The sad thing about that is that the majority of tenants' were not told of these changes and what is even sadder is that these changes were not subject to any consultation with all council tenants. The council as their landlord and therefore responsible for maintaining the housing stock should be prepared to discuss this important issue with all tenants and where applicable the current tenancy agreement adjusted to reflect their concerns.

Therefore, I have asked the council to convene a public meeting to discuss this important issue. Sadly it appears the council are reluctant to do so. I asked why and got a press release type of reply which just insulted my intelligence.

Finally I would ask all council tenants, through your paper, to express their views on this issue thereby putting pressure on the council to call a meeting to discuss this important matter.

Gary Roberts
Harlow

Get your glitter on this Christmas

I'D like to invite your readers to get their glitter on this Christmas and help us fight back against meningitis.

At Meningitis Now, we're inviting everyone to hold one of our festive Time 4 Tea fundraisers and bring your friends, family and colleagues together for a glittery party with a purpose.

It's the perfect excuse to spend time with your loved ones and start the festive season with a sparkle – whilst helping to save lives and rebuild futures.

Of course, it doesn't get more glittery than Strictly Come Dancing, which I was fortunate enough to reach the final of a few years ago.

Why not plan something around an episode of the show in the run up to Christmas?

There are lots of other ideas, from invitations to recipes and decorations in Meningitis Now's free 'Get your Glitter on' welcome pack to make it an easy and fun event to organise. We've even found a source of biodegradable eco glitter for you from our good friends at Eco Glitter Fun – so you can do your bit for the planet too.

The serious point is that you will be making a real difference to those at risk of meningitis and those whose lives have already been changed forever because of it. Money raised will help to fund preventative research, raise



PHOTO
OF THE WEEK

awareness and support those affected by the disease through Meningitis Now's unique range of services. I know only too well the misery meningitis can bring. Thankfully I made a good recovery; others are not so fortunate. Let's sparkle this Christmas and fight back against meningitis. Find out how at www.MeningitisNow.org

Lisa Snowden
Meningitis Now Ambassador

Bullying: No need to suffer in silence

ANTI-BULLYING Week is a great campaign which places the spotlight firmly on bullying.

What we mustn't forget is that this serious issue blights the lives of many children and young people day in, day out, week after week, sometimes even years.

In 2017/18 the NSPCC's Childline service delivered 24,571 counselling sessions about bullying and

cyberbullying but the reality is the number of children affected is likely to be far higher as many victims don't seek help. There are no hard and fast rules about bullying. It can happen to any child at any time for any number of reasons. It can include being called names, teased, put down or humiliated, pushed or pulled about, having money and other stuff taken, rumours being spread, being ignored and left out, hit, kicked or physically hurt, threatened or intimidated.

Gone are the days when bullying only happened in the playground. Today bullies can reach their victims in the safety of their own homes by targeting them online via their phone, laptop, games console or tablet. This form of bullying, known as cyber-bullying, means some children literally have no means of escape from their tormentors.

In turn bullying can have a devastating effect on a person. It can cause depression and anxiety, low

self-esteem, social isolation, and can even lead to someone harming themselves or having suicidal thoughts and feelings.

That's why it's so important that children and young people know that help and support is available should they need it.

By calling Childline on 0800 1111 they can speak to specially trained counsellors about their concerns and worries, 24 hours a day, seven days. An online chat facility is also available via the website www.childline.org.uk

Adults worried about a child or in need of some advice can call the NSPCC's Helpline on 0800 800 5000. In addition, useful tips can be found at www.nspcc.org.uk

By working together we can beat the bullies and restore victims' childhoods to how they should be – happy and memorable for all the right reasons.

Wendy Robinson

Childline Service Manager

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■ Please enclose your full address and daytime telephone number. Keep your letter to no more than 200 words.

We reserve the right to edit material. ■ Send your pictures in JPEG format marked "Your View" to community@hertsexnews.co.uk. Please add your name, address and daytime telephone number, where you took the photo and, if possible, a picture of yourself. We reserve the right to reuse pictures at our discretion.

GET IN TOUCH**EMAIL:** community@hertsessexnews.co.uk**TWITTER:** @Harlowstar**FACEBOOK:** /HarlowStar

Tarcey Jacobs snapped this picture of Harlow Common

WEBCHAT

What you've been talking about on Facebook this week

■ "High numbers" of London families being moved to Harlow a "significant problem"

Londoners so what's the issue.

Jody Maddocks

I know we was the overspill for London, but that was years ago. That condition of 40% of housing should be given to them should be taken off. The only people that don't get Harlow's properties are Harlow residents. My sons who were born in the town and work here, were laughed at when they wanted to put their names on the waiting list.

Harlow residents if they want to move have to show five years residency in the town, but anyone from outside the town come straight in.

All depends in whether they getting social housing when people have been on the housing list for years and actually born and bred in Harlow. We suffer with bad traffic every morning, the school, doctors, hospital can't cope with the amount of people as it is let alone loads more.

Michelle Hansen

Why does Harlow thinks its alone in this? Enfield, where I live, is past breaking point. They're moving families everywhere outside London. Watford, Milton Keynes, Maidstone, Swindon... they're all receiving London families.

Kate Bitmead

I think people are forgetting what Harlow was originally designed for. It's for families to get out London. Harlow is still serving its purpose. A true Harlowite has roots from London.

Steve Hymas

People who live in Harlow should be housed first.

Patricia Morgan

Without adequate health facilities and policing and services I'd say a massive problem, but hey let's continue to build new houses and over crowd a town where the roads and facilities can't cope.

Keeley Kees Maynard

Why should it be a problem? I'm an East Londoner that moved from London to Harlow.

Stacey Schwar

Harlow was built for the overspill of London a lot of Harlow is

Spread them out amongst towns instead of throwing extra people here, our waiting list is rammed as it is and people that have been on it for yrs and years are getting pushed back further because others are getting prioritised and have lived here 2mins.

Tracy Pardue**Tony Walker****NEIGHBOURHOOD NEWS****Inspector, Harlow Community Policing Team**

AGAIN it's been a busy few months for the Community Policing Team with officers working on Hallowe'en, the town firework display, firework night and the Remembrance parade - thanks to the local Special Constabulary who also supported us with these events.

Hallowe'en and firework night are traditionally among the busiest times of the year in policing.

Thankfully this year both events passed without any serious disorder, especially when compared to some of our neighbouring police districts.

A few crimes have been on the

increase over the past month, catalytic convertors have been stolen from a number of vehicles especially Toyotas, and theft of pedal cycles continue to be an issue especially in and around the town centre.

I would encourage everyone to record the serial number of their bike and to take a picture to assist with identification should it get stolen and later recovered, we are working closely with the town centre security to reduce this type of crime.

Another crime that has increased is garage burglaries, these have generally been occurring overnight and

are spread across a number of wards in Harlow. Please make sure that your garage is secured and where possible do not leave any valuables inside.

Please do call police if you see anyone acting suspiciously in or around garage blocks and if you have any information regarding those responsible you can contact Crimestoppers anonymously on crimestoppers-uk.org or telephone number 0800 555 111.

There have also been some house burglaries which have taken place as a result of UPVC doors not being

locked correctly, especially overnight.

Please ensure that these types of doors are double locked which makes it much more difficult to gain entry to a property. Further advice can be found online at Essex.police.uk/home-safety.

We have plans for additional patrols in and around the town centre in the run up to Christmas, as per usual there are a number of local events planned when you can make contact with the local policing team.

Street-Meets in the shopping

areas around Harlow in December between 11am and 1pm.

Dates are as follows: December 6 - The Stow; December 13 - Staple Tye; December 17 - Old Harlow; and December 21 - Bush Fair.

Coffee with Cops at McDonald's Staple Tye will be on December 6 between 12 and 1pm.

Please take the opportunity to come and see us at one of the above events to discuss any local issues.

As always contact can be made with the Community Policing Team via email harlowcpt@essex.pnn.police.uk or via telephone 101.

TALKING POINT

We need to nurture the skills in UK's own workers

THE BIG QUESTION

How can we best manage legal migration to fill skills gaps?

LIB DEMS: Dave Bromage

SKILLS gaps? What skills gaps? That's what Theresa May must think if she reckons Britain is in a position where it can end "low-skilled migration", with "low-skilled" in her eyes meaning jobs paying less than £50,000.

Ouch, thanks, Prime Minister. Now we can measure exactly the low regard in which the Tories hold well over 80 per cent of UK workers.

Low-credentialed (a far more accurate term than low-skilled) jobs in the vital areas of cleaning, construction and care homes are done by disproportionately large numbers of immigrants. With low unemployment, it's unclear where the Tories hope to find the Brits to fill these vacancies.

However, Theresa's threshold also means we won't be importing highly qualified professionals either, including nurses, teachers, scientists, architects, civil engineers and many other highly skilled workers.

Put bluntly, those aiming to reduce immigration significantly are wrong. With our ageing population, we need an influx of working-age immigrants to avert our pensions timebomb. The alternative will be to extend retirement age significantly.

Studies show that, on average, immigrants - particularly from the EU - contribute more to the



economy than they take out. These studies also show they have little or no impact on wage levels, as is commonly claimed.

Still, many people have a negative take on immigration and it's important to ascertain why the facts don't always tally with public perception. Largely, it's due

to a failure of the government to divert those net fiscal gains into the areas with the highest numbers of immigrants. So let's get these hard-working

(if low-credentialed) immigrants in, highlight the brownfield sites necessary for a major housing push, and pump money into improving the infrastructure of the areas most affected by immigration.

Otherwise, we'll all be working long into our 70s - and most of us on our meagre "low skilled" sub-£50k pay.

LABOUR: Frances Mason

THERE'S a need for new economic relationships between people and trade; mobility has been achieved with our relationship with the EU but there is confusion around immigration and migration which has led to negative tones which can be uncomfortable.

Since Brexit, workers from the EU and outside the EU have been unable to plan their lives. An example of the impact of this is on healthcare - between April 2017 and April 2018 there has been a drop of 87 per cent in nurses and midwives registering from the EU from 6,382 to 805. Bursaries for nurses have been removed and shortages in the healthcare sector will continue.

This uncertainty is replicated to different degrees across 18 business sectors. This shows the need for a "whole economy" approach to trade and migration.

For example, in the food and drink sector the supply chains start with agriculture, then transportation and finally, retail; a range of skills are required. Gaps in our education system to meet the needs of employers is evident with the Dyson Institute creating its own degree in both engineering and technology to meet the global market.

The Labour manifesto recognises 'economic needs, balancing controls and



existing entitlement' which may include employer sponsorship, work permits and visa regulations. An overhaul of both our migration rules as well as migration fund is needed to support infrastructure as well as compliance and enforcement.

The Migration Impact Fund created by the Labour Party was scrapped in 2010 by the Coalition Government, the loss of this fund directly impacted our local communities. Whilst there is a new Controlling Migration Fund in 2016, the damage was done.

We need to recognise the positive benefits that migration brings to the UK to fill our skills gap and to see Britain as a good place to study, work and build a career to restore public trust and confidence.

CONSERVATIVE: Jonathan Kaye

WHEN a majority of people voted in 2016 for Britain to leave the EU, I personally do not think they were voting for Britain to be able to do extra trade deals but voted purely on the basis of concerns about migration.

For much of history, Britain has been a tolerant country accepting immigrants including French Protestants (Huguenots) fleeing violence from catholic France, Jewish people escaping pogroms and persecution in Russia, eastern Europe and Nazi Germany, Ugandan Asians leaving their comfortable homes when the dictator Idi Amin no longer wanted them and we have seen waves of immigration from our former colonies in the Commonwealth as well as a free flow of people in recent years from the EU.

They have all contributed immensely to our culture and economy - and that's before we have even gone further back in time to 'migrants' including the Normans, the Romans and even the Vikings from Scandinavia.

The recent concerns have been the numbers. Many people have felt we could not continue with the equivalent size of the city of Portsmouth coming here each year and it is a shame governments had not addressed this previously. I am not a great fan of President Trump but when he speaks about ****hole countries, he is right. Countries often ruled by dictators where organised crime and violence is rife, the



economy is a disaster and corruption is part of everyday life.

That's why good people (and sometimes not such good people) want to leave and help their families.

Where Trump is wrong is that the 'caravan' moving towards the United States border from central and south America is not full of criminals and 'aliens' but families who just want a decent home and a job and want to escape crime-ridden communities and drug dealers.

Once a deal with the EU is completed, it will enable the government to come up with a policy to help fill any skills gap whether from the EU or outside but let us not forget we will still need law abiding unskilled workers on our farms and in our restaurants and they should be given opportunities to help their families thrive too. They are often some of the hardest workers in our communities.

UKIP: Peter Day



WE must leave the EU with no strings/controls attached (as with the current plan by Theresa May).

If this doesn't happen, we can never manage any migration matters as it will be out of our control and an open door forever.

Many big business owners want the open door to stay and build their growth on cheap EU labour which of course then creates a large population growth and huge demands on our resources and infrastructure that cannot be sustained. The result is that the big business owners get richer and the people of the UK get poorer.

Once out of the EU fully (if the three main parties don't stop it happening), we must create a full and fair structure to manage all migration to the UK and the only sensible way to do that is through a points-based system that allows the right people into the UK as and when required. Full and fair means that British workers get the first opportunities.

Many companies advertise abroad for staff immediately and make no effort to look at the home market at all. This must stop and a points system will enable this to happen.

It will also enable us to look at all countries around the world (including our Commonwealth) for those that wish to come here with skills or not.

That's a much fairer system than the idea of the restrictive, dictatorial EU - let everyone in.

UKIP will develop the UK border force into a migration control department directly responsible to a minister. This department will oversee the immigration system and border control.

The government should have been working on such a plan over the past two years and if they were really going to carry out the will of the people, this would have been a priority.

Now, because they have done nothing, things need to move a lot faster to set such a plan in motion.

So, the best way to manage legal migration to fill skills gaps is to take action now to secure our borders, put in a workable control system, stop voting LibLabCon and support UKIP's plan to save our country.

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YOUR CHARITY NEWS

Intrepid son conquers Mount Kilimanjaro in memory of Mum

**AFRICAN ADVENTURE
RAISES £2,200 FOR
ST CLARE HOSPICE**

DANIEL Mackay, 40, from Harlow, has completed the renowned Northern Circuit to Uhuru peak on Mount Kilimanjaro.

Ascending to 5,895m above sea level over the course of the nine day trek, Dan climbed 65km over six days to Uhuru peak, and then descended for 21km over three days.

He was inspired to take on this African adventure in aid of St Clare Hospice after the charity cared for his mother in December 2016.

He said: "The whole trip was a very strange mix of emotions for me, to be honest. I was very excited to be travelling alone to a continent I had never visited before, but at the same time I was very conscious of the challenge I had in front of me and the expectations of all those back at home who were supporting me.

"When coupled with the obvious emotions I had attached to my Mum, this all became a huge melting pot of many different feelings.

"On average, we were walking for around six hours or so a day over a mix of terrain, some of it very interesting and some of it difficult to negotiate.

"On 'summit day,' we woke at 10pm and started hiking in the pitch black. The small rainy season that usually arrives in November had decided to turn up a little early for us, so along with strong winds with 50 to 60mph gusts, we also had ice crystals being blown in our faces



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Daniel Mackay celebrates after reaching the summit on his fundraising trek

and an expected wind chill at the summit of around minus 24C. Those hours I spent marching through the darkness in the cold were without a doubt the strangest of my life so far.

"I spent a lot of time inside my own mind, thinking about so many things. I thought about my Mum an awful lot. I thought about how proud she would be of me, doing something like this, and how pleased she would be about the amount of good that the money I raised would do for

the others who depend on the hospice. There were times when I felt like the trek to the summit was never ending, but then I'd focus on home, my family, my friends, and of course the reason I was doing it: my mum and St Clare.

"It was these things that gave me the extra strength to persevere and lift my spirits back up. When we reached the summit, I almost couldn't believe it! It took a good while for it to finally sink in before I

composed myself enough to get some pictures in my St Clare T-shirt.

"My Dad gave me a little something to put at the top of the mountain for Mum, and I also took something with me, too. I carried them all the way to the top and they are buried in a little spot about 10ft away from the summit.

"So, in a way, Mum made it to the top of that mountain with me and part of her will always be there. For the past 18 months this trip has

more or less been my life, I made some good friends, had an awesome adventure, made my Mum, my family and my friends proud and more importantly raised a lot of money for an amazing, caring, charity that will forever hold a special place in my heart."

So far, Dan has collected more than £2,200 for the charity. His fundraising page closes on December 1 - to make a donation visit virginmoneygiving.com/DanielMackay2

Celebrities join beard campaign

SPORTS broadcaster Jim Rosenthal, celebrity chef Brian Turner CBE and Olympian Carl Hester MBE are encouraging men across England to grow a beard this December and raise money for Bowel Cancer UK.

Taking part in Decembeard is really simple.

All you need to do is clean shave on November 30, and let your facial fuzz grow throughout the month. Already bearded?

No problem. Dye, ditch or decorate your beard and join the campaign.

Bowel cancer is the third most

common cancer in men in the UK and the nation's second biggest cancer killer.

However it shouldn't be, as it's treatable and curable, especially if diagnosed early.

Olympic gold medallist for Dressage Carl Hester has pledged his support for Decembeard.

He says: "I'm thrilled to be supporting Decembeard, which is especially personal to me.

I've had polyps removed from my bowel and now have annual check-ups, but the realisation that it could have developed in to bowel cancer really hit me.

This disease affects one in 14 men in the UK, it's a very important cause."

Sports broadcaster Jim Rosenthal agrees: "Dads, brothers, sons, nephews, grandads, uncles - get growing and raise as much as you can.

"It's easy to do and a great chance to keep your face warm during the winter months."

Save lives this December. Grow a beard and raise funds to support our vital services and lifesaving research, go to: bowelcanceruk.org.uk/decembeard for more information.



Sports broadcaster Jim Rosenthal is growing a beard this December

YOUR EDUCATION NEWS

Academy marks WW1 Armistice centenary

STORIES, FIRST WORLD WAR TUNES, POPPY CAKES AND THE LAST POST

PASSMORES Academy commemorated the First World War Armistice Centenary with a range of activities centred on the remembrance of those who gave their lives.

The History Department led the way by decorating the area in a First World War theme.

On display was a trench with the walls covered in facts and details relating to the war and a timeline of events.

Each classroom was set up to represent a different aspect of the war. This included a recruitment office, dressing station, cook house, trench life, an officer's communication dugout, and a victory street party. The artefacts were supplied by Keely's of Hoddesdon.

On Monday November 12, staff dressed in First World War outfits which were kindly donated by Jocelyn Johnson of the Harlow Theatre Group.

At break time the Technology department were selling poppy cakes, and Mr Butler wowed everyone with tunes from the First World War played on the piano.

Passmores invited Nicholas and John from Harlow Council to display their research work on those that fought and died in the First World War who resided in Harlow.

In addition, the English and Technology departments also had poppy displays which had been produced by the students in the run up to the event.

At 11am the whole school came together to observe the two-minute silence.

Mr Goddard led the traditional words before Andi Harrod, a bugler from the Salvation Army, played the Last Post and Reveille.

The event was made more poignant by the inclusion of the Passmores roll of honour which was displayed on the balcony.

These were the names of relatives supplied by staff and students from the school.

Head of History, Mr Pickering said: "It was lovely to see so many parents and grandparents joining us at the end of the school day to not only recount their stories but to offer an insight into their own experiences."

email your
news to
community
@hertsessex
news.co.uk



The History department decorated the area in the First World War theme



Hip Hop Pop show how it's done at tribute concert

DANCE group Hip Hop Pop, who are based at the Harlow Playhouse performed a tribute concert to Bruno Mars - and they're already planning to repeat the show next year.

The dancers spent nine months working on the 24K Bruno show, produced by talented musician Shane Lee Smith.

Hip Hop Pop director Jenny Bater-Sinclair choreographed the show and provided consultation on the production, and 14 crazy talented Hip Hop Pop students performed in the show too that was staged at the Harlow

Playhouse in early November.

The audience we're on their feet singing along throughout.

Front man Andres Cruz from Aruba wowed the sold-out crowd with his 100% per cent live vocals, all while replicating Bruno's slick dance moves and showing off guitar and piano skills too.

Now the show is set to return on November 8, 2019.

Tickets are on sale now from the box office 01279 431945 or online at www.harlowplayhouse.co.uk.

Jenny said: "Choreographing for this show has been a dream, the

style of dance is right up our street, excuse the pun.

"Our dancers have worked incredibly hard to create an exciting show, and Andres Cruz has been a pleasure to train, he does Bruno proud.

"For those that missed the show, don't miss out again get your tickets for next year."

For more information about Hip Hop Pop or how to get a free trial visit www.hiphoppop.net/freetrial

For more information about 24K Bruno visit www.24kbruno.co.uk





Staff were dressed in First World War outfits which had been donated by the Harlow Theatre Group



The victory street party

Hindu Diwali festival of lights is celebrated at day nursery



Diwali celebrations at Kiddi Caru Harlow

THE children and staff at Kiddi Caru's Harlow day nursery have been celebrating Diwali.

Diwali, the festival of lights, takes place each year in the autumn.

One of the most popular festivals of Hinduism, it celebrates the victory of light over darkness and good over evil.

As well as learning the story of Rama and Sita, the two central characters in the Hindu epic Ramayana, the children made tea

light holders from clay and playdough to celebrate their return from the jungle.

They also explored traditional foods eaten during Diwali, including Burfi, a delicious dessert, which was made especially for them by one of the parents.

Everyone dressed in traditional Indian outfits and enjoyed dancing to bhangra music, and there was lots of colourful rice play too.

Louise Farrow, nursery manager, said: "The children loved hearing

all about Diwali and why it is such an important time of year.

"They very much enjoy getting involved in different calendar events, and we regularly organise activities to help them to learn more about their own and other cultures."

For further information about Kiddi Caru please visit the website at www.kiddicar.com, like us on Facebook - www.facebook.com/Kiddicar - or call them on 01279 626111.

YOUR COMMUNITY NEWS

These award-winning dancers are walking tall after a fantastic year

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Hip Hop Pop at the
Harlow Carnival
winning 1st prize



THIS year has been an award-winning one for dance school Hip Hop Pop.

The dance school of 16 years, based at the Harlow Playhouse, specialises in teaching authentic street dance styles to anyone aged three to 103.

Hip Hop Pop create countless opportunities for its members to

perform, socialise and have fun.

In 2018, completely organically, without putting itself forward for any awards, Hip Hop Pop has come away with five prestigious titles.

Among them was the Best Walking Group title at both Harlow and Bishop's Stortford Carnivals.

And it was certainly more than a 'walking group', as 50 Hip Hop

Pop dancers danced the entire length of both carnivals in rain and shine.

Hip Hop Pop also won two awards at the Harlow Town Centre Awards evening in June.

They were named Small and Independent Business of the Year while Hip Hop Pop's director Jenny Bater-Sinclair was voted Entrepreneur of

the Year - an accolade she is very proud of.

Most recently, Hip Hop Pop won the Heart 4 Harlow Award for their contribution to the community for health and wellbeing, and collected the award in October.

Jenny said: "It's been wonderful to see the work we do at Hip Hop Pop being recognised

without prompt.

"But we can only thank our staff, freelancers, volunteers, students and their families for their continued support and belief in Hip Hop Pop, they are the main reason behind our success, we couldn't be prouder of how far we've come, and the sky's certainly the limit for the future."

YOUR NEWS

We compile Your Community News pages two weeks in advance of publication. If you want to include a future event please make sure you tell us in plenty of time so our readers can come along

represented along with regular exhibitors, showing artworks in glass, decorative and functional ceramics, textiles, original prints, silver jewellery, paintings and sculpture.

New this year are intriguing etchings, small colourful paintings, and highly useable glassware.

Several artists new to The Gallery will also be included in the exhibition which is a feast for the eye and is a great opportunity to acquire that unique and special present, something new for the home, individual cards, or even hand made decorations for the Christmas tree.

Harlow

■ **WALKING FOOTBALL:** 50-plus fitness group. A great way to keep fit newcomers welcome to come along and give it a try £3 per session 3G pitch. Hosted by Paringdon Sports Club. Session times Mondays 4-5pm; Thursdays 10am - 12pm; Sundays 2-3pm.

Please call Dave on 07980 578201 for more details.

■ CHRISTMAS EXHIBITION:

Present Arts exhibition until, December 23. Tuesday - Friday 10am - 5pm, Sunday 2 - 4pm.

Maintaining The Gallery's high standard, the emphasis in the Christmas exhibition is on works of art which are affordable. Artists who have studios at the Mill are

■ **CHRISTMAS FAYRE:** On Tuesday, November 27 from 10am to 1.30pm and Thursday, November 29 from 12 noon to 1.30pm at Potter Street Baptist Church Hall.

Tuesday is coffee morning with cakes and bacon rolls, lunches are available on Thursday. All proceeds go to Dig Deep, a charity providing clean water and sanitation to children in Kenya.

Roydon

■ **FITNESS CLASS:** 50 plus fitness group, Move It or Lose it, takes place on Tuesdays from 1.30 to 2.30pm at Roydon Village Hall.

All abilities, men and women welcome. £5 per session. Call 07974 721527 for more information.

In the Village Hall, High Street

Orwell from 10am to 4pm.

Rushden

■ **LACE MAKING:** The Rushden Lace Club meets on the first Monday of the month in the village hall, and all types of lace are made under the expert tuition of Bridget Cook.

Beginners are welcome to join the group, where tea, coffee and biscuits are supplied - although you will need to take your own lunch.

For more information, call Eva on 01763 288357.

Sandon

■ **GREEN FINGERS:** Sandon Gardeners' Club meets every second Monday of the month at Sandon Village Hall at 7.30pm.

If you have an interest in gardening,



Students participated in Restart a Heart Day

A great Restart a Heart Day raises awareness of CPR for students at Passmores Academy

PASSMORES Academy recently celebrated Restart a Heart Day which was run by the British Red Cross.

In the UK, the chances of surviving a cardiac arrest are just one in 10 – while in some parts of Norway, where children are taught

CPR in schools, it's as high as one in four.

Together with the partners - Resuscitation Council UK, St John Ambulance, the British Red Cross and the Yorkshire Ambulance Service, Passmores is working on training as many

people as possible in life saving CPR.

Throughout the day students from various year groups were trained on how to perform CPR on adults, a child and a baby.

Around 200 students took part in the event and every student made a

fantastic effort.

The British Heart Foundation had already provided the school with the resources as they felt it is very important that young people have this training.

Jamie Scott, a Year 10 pupil, said: "I think the session was very

helpful and I acquired knowledge around how to help someone with CPR and the recovery position."

The day went really well and is something that Passmores Academy will be rolling out to all students in the future.

go along and join.

New members are always welcome. Contact chairman John Handley at: johnhandley5@btinternet.com for more.

Sawbridgeworth

■ **MORRIS MEET:** Fiddlers' Brook Morris meet every Tuesday at 8pm at Allens Green Village Hall near Sawbridgeworth.

Newcomers are welcome to go along and give it a try for fun, exercise and friendship and to help keep a tradition going. Musicians also welcome.

Call 01279 723707 or email neilandgillmunro@aol.com or see our Facebook page.

■ **DEMENTIA SUPPORT:** Hertswise offers fun, stimulating activities

delivered in a relaxed and friendly environment, for people living with Dementia, memory loss or mild cognitive impairment as well as their carers.

At The Hailey Centre, 18 Bell Street, Sawbridgeworth CM21 9AS, every Wednesday 9.30 to 11.30am. £5, no charge for carers or NOK. Public car park next door.

To book your place or for more information please call 0300 123 40 44. You can also simply turn up on the day.

Standon

■ **CREATIVE LITTLE ONES:** Art, craft and messy play classes are held for under fives. The sessions are held on Wednesdays between 1pm and 1.45pm at Standon Village Hall.

Go along and have some creative fun with your little one.

Email Becky to book a free trial at: artexplorers1@gmail.com or visit: www.artexplorers.co.uk for more information.

■ **TEEN DANCE:** DDMIX (Diverse Dance Mix) dance fitness classes are held every Wednesday at Standon Village Hall for teenagers between 5.45 and 6.30pm, term time. No dance experience is required, just lots of enthusiasm and a pair of trainers. It costs £5, which can be paid on the door each week.

Call Julie on 07971 699615 or visit: dancejamacademy.co.uk for more details.

■ **FIT FOR ALL:** Pure Stretch releases muscular tension, develops core strength, and reduces mental

and physical fatigue.

It is suitable for everyone, easy to follow, sociable and light-hearted.

Call Denise, your local fitness instructor, for times and classes on 01920 823072 or 07703 277862.

■ **MUSICIANS AND MOVERS:** Put a jingle in your step and become a morris dancer. Have a bash at Cotswold dance traditions with Standon Morris at practice sessions on Thursday evenings. The mixed side welcomes anyone from 10 years old upwards.

No experience necessary, and it is free. The group gathers from about 8pm onwards in The Star before heading down to Standon Village Hall at 8.30pm. Musicians are also needed to play.

To find out more, call Catherine on 07808 969379 or email standon.morris@gmail.com

Widford

■ **PILATES CLASSES:** Mondays 6.45 to 7.45pm and 8 to 9pm.

Friendly and welcoming classes. Pilates helps you achieve a balance of mind and body plus focusing on stretching and strengthening the whole body to improve balance, muscle strength, flexibility and posture.

For more information or to book your first complimentary class (limited places) contact Anne at Active Health Pilates and More on 07717 333234 or email: activehealthpam@gmail.com or visit www.activehealthpilatesandmore.com

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Surname or Town/Area.

Add Tributes

Add tributes of condolence,
light candles or add a
picture/video to any notice.



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any death notice that is
important to you.

Register Today

Deaths



DAVID JOHN ABBOTT

Aged 63 years.
Eldest Son of Joan and
the late Peter Abbott,
Brother to Susan,
Roger and Lesley.
Sadly passed away on
November 6th after a
long and painful illness
bravely borne.
Sincere thanks to
the very caring
nurses and staff at
St. Helena Hospice,
Colchester and
Little Holland Hall
Nursing Home.
Funeral service at
St. Andrews
Churchyard, Earls
Colne on Friday
November 16th at 2pm.
Flowers welcome and
donations to St. Helena
Hospice can be sent to
Daniel Robinson &
Sons, Ltd.,
52, Trinity Street,
Halstead, CO9 1GB.



BAILEY AUDREY

Sadly passed away
16th November 2018.
The beloved wife of
George and much
loved mother to Sara
and Fiona, will be
very much missed by
Michael, Charlotte,
Terence, family and
friends.

Funeral service will
be held at Harlow
Crematorium on
Thursday 29th
November 2018, at
1:45pm.

Flowers from close
family only, donations
to Alzheimer's Society
via Co-op Funeral
Care, Harlow, or at the
service.

Light candles [online](#)

Queenie Florence COXALL

Passed away peacefully on Saturday 10th
November 2018, she was a wonderful wife to Tony,
best mum ever to Jo and Sue, loving grandmother
to her four grandsons and a loyal friend to many.
She will be sadly missed by us all. Queenie's
funeral service will be held at Parndon Wood
Crematorium on Thursday 29th November 2018
at 12.15pm. Family flowers only please but
donations for Alzheimer's Research UK may be
sent to Daniel Robinson & Sons, 3 Bullfields,
Sawbridgeworth CM21 9DB
Telephone 01279-722476
Alternatively, please visit Queenie's In Memory
page at [www.drobinson.co.uk](#)

Jill DALLADAY

Formerly head of
Margaret Dane School.

Died peacefully in
her sleep, at her home
in Whitby, on 16th
November.

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1,000,000 visitors
every month
to our site

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Doris DOOLEY

Sadly passed away on
Friday 2nd November 2018,
aged 96 years.

Beloved Mum to Jan & Phil.

Funeral service will be held at
Parndon Wood Crematorium on
Tuesday 27th November at 1.45pm.

Family flowers only please.
Donations made payable to St Clare Hospice
may be sent c/o Daniel Robinson & Sons
Wych Elm, Harlow, CM20 1QP
Tel:- 01279 426990
Alternatively, please visit the In Memory page at
[www.drobinson.co.uk](#)

JILL HELPS

Passed away
peacefully on
10th November
2018, aged 51.
A much loved
Daughter, Mum,
Sister, Auntie &
Friend. Sweet
dreams, you're
forever in our
hearts. Service
will be held on
Monday 26th
November at
Parndon Wood
Crematorium
at 11.30am.
Donations can
be left at the
service for The
Dogs Trust.

Add a tribute on
your **mobile**



[funeral-notices.co.uk](#)

Maura HOLLYWOOD

Much-loved mother to
Mary, Sean and Rory,
and Grandmother to
Tim.

Former staff nurse at
Princess Alexandra
Hospital.

Passed away peacefully
at St. Clare Hospice on
8th November.

Funeral service to
be held at Parndon
Wood Crematorium
on Tuesday 27th
November at 12:15pm.
Family flowers only;
donations if desired
to St. Clare Hospice
or Princess Alexandra
Hospital charity trust.

KAYE JONES

1949-2018
Died suddenly but
peacefully on 15th
November 2018.
Kaye will be sadly
missed by Peter, Sarah,
Andrew, Veronica,
friends and many
others whose lives she
touched.

The Funeral Service
will be held at
St John's Church,
Stansted Mountfitchet
on Tuesday 4th
December at 12 noon.
All are welcome.

Family flowers only but
donations, if desired,
to Essex & Herts Air
Ambulance may be
sent to
c/o Daniel Robinson
& Sons
79-81 South Street
Bishops Stortford
CM23 3AL
Tel: 01279 655477
Alternatively please
visit 'In Memory page'
at [www.drobinson.co.uk](#)

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tribute or add a
picture today
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of charge.



[funeral-notices.co.uk](#)

Shirley KEMP

Passed away peacefully on 13th November 2018
aged 83 years.

She will be sadly missed by her family.
Family flowers only please, but donations for
"Dementia UK" and for funeral
enquiries please contact Daniel Robinson & Sons,
79/81 South Street, Bishops Stortford, Herts CM23
3AL Tel 01279 655477.

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when a matching death notice is announced.
Alerts can be for Surname or Town/Area.

Light a candle online
in their **memory** for free

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Deaths**Rita Margaret RUSSELL**

Sadly passed away on
Sunday 4th November 2018 aged 84 years.

In Loving Memory
Mum to Kevin, Leigh & David
Nan & Great Nan.

Rita's Funeral Service
Friday 16th November 4.45pm
Parndon Wood Crematorium.

Daniel Robinson & Sons
Wych Elm, Harlow, CM20 1QP
Tel: 01279 426990

Brian SELL

Passed away suddenly on 10th November 2018
aged 85 years. Beloved husband, father, grandad,
great grandad and good friend.

He will be greatly missed by many. Enquiries to
Daniel Robinson. Family flowers only. Donations
if desired to RNLI c/o Daniel Robinson & Sons,
Bishops Stortford
or via the
"In Memory Page" www.drobinson.co.uk.

Ronald SIMMONS (Ron)

Passed away
16th November, 2018. Aged 88.

Sadly missed by his wife Doreen, Alex,
Cherie, Neil, family and friends.

Funeral 30th, November, St Mary at Latton
Church, 11.15 am. No Flowers please, any
donations to the National Ankylosing
Spondylitis Society (NASS.co.uk).

Jean ZELLNER

Passed away peacefully at
Princess Alexandra Hospital
on 15th November aged 89 years.

Funeral Service will be held at
Parndon Wood Crematorium on
Tuesday 27th November at 10.45am.
Family flowers only but donations if
desired may be left at the service.

In Memoriam**KEITH CURTIS**

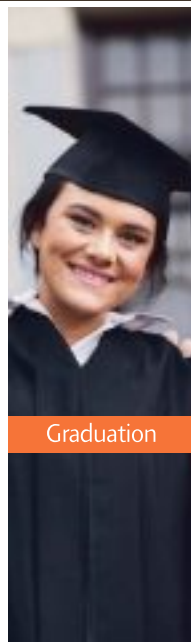
1926-1990
We miss and think of
you all the time.
Love June & all the
family.
XXX

LOWE James Jim - 22-11-2017
Longest Loneliest Year
Miss You So Much
Love Pat

Beryl Evelyn McLEAN

In memory of a
wonderful Wife, Mother
and Grandmother
to Husband Peter
and Children Peter,
Jacqueline & James.
In our hearts and
thoughts everyday.

We will be together
again.



Graduation

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Surname or Town/Area.

As a member you can save any death notice
that is important to you.

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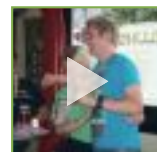
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FILM REVIEWS

ALSO OUT THIS WEEK



Rupert Turnbull as Barnaby, Simon Lipkin as Jerry Poppy and Brian Bartle as Doru in *Nativity Rocks!* ENTERTAINMENT ONE

NATIVITY ROCKS (U)

★★★★★

WHEN you hit rock bottom, the only way is up. That's certainly true of writer-director Debbie Issit's series of improvised comedies, which began in 2009 with the rollicking *Nativity!*

THE 2012 sequel subtitled *Danger In The Manger!* was sporadically entertaining but lacked some of the original's charm.

"Wonderful things come in three: musketeers, amigos, times a lady..." notes a madcap teaching assistant in *Nativity Rocks!*, who evidently didn't have to sit through *Nativity 3: Dude, Where's My Donkey?*, a pre-Christmas turkey which earned the inglorious distinction of being my worst picture of 2014.

Thankfully, the fourth instalment is a small step in the right direction, which shamelessly tugs heartstrings and manipulates our emotions by addressing the global refugee crisis alongside the usual Yuletide tomfoolery.

Marc Wootton has vacated his signature role as deranged teaching assistant Mr Poppy and been replaced by musical theatre star Simon Lipkin as his long-lost brother Jerry.

Lipkin's formidable singing talent comes to the fore as the bright-eyed students of St Bernadette's Primary School in Coventry compete for the fictional honour of Christmas Town Of The Year by auditioning for a rock opera.

The film opens on a sombre note with a Syrian boy called Doru (Brian Bartle) and his father (Ramin Karimloo) arriving on these shores in search of a better life. They boy is separated from his old man and ends up homeless in Coventry where rosy-cheeked social worker Miss Shelly (Helen George) places him with a foster mother (Meera Syal) and enrolls Doru at St Bernadette's under headmistress Mrs Keen (Celia Imrie).

Doru arrives just as Mr Johnson (Daniel Boys) and his class are warming up for auditions under formidable director Emmanuel Cavendish (Craig Revel Horwood), who is an unwelcome face from the past of teaching assistant Jerry Poppy (Lipkin).

Jerry takes Doru under his wing and encourages a friendship between the refugee and a wealthy boy called Barnaby (Rupert Turnbull), whose workaholic parents (Anna Chancellor, Hugh Dennis) are too busy to spend the holidays with their lad.

Of course, Christmas is a time for miracles and hyperactive man-child Jerry resolves to remind everyone about the importance of family during the festive season with help from a kind-hearted farmer called Beatie (Ruth Jones).

Nativity Rocks! doesn't live up to the promise of its title but there are fleeting moments of amusement drizzled in sugary sentiment.

Lipkin fizzies with energy in every frame, even when the film around him is stagnating, while *Strictly Come Dancing* judge Horwood.

The climactic stage performance to justify Coventry's claim as Christmas Town Of The Year is sweetly shambolic if overlong, reuniting characters with a generous sprinkling of tears. *Damon Smith*



Lisbeth returns but not in style

Claire Foy as Lisbeth Salander in *The Girl In The Spider's Web*

NADJA KLIER

THE GIRL IN THE SPIDER'S WEB (15)

★★★★★

ALMOST a decade after Noomi Rapace originated the role of emotionally damaged hacker Lisbeth Salander, Stockholm-born actress Claire Foy becomes the third actress to wage war on abusive men as Swedish author Stieg Larsson's avenging angel.

It's a far cry from the elegance and pageantry of her award-winning portrayal of Queen Elizabeth II in *The Crown* and Foy embraces the physicality of the eye-catching role.

Unfortunately, this incarnation of Lisbeth lacks the emotional complexity of earlier instalments including David Fincher's redundant American remake of *The Girl With The Dragon Tattoo* starring Rooney Mara.

The tormented heroine has been reduced to a two-dimensional action hero, who screeches around Stockholm on her motorcycle like Batgirl and weathers a flurry of body blows and bullets with a grimace.

Adapted from the fourth book in the Millennium series, which was penned by David Lagercrantz after Larsson's death, *The Girl In The Spider's Web* is a convoluted conspiracy thriller, which forces Lisbeth to confront ghosts of her past as she uses her hi-tech expertise to avert nuclear armageddon.

The slender plot takes a couple of predictable narrative detours while Uruguayan director Fede Alvarez struggles to recapture the heart-stopping tension of his 2016 home invasion horror, *Don't Breathe*.

Computer scientist Frans Balder (Stephen Merchant) hires Lisbeth to gain illegal access to the servers of the National Security

Agency (NSA) and steal his FireFall application.

Lisbeth's actions attract the attention of NSA agent Edwin Needham (Lakeith Stanfield), who travels to Sweden to retrieve the stolen software and bring the hacker to justice.

The theft is complicated when masked assailants storm Lisbeth's hi-tech lair and leave her for dead.

The battered and bruised heroine reluctantly re-establishes contact with tenacious journalist Mikael Blomkvist (Sverrir Gudnason), whose interest in Lisbeth continues to frustrate his publisher, Erika Berger (Vicky Krieps).

Mikael exploits personal connections to Gabriella Grane (Synnove Macody Lund), deputy director of Swedish National Security (SAPO), to identify the attackers.

He uncovers a connection to Lisbeth's estranged sister Camilla (Sylvia Hoeks).

"I bet you can't wait to write a story about this ... about me, my psycho family," Lisbeth snaps at Mikael.

She follows a trail of evidence and realises that the brilliant mind of Balder's autistic son August (Christopher Convery) is the key to cracking the case.

The Girl In The Spider's Web is a slickly executed thriller-by-numbers, which resuscitates the franchise with a whimper rather than a bang, notwithstanding the pyrotechnics of a frenetic final showdown.

Foy adopts a solid Swedish accent and looks suitably brooding with tattoos, body piercings and motorcycle leathers but the script scripps on meaty psychological detail.

Gudnason is a handsome if bland sidekick while Hoeks fails to thaw out her chief antagonist.

Wrap up warm because Alvarez's picture will leave you cold. *Damon Smith*



Sverrir Gudnason as Mikael Blomkvist

REINER BAJO

MUSIC

Sunscreen release *Out Of The Woods*, more than 20 years after it was recorded

Lost and found

TWENTY YEARS AFTER IT WAS RECORDED, SUNSCREEN ARE RELEASING THEIR ALBUM *OUT OF WOODS*. PAUL CARNELL TELLS **DARRYL WEBBER** WHY IT'S TAKEN THIS LONG

THIS week, a time capsule will be released into the world. It takes the form of music, a moment in time from more than 20 years ago, from when the country had the swagger of Cool Britannia about it.

Sunscreen's album, *Out Of The Woods*, has never before seen the light of day. Financial problems, legal wrangles and bad luck all combined to keep the Essex dance band's much anticipated third long-player from ever getting released.

As we reported back in September, Sunscreen were on a high back in the mid 1990s in the wake of the rave scene and the rise of club culture. Their combination of techno beats and memorable tunes had catapulted them to the top of the dance charts both sides of the Atlantic. The future looked bright for the band as they started recording their third album. And then it all went wrong. Horribly wrong.

Signed to Sony, they had a great relationship with the UK arm of the label but had constant fallings out with head office in the USA. Songwriter and keyboard player Paul Carnell takes up the sorry tale.

"We had an unusual deal with Sony [in the UK], we had the sign off on everything. Music, artwork, press releases, everything. But the Americans said we'll do what we want. They changed the artwork for our first album and said if you don't like it then tough. When we went over there we found out they were releasing singles without even telling us."

Increasingly unhappy with what was happening in the USA, Sunscreen agreed a get-out deal with the British Sony team and signed instead for independent label

Pulse8. They'd already recorded a few songs for the new album but Sony let them keep them. It seemed like a new start for the band.

"We went from the biggest record company in the world to the smallest," says Paul. "They'd had some success with pop/dance crossover tracks and seemed like a good fit for us."

Despite Sunscreen's success in the dance charts, Paul found out they more or less banned from getting Radio One airplay because of what amounted to a playlist ban by the network's controller. "I think it was a backlash against music associated with raves and club culture. Our tracks just didn't get played."

Which was a problem for the band and the label. Pulse8 had invested a lot in promoting Sunscreen's new single *Catch* but it just wasn't getting played despite riding high in the dance charts. Pulse8 ran out of money.

"The label went under, they couldn't release the album. The producer we worked with didn't get paid and the way it worked was that we were liable to pay the producer even though we didn't have an advance payment from the label to do it with."

The producer issued a writ to the band demanding payment and they simply didn't have the money. "It was pretty bleak," admits Paul.

Drowning his sorrows, Paul told a friend down the pub about the situation and the friend said he should call a hotshot lawyer he knew who might be able to help. With nothing to lose, Paul got in touch with the lawyer and went to meet him with singer Lucia Holm. Paul describes the encounter

with the lawyer in a side street near Liverpool Street station as "freaky and frightening" but the guy knew his stuff and the injunction was overturned.

All in all, the process had taken a year and although they were pleased to have won the case and get control of their music again, their enthusiasm for the album had understandably waned.

"We associated it with bad times. It felt like we were done with it, that the album was out of synch with the times. We felt we wanted to move on."

So the album was shelved and gathered dust as Sunscreen moved onto other things but an unmastered promo version of it that Pulse8 had sent out found its way into the hands of fans. Over the years it got shared and there was a growing clamour for it get a proper release.

"People kept getting in touch with us asking when we were going to release it," says Paul. "It didn't feel right to do it before, possibly because it was too painful. It had bad associations. We also wanted to do new stuff before we revisited *Out Of The Woods*."

But a couple of years ago it felt like the time was right and Paul, Lucia and co decided to listen to it again and liked what they heard. With experienced Australian producer Julian Mendelsohn, Paul mixed and mastered the tracks.

"I was pleasantly surprised how much I enjoyed hearing it again," he admits. "It was good to go back to it." "It's quite odd really. You think 'maybe we'll do this' and then you do it and suddenly it feels very momentous. It's great to get it out there at last."

■ *Out Of The Woods* by Sunscreen is released this Friday, November 23

LIVE MUSIC



Martin Fry of 80s pop band ABC

■ ABC, Cliffs Pavilion, Southend, Sunday, April 7, 2019

PREMIER purveyors of luxuriant 1980s pop, ABC are back on the road next year with a series of shows in which they'll play their classic album, *The Lexicon Of Love* in its entirety as well as all their greatest hits. The band will be joined by the Southbank Sinfonia and longtime collaborator Anne Dudley who will conduct the evening. Tickets are on sale now via www.gigsandtours.com and www.ticketmaster.co.uk

DOWN THE PUB



Richard Townend and the Mighty Bosscats play the United Brethren in Chelmsford

RICHARD Townend brings his Mighty Bosscats to Chelmsford this weekend. The band play songs inspired by jazz, blues and country and have been compared with artists such as JJ Cale, Dire Straits and Chris Rea. You can catch their laid-back sounds at the United Brethren, New Whittle Street at 9pm on Saturday.

Gigs for November 23-25

■ Star & Garter, Moulsham Street, Chelmsford:

Friday - Crusader; Saturday - The Statins

■ Cricketers, Southend: Friday - Hedgehog;

Saturday - Stud 100

■ The Bull, Colchester: Saturday - Abacus

■ Waggon at Wix: Saturday - Camelfoot Raiders

■ Golden Fleece, Chelmsford: Friday - Break for

Cover; Saturday - Strikeout

■ Railway Hotel, Clifftown Road, Southend: Friday

(8pm) - Bif Bam Pow; Saturday - Bob Collum & The

Welfare Mothers; Sunday (afternoon) - Marc Cecil

■ Boars Head, Braintree: Saturday - Mr Spankey & The Hipthrusters

■ Benfleet Tavern, Benfleet: Saturday - Dead Mans

Hand

■ Cow & Telescope, Southend: Friday - VT11;

Saturday - 7786

■ Black Horse, Chelmsford: Saturday - Old Street

Rockers

■ Smugglers Den, Hullbridge: Saturday - Half

Stoned

■ Welcome Club, Stanford-le-Hope: Friday -

Saviours; Saturday - Fever

■ United Brethren, New Whittle Street, Chelmsford:

Saturday - The Mighty Bosscats; Sunday (4.30pm) -

Paul Steven Wood

HEALTH & LIFESTYLE

A HECTIC lifestyle and demanding family life is often blamed for a lack of exercise, and it's true. For many of us, finding an hour to exercise is not the top priority in between working, feeding the kids or enjoying a social life.

But being busy doesn't mean you have to compromise. There are plenty of opportunities to work exercise into your existing routine without giving up your precious down time.

The Government recommends that adults undertake 150 minutes (or two-and-a-half hours) of moderate to high intensity activity each week. That's just 30 minutes a day.

When you break it down like that it actually sounds more realistic, especially when you consider these daily 30-minutes can be broken down into smaller time slots and easily be completed by working them into your commute.

BIKE IT

ONE of the most popular forms of active transport, switching the car for a bike, is a no-brainer.

You can cover large distances, you are unlikely to be affected by traffic jams, and you can pick up enough speed to get your heart pumping.

You can fit your cycling habits around your own personal preferences. Whether you want to enjoy it as a serious sport or as a casual commuter, both are great ways of boosting your active minutes.

Its popularity also means there are lots of options when it comes to equipment and clothing, including stylish outfits for the fashion conscious and suitable gear to help you get on your bike even when the great British weather isn't in your favour.

Check with your work, many have Cycle to Work schemes in place which can help make a bike and kit more affordable.

WALK NOT WHEELS

THE simplest way to increase your activity is by simply walking more.

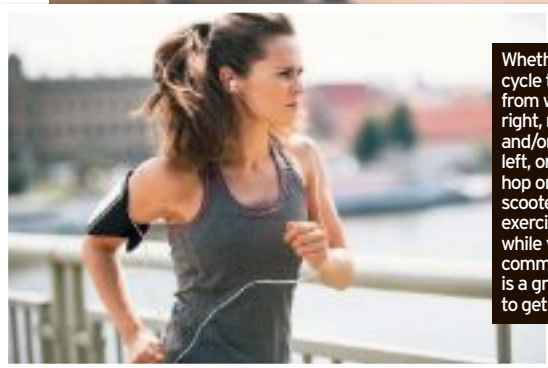
Take a brisk walk to work, the shops, playground or school a few days a week and you've met your exercise quota without thinking about it.

If it's too far to walk, then compromise a little. Park your car a little further away than usual, get off the bus a stop earlier than scheduled, or simply use stairs instead of the lift.

Walking to school with kids is not always easy, especially when time is a factor. But building in a family walk to school just one day a week will significantly add to your over-all exercise target.

Commute your way to fitness

USE YOUR JOURNEY TO OR FROM WORK FOR THOSE VITAL 30 MINUTES OF EXERCISE A DAY, SAYS **MICHELLE CHILDS**



Whether you cycle to and from work, right, run there and/or back, left, or even hop on your scooter, below, exercising while you are commuting is a great way to get fit



Lots of gyms offer 30-minute classes - perfect for an hour's lunch break

RUN HARD

RUNNING is a great form of exercise, and if you can build up the endurance to run to and from work a couple of times week, it can work wonders on your fitness.

Most offices are set up with showers these days, so it's easy enough for you to leave a change of clothes in the office and shower once you get there.

If running to and from work is a little daunting, then mix and match your transport to support you until you feel more confident running long distances.

For example, take your running kit to work and go for a run at lunch time, or get off the bus several stops earlier than usual.

You can build up your stamina by taking part in a couch to 5k course, building up your confidence in a gym, or listening to a motivational podcast.

A fitness tracker will also help you track your progress, recording the distances covered and time taken, which can be a great motivation to keep going.

LUNCHTIME CHALLENGE

IF YOU can't get active during your commute, an hour's lunch break is plenty of time to eat and take part in some exercise without cutting into your day.

Going for a run, or simply walking around the block, will work towards your activity goals.

Or look for a gym close to work, many have 30 minute lunch classes exactly for workers.

If all this sounds a little daunting, head to your local gym or leisure centre and get some one-to-one advice.

Fitness experts can advise you on the right way to exercise base on your ability, age and objectives, and help you kick start your new active transport routine before you put it into practice.

■ Michelle Childs is a health development manager at Life Leisure sports trust.

When you're walking, try and pick up the pace, if you're getting slightly warm then you're walking at a speed that will do you some good.

SCOOT YOURSELF

NOW, scooters may not be suitable for everybody - many adults may feel a little self-conscious whizzing around on what is often perceived as a kid's toy - but they are a great alternative for those of us who aren't bike friendly and whose commute to work is a little too far to walk.

Faster than walking, and



requiring less equipment than a bike, scooters are a great compromise.

You can also take a scooter on a bus or tram, so if distances dictate that you have to rely on public transport, you can still get active along the way.

Scooting is also a great way to get kids interested in exercising more, without thinking their exercising!

There's a whole range of scooters out there - with prices ranging from around £30 for a basic model to £200-plus for top of the range.

They can help make your active commute more manageable, and are definitely worth considering if biking or running (see below) isn't an option.

Four home remedies that can soothe a sore throat

ONE of the worst things about catching a winter cold is a painful sore throat, which can indicate that a cold virus has penetrated the immune system. Here are some home remedies to try.

1 HAVE A TEASPOON OF HONEY
HONEY has long been touted as a natural healing agent in traditional medicine, thanks to its

antibacterial properties that can reduce inflammation. It is also a demulcent, which means it coats the throat with a sticky film that eases irritation when you swallow.

2 GARGLE WITH SALTWATER
SWILLING salty water in your throat can help to reduce painful swelling of the tissue and kill any unwanted bacteria. Mix a half-

teaspoon of salt in a glass of warm water and gargle for a minute or two, taking care not to swallow.

3 DRINK CHAMOMILE TEA
STUDIES have found that chamomile's anti-inflammatory, antioxidant and astringent properties may have a soothing effect when you start to feel the first stirrings of a throat prickle.

It's also naturally free of caffeine, so you can drink it before bed and it won't disrupt your sleep pattern.

4 SQUEEZE OF LEMON IN HOT WATER
LEMONS create an acidic environment in the throat, making it harder for viruses and bacteria to breed. They are also high in vitamin C, which some studies suggest could help to fight colds.



Don't suffer with a sore throat

CELEBRITY WELLBEING

I honestly don't know what old age feels like because I'm still busy, busy, busy

Arlene Phillips, 75, says she has no plans to retire



Candid choreographer Arlene Phillips reveals her health secrets to **GABRIELLE FAGAN**

FORMER dancer and leading choreographer Arlene Phillips has, it seems, never paid any attention to age. The 75-year-old is super-glamorous, looks far younger than her years and is still working.

She's worked on a host of West End and Broadway musicals – from *Cats* to *Grease* and *Saturday Night Fever* – but even she's had to accept that ageing does have a consequence – she's going deaf.

The former *Strictly Come Dancing* judge is undeterred, and is happy to talk about her new hearing aids, as well as giving her verdict on the latest series, and revealing her secrets for staying youthful.

How do you feel about hearing loss?

IT'S a natural part of the ageing process, but it certainly doesn't make me feel old! It was just something I needed to sort out – like wearing glasses, if you need them.

I first noticed it when I was in Germany earlier this year directing a new production of the musical *Starlight Express*. There seemed to be an extreme between the huge rock numbers and the dialogue, which sounded quite soft and slightly difficult to hear.

Back in the UK, a hearing test showed I had mild hearing loss. I realised I was missing the sweet, wonderful sounds, such as high notes in music, birdsong, or high-pitched voices.

Hearing aids have made an incredible difference – it's thrilling to get those sounds back, and my hearing's restored to as good as it can be, which is vital for my job.

I must admit, I was a bit anxious about wearing them at first. I thought, 'What if they look awful or

fly out of my ear while I'm dancing?' In fact, the Signia Styletto aid is so tiny, nobody notices it, and I regard them as ear jewellery.

Could anything have contributed to your hearing loss?

I DON'T really know, but I look back to the Eighties when I was all day, every day in studios all over the world, choreographing music videos for rock groups like KISS and AC/DC, Elton John and Freddie Mercury. They liked their music incredibly loud and it really hit you between the ears. Ear protectors didn't exist then, so maybe that's when I got some damage.

Do you feel your age?

I KNOW how old I am chronologically, but I honestly don't really know what old age feels like, because I'm still busy, busy, busy working. Apart from a few things my body doesn't like – I can't slam down on my knees any more, because they've sustained a bit of damage through years of dancing – I feel the same as I ever did.

Will you ever retire?

RETIREMENT isn't an option at the moment – I get bored if I have too much time to laze around – but I think it will come gradually. Mind you, I've always done everything late – I think there's a delay on my time clock!

I had my second daughter, Abi when I was 47 and was even told at the time I might find it hard to bond with her, as at that age, I should be a grandmother!

How do you look after your appearance?

AS I've got older, I'm more relaxed about it. I think I'm generally more confident and certainly don't feel any pressure to look perfect.

Oddly, the things that bothered me so much as a teenager – big cheeks and oily skin – stand you in good stead for old age. I still have a full face and smooth skin, perhaps down to the oil. I also have occasional fillers done, and go for lifting facials.

Comedian Seann Walsh and his married professional dance partner, Katya Jones caused a storm when they were pictured 'kissing' on a night out. Do you believe it was down to the so-called 'curse' of *Strictly*?

NO, I don't believe in curses – they're only in children's story books. After all, think of all the dancers and celebrities who've taken part in *Strictly* over the 16 years, and yet it's only a tiny percentage who've had 'moments' or relationships.

Moments like that can happen in any setting, an office or whatever, but they're not usually as magnified, with millions of people commenting. It's very intense being on the show – long hours, physical contact and sharing a goal of trying to keep your place in the contest. That's like going for the high jump every week.

You and your partner are the only ones sharing that unique experience and, of course, that's bonding.

Anyway, I believe often things are meant to happen for whatever



Arlene during rehearsals for *Starlight Express* in 1984

reason – to shake you up, change your mind – whatever it may be.

Are you still upset about your exit from *Strictly*?

NO, you have to choose to move on. I'm good at moving on. I think I have an inner spirit that allows me to do that and not sink backwards.

Losing my mother when I was a teenager also toughened me up, taught me that there are no 'givens' in life and that you have to stand on your own feet and battle your way through.

How do you look after your wellbeing?

I'VE always been up and down like a yo-yo mood-wise, but if I feel a little low, I make myself get active. I go for a walk, dance, cycle, swim, listen to music, and, of course, talk to friends and family.

I'm very lucky with my partner, Angus. We've been together since 1985 and we're always there for each other. I couldn't wish for a better life companion. We never get bored with each other.

■ **ARLENE Phillips is working with Specsavers to launch the new Signia Styletto. See [specsavers.co.uk/hearing](https://www.specsavers.co.uk/hearing)**



ROMANESCO broccoli, pictured, is a natural wonder – a lime-green vegetable that tastes somewhere between broccoli and cauliflower.

Besides being a beautiful example of a Fibonacci fractal – a pattern that repeats ad infinitum – this pretty vegetable also has numerous health benefits.

1 Romanesco broccoli contains zinc, carotenoids, iron and folate, which is essential for reproductive health.

2 It contains vitamin C, an antioxidant needed for the body to develop resistance against harmful free radicals.

3 Romanesco broccoli is also rich in glucosinolates and thiocyanates that help support the liver against potentially toxic substances.

4 It is also high in fibre which is essential for healthy digestion.

DOCTOR'S NOTES

■ **VITAL** antibiotics are being overused by doctors, the World Health Organisation warns.

After reviewing 65 countries, it found the use of carbapenem and cephalosporin most worrying, as bacteria rapidly evolves to resist them. These should be held back for when other drugs fail, it said.

■ **CHILDREN** whose parents have lots of new partners are more likely to have multiple break-ups as adults.

And the "merry-go-round" of partners in some homes is harming kids' mental health, an Ohio University study says.

Researchers claim kids learn relationship skills from parents and are likely to copy them.

"Stable romantic unions are linked to better mental and physical health for adults and children," the authors wrote. "But half of first cohabiting unions dissolve within three years and half of first marriages within 20 years."

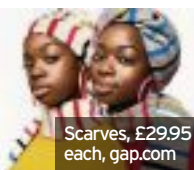
FASHION FOCUS

STYLE FILES

THE LATEST FROM THE CATWALK, RED CARPET AND HIGH STREET

Jumpers from
£24.95 to
£26.95, Gap

■ WE'VE become faithful fans of Gap's annual Christmas campaign - the rainbow-striped jumpers are not only a cheery must-have for any winter wardrobe, they make gorgeous gifts too. This year the brand is back with another 'soulful' selection, and Grammy-nominated singer/songwriter Leon Bridges (pictured above, centre) is fronting it. The stripes are likely to sell out fast, so stock up on these snuggles quick smart.



Scarves, £29.95 each, gap.com

■ SPECSAVERS has just added Balmain designer glasses to its AW18 collection. The frames feature Balmain's signature colour palette of black and gold - and are priced at £169 for two pairs.



■ WITH fans such as Victoria Beckham, Rita Ora and Sienna Miller, Moccis are a celeb must-have. They feature a soft leather sole that prevents you from slipping and are available for babies, children and adults. Prices from £25. We love these 'Make A Wish' unicorn Moccis, moccis.co.uk



■ RAYS of Sunshine, a charity which brightens the lives of seriously ill children and their families, has launched a range of unisex 'Sunshine' sweaters in collaboration with Off Duty. The perfect antidote to the autumn gloom and £40 each, 20% from the sales will be donated to Rays of Sunshine. See raysof sunshine.org.uk and offduty.com



Purple fluffy crewneck jumper £22.99, jeans £25.99, mustard boots £27.99, all New Look



DEEP



THIS SHADE REIGNED SUPREME ON THE AUTUMN/WINTER CATWALKS AND HAS NOW HIT THE HIGH STREET. HERE ARE SIX DIFFERENT WAYS TO WEAR IT. BY AMBER GRAAFLAND

Funnel neck coat £59, floral pleated midi skirt £39.50, ankle boots £45, jumper, £45, all Marks & Spencer

Debut gown £150, Debenhams

PURPLE



Pleated
midi shirt
dress £59,
Warehouse

Velvet
blazer £99,
knotted
top £39.99,
wide leg
trousers
£69.99,
Zara

Sequin dress £185,
boots £45, both Oasis

JOANNE WATKINSON



ELTON DOESN'T AD UP FOR ME



This year's John Lewis
advert features Sir
Elton John, inset below

IT'S here, that most wonderful time of the year, when the high street retail giants go head to head with their Christmas TV campaigns.

These 90-second blockbusters are now so popular and eagerly anticipated that we've seen countdown teasers going viral and bets taken on who will appear in them.

For the past decade John Lewis's mission has been to make us weep with its offering. Only the truly cold of heart could have failed to shed a tear at 2011's *The Long Wait*, with the little boy who eagerly looked forward to Christmas morning to present his parents with his gift.

And who can forget the brave snowman and his snow-girlfriend from 2012? Or my personal favourite, *Man on the Moon* from 2015 which touched on a particular weakness of mine, as it highlighted the plight of loneliness during the festive period. They all tug relentlessly on our heart strings and are often

accompanied by an acoustic version of a classic song.

The 2017 commercial featured Elbow singing one of my top Beatles tracks of all time, *Golden Slumbers*, and reduced me to a blubbing wreck every time Moz the Monster came on screen.

This year the John Lewis advert stars Sir Elton John through the decades of his career, from little boy receiving his first piano on Christmas morning to becoming a worldwide superstar on stage, playing to thousands of

adoring fans, all to the sound of *Your Song*. While I love the sentiment of buying someone a gift that encourages them to find their "gift", I am afraid the message is lost in the spectacle of Elton. The magic gets swallowed up by the tribute to a celebrity, albeit a talented one. I would have preferred someone I could get sentimental over.

I'm hoping one of the other big stores has a nice, weepie advert ready for me to get the tissues out for.



Q&A

Q I READ your recent column about shopping from small independent brands and feel inspired to shop a bit more carefully. Do you have any suggestions?

A YES. Tons! But I will start with one

I've bought from most recently, called Familyhood which does the nicest sweatshirts and T-shirts for adults and kids.



'My Love' BFF
organic adult and
child T-shirt £12

Their Instagram account is [_familyhood_](#) or go to [familyhood.bigcartel.com](#)

■ JOANNE is a stylist and personal shopper with more than 16 years experience in the fashion industry. Email: Joannecwatkinson@me.com

FOOD & DRINK

Twist and shout

MasterChef winners Ping Coombes and Shelina Permalloo tell **ELLA WALKER** how to put a spin on classic dishesPAD
IT OUTPING COOMBES'
NO-COOK RAINBOW
PAD THAI
(Serves 4)

"UNLIKE a typical Pad Thai, this noodle dish does not need to be stir-fried," explains Ping. "As a result, the carrot ribbons, beansprouts, and shredded cabbage remain crunchy and almost salad-like, while the dressing makes sure the dish remains hot in flavour, if not in temperature."

INGREDIENTS

250g wide or medium rice noodles; Vegetable oil, to coat; 1 carrot, shredded; ¼ red cabbage, shredded; 100g beansprouts; Bunch of spring onions, trimmed and finely chopped; Small handful coriander leaves, chopped, plus extra to garnish; 75g dry-roasted peanuts, roughly chopped; For the dressing: 1 garlic clove, grated; 1tbsp grated ginger; Juice of 1 lime; 1tbsp vegetarian "fish sauce" (optional); 2tsp tamarind paste; 1tbsp honey; 1tbsp light soy sauce; 1tbsp sriracha; ½tsp sesame oil; 2tbsp smooth peanut butter

METHOD

1. Soak the noodles in boiling water for 10-15 minutes until soft. Drain and run under cold water. Drizzle with a little vegetable oil to coat the noodles so that they don't stick.
2. Place the noodles in a large bowl with the carrot, red cabbage, beansprouts, spring onions, and coriander.
3. Combine all the dressing ingredients in a small bowl and whisk well to combine. Season to taste.
4. Pour the dressing onto the noodles and vegetables and toss thoroughly. The best way to make sure they are well incorporated is to use your hands to massage the noodles with the dressing.
5. Serve with chopped peanuts on top and a scattering of coriander leaves to garnish.

THE latest series of MasterChef has kicked off with Greg Wallace, Marcus Wareing and Monica Galetti putting professional chefs through their paces.

Home cooks can have a go, too, thanks to new cookbook, MasterChef: The Classics With A Twist. The 100-strong recipe collection is filled with nifty culinary ideas and traditional dishes from past winners of the amateur and celebrity MasterChef competitions.

For starters, there's Natalie Coleman's smoky aubergine parmigiana arancini and chilli con carne samosas. Or, try Tim Anderson's xian-style roast leg of lamb and prawn cocktail tacos. Then there's celebrity champ from 2017 Angellica Bell's pear, and passion fruit and raspberry pavlova.

We caught up with 2014 champion Ping Coombes and 2012 winner Shelina Permalloo to find out more about embellishing classics and how the MasterChef experience can change your life...

HOW THEY APPROACH PUTTING A TWIST ON THINGS...

FOR Ping, adding Asian ingredients to dishes comes naturally. "I'm used to changing things to my liking because I'm married to an Englishman and I'm Malaysian, so I put a lot of Malaysian ingredients into my food."

Take her lamb ragu with lemongrass and ginger ("It's Italian fusion with Asian ingredients, and I serve it with linguine") while in the book, she shares an apple and blackberry pie flavoured with cardamom

that uses activated charcoal: "The pastry turns jet black, it still tastes the same, but it looks completely different."

It's about being clever, not completely overhauling an entire iconic dish, she explains: "Don't go overboard. Keep the core flavours, but then maybe add one or two ingredients that you love, or are a bit unusual, or make it look different."

"The whole point is: How can we elevate a normal home cooked meal into something a bit more MasterCheffy?" adds Shelina. "Sometimes it doesn't necessarily need to be about the technical skills involved, for me, it's about a true balance of flavour that can take something from being ordinary, to being sublime."

THEIR KEY INGREDIENTS FOR ADDING A FLOURISH TO A DISH...

MAURITIAN flavourings are crucial in Shelina's cooking, and there's one fruit she cannot do without. "I have a mango obsession," she buzzes. "I think I used mango in every single recipe in the final of MasterChef" – try her tart mango and lime coleslaw in the book.

Ping, meanwhile, is all about lemongrass ("I have a tonne of them in the freezer,") as well as ginger, garlic and a range of chilli sauces, which she says are particularly versatile.

"Sweet chilli sauce can be just dip, you can make a lovely dressing, it can be put in a dish to sweeten it up – it's just about knowing how to use your ingredients to the best of your ability."



Shelina Permalloo, above, and Ping Coombes, right

THIS IS WHAT IT TAKES TO WIN MASTERCHEF...

"A lot of determination," says Ping, "and a lot of blood, sweat and tears, but it's a lot of fun as well."

"I was at the deepest darkest hour of my life, I'd got made redundant," she adds, on why she applied. "I wanted to do something I wanted, which I love, which is to cook – but I didn't do it to win."

"A real love to want to change your life and cook," is paramount, agrees Shelina. "That's the most important thing."

HOW MASTERCHEF CAN SWITCH UP YOUR WHOLE LIFE...

PING now runs restaurants in London and Birmingham. While MasterChef launched her food career, she says, "it's definitely really hard

being a MasterChef champion, having been a home cook, and then suddenly people expecting you to be this professional cook within 24 hours of winning."

"It's the challenge to be taken seriously," she explains. "You're kind of in between a home cook and a professional cook, and you have to get through that."

Since winning the show, Shelina has written two cookbooks and worked in Michelin star restaurants, and has opened her own joint, Lakaz Maman. "It's a real whirlwind as soon as you leave the show and start experiencing what it's like to work in a professional

kitchen," she recalls. "You sink or swim really, really quickly."

■ MasterChef: The Classics With A Twist (left) is published by DK, priced £25. Photos by David Loftus.



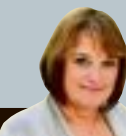
I ALWAYS think of Christmas white wines as being in two camps. Fresh and fruity wines which sit happily with seafood, or the creamier, more complex whites which add richness to the main course.

This week (my first festive dalliance) I'm bringing you fresh and fruity whites. Next week I'll add in some complexity.

I was rather taken with Clara Hills Albariño (£8, Asda) so I Googled and read that it's won a gold gong at the Quality Food Awards. The grape is native to Rías Baixas in the Galicia region of Spain and this wine is quite lovely. It is zippy with notes of lime, pear and grapefruit and I'd be happy to share a glass on Christmas Day. Or maybe keep to myself.

RAISE A GLASS

WITH JANE CLARE



I'll move into France with my second choice, a Bordeaux white. Château Le Coin Sauvignon Gris 2017 Entre-Deux-Mers, 2016 (£10.99, Laithwaites) has a flash of lemon on the nose and a playfulness of stone fruits such as apricot and peach. The palate is intense with citrus freshness and a tingle of spice. This wine could add zizzang to your prawn starter and then pour through the rest of your meal.

We'll stay in Europe (oooh, not in the Brexit sense) and wander lazily over to Italy with

a glass in hand to try Co-op Irresistible Gavi Broglia 2017 (£8.50). It is dry and refreshing, with delightful, if not a little shy, aromas of white peach and lemon. There's also a subtle peep of orange peel in the mouth. Mmmmm, salmon please and a squeeze of lemon.

We're going to head to the southern hemisphere now. Peter Yealands Sauvignon Blanc 2018 (RRP £8-£9, in Sainsbury's and the Co-op) is a vibrant New Zealand wine, very confident in itself and the stone fruit and herbal nuances it delivers. A dash across the Pacific takes us to Chile and another sauvignon blanc, Errazuriz Aconcagua Costa Sauvignon Blanc 2017 (RRP £13.75, Waitrose). The



grapes are from the Aconcagua Valley and the classic herbal notes of sauvignon blanc are found here too, plus dalliances with mango and mandarin fruits. They're both tasty versions of this ever-popular grape, grown almost 6,000 miles apart.

One of my favourite wines for a seafood starter is riesling. I'm staying below the Equator with McGuigan The Shortlist Eden Valley Riesling (£14, Sainsbury's). White peach, pear and lemons set the scene with this Australian wine, as a freshness and good acidity lift the palate and a subtlety of flint adds backbone.

Oh my, finally a pinot grigio (I know, I never mention pinot grigio!). Credit where it's due and a nod to Spar's Pinot Grigio

Dolomiti (£7). The grapes of northern Alpine Italy deliver a nose of pears and lychees and to taste, a freshness and purity.

■ Also in my glass... gin. It seems we can't get enough of gin. A festive lovely is Spiced Plum and Clementine Gin (£13.99, Aldi) which has lush, rich, warming aromas of plums (it reminds me a little of sloe gin) and a wave of citrus and clementine notes. Aldi suggests you pair with slices of plum, a sprig of rosemary and a dash of soda water. I enjoyed on its own with a couple of lumps of ice.

■ Jane is a member of the Circle of Wine Writers. Find her on social media and online as One Foot in the Grapes.



"MY FAVOURITE way of serving this is to use elegant coffee cups and saucers," explains James. "The Parmesan galettes need to be wide enough to balance safely on top of each serving cup."

INGREDIENTS

250g frozen peas or petit pois, plus 1tsp for the galettes
450ml hot vegetable stock
A few thyme springs, leaves picked
Salt and freshly ground black pepper
1-2tbsp creme fraiche (optional)
White truffle oil, to serve
For the galettes:
80g (3oz) Parmesan cheese, finely grated
2 slices Serrano ham
1 packet pea shoots
Small handful of mint tips (the very tiny new growth buds at the end of the stem) or 6 mint leaves
Viola flowers



PEAS DE RESISTANCE

JAMES NATHAN'S PEA AND WHITE TRUFFLE SOUP WITH PARMESAN GAULETTES
(Serves 4-6)

METHOD

1. Put the peas in a bowl, then pour over boiling water and leave to stand for about five minutes. Drain.
2. Put the peas (setting aside one teaspoon for the galettes), stock, and thyme leaves in a blender and blend until smooth and combined, in batches if necessary. Add more stock if the soup is too thick. Season well with salt and pepper, and blend again.
3. Make the Parmesan galettes. Heat a heavy-based non-stick frying pan over a medium heat and sprinkle four thin layers of Parmesan to make a galette wide enough for your serving cups. When the cheese starts

to melt, wait about two minutes, until it turns golden and bubbly. Immediately remove from the heat, leave for about one minute, then transfer to a wire rack.
4. Finely shred the ham into strips. Scatter each galette with the reserved petit pois, viola petals, pea shoots and mint.
5. To serve, stir the creme fraiche (if using) into the soup, use a hand-held blender to froth up the liquid, pour into serving bowls or cups, and spoon a head of froth over each.
6. Add a few drops of truffle oil to each cup and top with a Parmesan galette balanced on each cup.

INGREDIENTS

6 egg whites, at room temperature; pinch of salt; 350g caster sugar; 2tsp cornflour; 2tsp white vinegar; 200g shelled pistachios
For the pears: 500g passionfruit purée; 3tbsp pear liqueur; 100g granulated sugar; 6 pears, peeled but retaining stalks; pulp of 6 passionfruits
For the raspberries: 500g raspberries; 4tbsp icing sugar; 90-120ml balsamic vinegar
For the mascarpone cream: 250g mascarpone; 200g natural fromage frais; 1tsp vanilla extract; 1-2tbsp caster sugar; milk, to loosen
For the white chocolate cream: 100g white chocolate, broken into small pieces; 530ml double cream

METHOD

1. Preheat oven to 130°C. Draw two 20cm (8in) circles on greaseproof paper and place on baking trays. Make the meringue by whisking the egg whites and caster sugar, whisking in the cornflour and vinegar once mixture is glossy and firm.
2. Spoon into the circles and bake for 90 minutes, then turn off oven, leaving the meringues to cool.
3. Combine passionfruit



WHAT A PAVLOVA

ANGELICA BELL'S PEAR, PASSIONFRUIT AND RASPBERRY PAVLOVA
(SERVES 12)

purée, liqueur, sugar, and 300ml water in a large pan. Add the pears and simmer for about 30 minutes.

4. Remove pears and stand upright on a plate to cool, then refrigerate.

5. Continue to simmer the poaching liquid until it reduces to a thick syrup. Let it cool. Discard half of the syrup. Stir the passionfruit pulp through the remaining syrup. Set aside.

6. Combine the raspberries, icing sugar, and balsamic vinegar in a bowl, and leave to macerate for 30-40 mins.
7. In another bowl, whisk the mascarpone, fromage frais, vanilla, and sugar until smooth, loosening with a dash of milk if necessary.

Cover and chill until needed.

8. Preheat oven to 180°C. Heat chocolate and 60ml cream in a pan. Leave to cool. Beat remaining cream to soft peaks, fold in the cooled chocolate mixture and refrigerate.

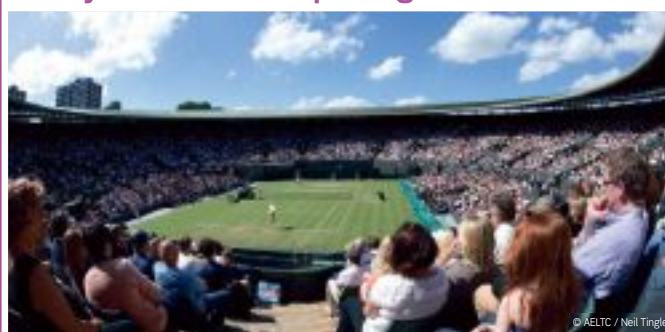
9. Bake the pistachios on a tray for 6-8 minutes. Rub in a clean tea towel to remove the skins. Cool, then chop.

10. Spread mascarpone cream over one meringue, followed by raspberries and half the pistachios. Top with the second meringue and cover with white chocolate cream. Stand the pears on top, drizzle with passionfruit syrup, sprinkle with the remaining pistachios, serve.

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SOUND OUT

Let's get this show on the road

YOU know you have a TV hit on your hands when guest stars of the calibre of Dame Helen Mirren, Whoopi Goldberg and Gwyneth Paltrow sign up to appear. Glee followed the fortunes of an oddball assortment of music-loving students who join a high school glee club and the American series quickly became a global phenomenon.

Creator Ryan Murphy wrote the part of Rachel Berry with Lea Michele in mind and she sang On My Own, from Les Misérables, as her audition piece.

The musical has always been special to her because she began her Broadway career as a child actress playing the part of young Cosette.

"I started at a young age," she smiles. "I went to see Phantom Of The Opera when I was seven years old and I loved the show so much a year on I was performing on Broadway myself."

"It was something I was always meant to do. From the time I was born I was always meant to be on stage."

Lea appeared on stage in shows like Fiddler On The Roof and Spring Awakening... and then Glee came along.

"I don't think anything prepares you for that level of success," she admits.

"I come from a background of theatre and was working from an early age and I think that was a good preparation for everything."

"I'm so grateful for everything. It was just amazing and I met an amazing group of friends."

In fact, she and Glee co-star Darren Criss have announced it's time to RSVP for the William McKinley High School reunion as they prepare to head to the UK for their first co-headlining tour.

The concert specials launch on December 1 and see the duo playing Brighton, London, Glasgow, Manchester



Glee co-stars Lea Michele and Darren Criss are preparing for a UK tour

Lea Michele tells **MARION McMULLEN** how touring with Glee co-star Darren Criss helps beat the loneliness of life on tour

and Birmingham. They will hit the stage solo and together, performing a range of popular songs, and many of the fan favourites from Glee.

They broke the news on Ellen DeGeneres' US talk show saying: "We've always had so much fun performing together for one-off gigs, so it's high time we took that show on the road."

"We share so much musical history together between Glee, Broadway and our own solo projects, so it will be fun to put it all together for our fans in one big show."

Darren, 31, recently won an Emmy for his role in TV drama The Assassination of Gianni Versace and Lea still remembers meeting him for the first time on Glee.

"I was just so impressed by how relaxed he was," she laughs.

"He came into Glee half-way through the second season and he was such a great addition. He fitted right in and was so calm and not overwhelmed at all."

"We didn't work together much at the beginning of the show, but when both our characters moved to New York we ended up spending a lot

more time together then."

Lea, who is renowned for her extensive vocal range, says the joint tour is the culmination of a long-held dream.

The 32-year exclaims: "It's so, so exciting and it will be so great. This is an idea we have had for a really long time and we couldn't wait to announce it on Ellen. We were thrilled."

"We had known about it for a couple of months beforehand, but the pieces for the tour came together very quickly."

"We had a long, long list of songs and Darren came up with so many good ideas. We will be playing some of our own music and we will be doing most of our duets from Glee as well as songs from outside the show."

"I think it's a good mix. We will be switching it up to give a good experience each night and, well, we just have fun."

"I went on tour last year and it was amazing and very different, but it can be quite lonely day after day. It's really good to be touring with a friend."

The New Yorker has come through tough times following the shock death of her partner, Glee actor Cory Monteith, in 2013.

He was just 31, his official cause of death given as 'mixed drug toxicity' involving heroin and alcohol.

Lea says she has got through the bad times by "surrounding myself with great people and my family."

In fact, she is already counting down to Christmas with the Micheles.

"I get to spend the holiday with family, which I'm so excited about and I get to spend some time on the East Coast. I just love being home. I love cooking a nice meal, having a delicious red wine, calling up my mum on the phone."

"I make most things in the kitchen, but I like a good bowl of pasta."

So will Lea be fitting in some Christmas shopping when she arrives in the UK next month?

"I will," she says, "and I'm going for a walk as soon as I get there. I find it helps with jetlag."

There won't be much time for sightseeing though, as Lea says she will be saving her energy – and her voice – for the concerts.

"I'm very grateful that I have been able to do both TV and live shows in my career."

"There's nothing like being on stage though. Nothing beats that's feeling and that's why I'm so excited for this tour."

So are there any other musicals Lea still yearns to do?

"Too many to count," she admits with a laugh. Get ready for the next curtain call.

■ Go to lmdctour.com for tour details.



Cory Monteith, who died in 2013



BOYZONE - THANK YOU AND GOODNIGHT

★★★★★

GET ready to shed a tear Boyzone are back for one last outing. The Irish boy band are bidding farewell after a successful 25-year career and are doing so with an album of 12 new tracks, including one with vocals from late bandmate Stephen Gately. The irony is that the record is a real triumph, and serves as a frustrating reminder that there just aren't many bands of this pop-friendly calibre around these days.

With a helping hand from songwriters Ed Sheeran and Gary Barlow, the four singers have given it their all with a collection of tracks that will keep fans happy for years. Dream, created from a 2002 demo of Gately's and reworked with the band harmonising, is touchingly beautiful.



MICHAEL BUBLÉ - LOVE

★★★★★

ONLY Michael Bublé could return from a two-year break and make old songs sound new.

The Canadian crooner has been out of the spotlight following his son Noah's diagnosis with cancer at the age of three. His 10th album, Love - styled as a heart emoji - is a collection of old favourites and memorable new tunes.

Bublé injects his trademark magic into songs such as I Only Have Eyes For You, but it's his new material - Love You Anymore and Forever Now, that leave you wanting more. The latter is a spine-chilling, personal ballad that is sure to win him even more fans.

Welcome back, Bublé.



MUMFORD & SONS - DELTA

★★★★★

THIS album sounds confident, exciting and experimental.

With producer Paul Epworth's guiding hand, the band has recorded the album previous LP Wilder Mind should have been. On standout track, The Wild, they delve into synthscapes and plucked melodies, before a cinematic turn sees cascading cymbals and strings.

An album of highs and lows, Delta is remarkably paced, then, just when they appear to have strayed too far from their folksy hearts, second single, If I Say, tugs the listener back towards the light.

Mumford & Sons might be on to something here.



Lea as Rachel in Glee

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Glittering Columbus

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Sleek, majestic Magellan

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Grand Baltic Cities & St Petersburg	15 May	15	25%	£1,629	£819
Majestic Fjordland	29 May	8	20%	£859	£429
Iceland & Northern Isles	15 Jun	13	20%	£1,489	£749
Canary Islands & Madeira	16 Oct	16	30%	£1,529	£769
Weekend to Amsterdam and Antwerp	31 Oct	4	25%	£329	£169
Sailing from Tilbury on board Marco Polo					
Arctic & Greenland Expedition Voyage	21 Jul	23	15%	£3,029	£1,519
Rotterdam Mini Cruise	12 Aug	3	25%	£199	£99
Sailing from Newcastle on board Magellan					
Baltic Cities & St Petersburg	4 May	15	25%	£1,599	£799
Majestic Fjordland	18 May	8	15%	£909	£459
Round Britain & River Seine	21 June	12	25%	£1,289	£649
Sailing from Newcastle on board Marco Polo					
Overnight Mini Cruise	14 Aug	2	25%	£89	£44
Sailing from Rosyth on board Marco Polo					
Faroes & Northern Isles	18 Aug	6	20%	£629	£319
Sailing from Portsmouth on board Marco Polo					
Special 75th D Day Anniversary	2 Jun	7	15%	£839	£419

2019 Cruise programme	Departs	Days	Save up to	First person from	Second person
Rouen Armada & River Seine	9 Jun	9	25%	£909	£459
Iceland & Northern Isles	17 Jun	13	25%	£1,329	£669
Sailing from Dundee on board Magellan					
Majestic Fjordland	19 May	8	15%	£909	£459
Iceland, Faroes & Northern Isles	9 Jun	14	25%	£1,519	£759
Round Britain & River Seine	22 Jun	12	15%	£1,459	£729
Scottish Isles & Faroes Experience	3 Jul	7	25%	£699	£349
Sailing from Liverpool on board Magellan					
Grand Fjordland Splendour	27 Jul	13	25%	£1,399	£699
Spain, Portugal & Gibraltar	8 Aug	11	25%	£1,139	£569
Sailing from Bristol on board Magellan					
British Isles Discovery	1 Sep	12	30%	£1,199	£599
Iceland's Land of Ice & Fire	12 Sep	13	25%	£1,329	£669
Sailing from Cardiff on board Marco Polo					
Iceland & Northern Isles	3 May	13	30%	£1,239	£619
Isles of Scilly & Honfleur Weekend	15 May	5	15%	£479	£239
Sailing from Hull on board Astoria					
Fjordland Splendour	12 Sep	9	20%	£929	£469
Baltic Cities & St Petersburg	20 Sep	15	25%	£1,529	£769
Norway & Land of the Northern Lights	12 Oct	14	25%	£1,349	£679

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BREAKTIME

Pathfinder

Beginning with the top highlighted letter, follow a continuous path of words associated with the given subject. The trail goes through each letter once, twisting up, down and sideways, but never diagonally.

Rock stars

K	O	B	N	J	E	F	R	Y	L	E	A	X	L	R
U	C	A	A	O	T	T	E	E	O	V	R	E	B	O
R	T	I	N	J	R	E	D	N	U	O	T	P	O	S
J	R	E	R	U	C	M	D	T	R	C	A	L	R	E
A	N	P	Y	A	L	E	I	W	I	E	N	T	T	I
S	I	O	O	C	I	D	B	O	R	E	T	A	M	S
J	L	I	N	E	C	I	V	A	I	C	N	P	I	T
O	P	I	J	E	N	I	X	D	L	C	O	I	J	H
D	S	M	I	H	D	R	R	A	A	P	T	M	I	S
E	D	R	C	I	R	H	V	H	J	G	A	M	R	O
B	B	A	H	B	E	T	E	Y	P	G	J	O	R	N
E	I	R	Y	T	N	I	E	K	R	E	K	C	A	K
H	A	R	P	A	A	T	N	T	Y	L	M	I	T	H
N	R	B	S	Z	Z	A	E	T	S	E	R	H	N	L
E	U	O	O	Y	O	R	V	E	A	N	N	A	E	E

Split Decision

Cross out one of the two letters in each divided square to reveal a completed crossword grid.

B	S	E	A	L	R	L	H	S
T	F		O	E		X	H	
A	A	A	A	N	E			
J	L		T	R		Q	D	
B	L	A	U	S	G	S	D	

Sudoku

There is one simple rule in Sudoku. Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

Easy

2				6		1	7	
	6	4	1				2	
				9		2	6	4
	5	3	7					1
8		7	6		4	9		
1				2	3	4	8	
9		5			6			3
	7			9	1		4	
	4	1		5				2

Hard

		6		8		3		
9					3			7
		1	5					
	5		2				8	
		2	8		1	5		
	7				9		4	
					6	8		
3				9				1
		8		2		6		

Two Speed Crossword

This two-speed crossword has two sets of clues, but just one grid. If you can't solve the Cryptic clue, try the Quick.

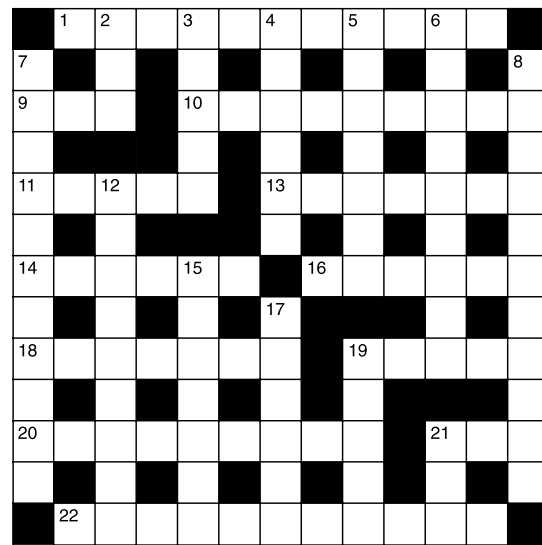
Cryptic

Across

- It raises the whole tone extremely quickly (6,5)
- Abstainer drinks nothing? Well – just a drop! (3)
- Removal of obstacles to clean race? (9)
- Helps since wager taken in (5)
- Hopelessness I spread around (7)
- Rule: G _ N (6)
- Emphasize the strain (6)
- Took food after examination with a will (7)
- Mali's religion (5)
- Getting undressed for landing? (9)
- Is able to produce tin (3)
- A guide to how much liquor has gone flat? (6-5)

Down

- Frequently have nothing to measure (3)
- Gives support to players in defence (5)
- Makes corrections and finishes after turning me over (6)
- Callous group, having completely lost fluidity (4-3)
- Campanologist to strike a sympathetic note? (4,1,4)
- Immediately find a route without any turning (11)
- When taken presumably it makes new men of us all (11)
- Listen for secrets, partly bringing the roof down? (9)
- Player giving an encore? (7)
- Don't give in to sister! (6)
- The point in dispute is the children (5)
- Hint taken by cannon-shooter? (3)



Scribble pad

Quick

Across

- Type of note in music (6,5)
- Young child (3)
- Removal of objects (9)
- Aids (5)
- Lose hope (7)
- Control (6)
- Tension (6)
- Having a will (7)
- Muslim religion (5)
- Runways (9)
- Tin (3)
- Builder's device (6-5)

Down

- Repeatedly (3)
- Reverses (5)
- Corrects (6)
- Rigid (4-3)
- Bring to mind (4,1,4)
- At once (11)
- Revival (11)
- Listen secretly (9)
- Nuclear device (7)
- Withstand (6)
- Edition (5)
- Prompt (3)

Codeword

This puzzle has no clues. Instead, every number printed in the grid represents a letter, with the same number always representing the same letter. For example, if 8 turns out to be a V, you can write in V wherever a square contains 8. Using your knowledge of words, complete the puzzle.

	14			1		26		12		7				
6	12	16	21		9	14	25	13	17	9				6
	6		9	11	25			9		5	8	20		
	3		5		9	23	9	16		6			10	
22	9	19	6	16			10							18
	16			6	25	24	17	10	2	10	15	24		
	8			26		16		9				24		
4	10	10	2		10	15	8	14	25				17	
6							26		13	9	8	5	21	
14		6		7	2	6	26		17			13		
25	9	18		21			9	14	20		9			
24		8	25	14	S	E	2	11		2	8	3	15	
		25		5				25	6		9			

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
					E							
14	15	16	17	18	19	20	21	22	23	24	25	26
S												

Wordsquare

Give yourself ten minutes to find as many words as possible using the letters in the grid. Each word must use the central letter and at least 3 others, and letters may be used only once. You cannot use plurals, foreign words or proper nouns, but verb forms ending in 's' are permitted. There is one 9-letter word to be found.

How you rate:

15 words – average; 25 words – good; 35 words – very good; 40 or more – excellent.

I	E	O
S	C	I
T	L	D

Quiz

- Which actor played Detective David Mills who, along with Morgan Freeman's William Somerset, investigates a series of murders, in the 1995 film *Se7en*?
- Which British explorer is traditionally credited with introducing the potato and tobacco to Europe?
- What name is given to the promontory made up of hexagonal basalt columns on the coast of County Antrim in Northern Ireland?
- Which singer and actress starred in *Funny Girl* and *The Way We Were*?



Q1 - Morgan Freeman

- Which coastal village in Cornwall has the ruins of a castle reputed to be the court of King Arthur?
- Who wrote *The Children of the New Forest*?
- Which king was overthrown in the so-called Glorious Revolution?
- Which Jewish initiation ceremony takes its name from the Hebrew for son of the commandment?
- What is the small target ball used in bowls called?
- Which tree provides the staple diet of koalas?

LAST WEEK'S SOLUTIONS

Pathfinder

Batman, Supergirl, Captain America, Iron Man, Scott Pilgrim, Wonder Woman, Thor, Wolverine, Barbarella, Spider-Man, The Hulk, Captain Marvel, Catwoman, Silver Surfer, The Fury, Storm, Superman, Invisible Woman, She-Hulk, Hellboy, Professor X, Green Arrow, Ms. Marvel, Black Widow, The Flash.

Quiz

- Fantastic Beasts: The Crimes of Grindelwald; 2 Marsupials; 3 1912; 4 The Pennines; 5 Glasgow; 6 Glencoe; 7 Cenotaph; 8 River Severn; 9 Meryl Streep; 10 A bob.

Sudoku

2	6	4	8	9	3	1	7	5
8	7	5	2	6	1	9	3	4
3	9	1	7	4	5	2	8	6
5	4	7	6	2	8	3	1	9
9	8	3	1	5	7	6	4	2
1	2	6	4	3	9	8	5	7
7	3	2	9	1	4	5	6	8
6	1	8	5	7	2	4	9	3
4	5	9	3	8	6	7	2	1

8	5	2	6	1	9	7	4	3
1	9	6	7	4	3	8	2	5
3	4	7	2	5	8	9	1	6
2	8	5	9	6	7	1	3	4
9	6	1	3	8	4	5	7	2
7	3	4	1	2	5	6	9	8
6	1	3	8	9	2	4	5	7
4	2	9	5	7	6	3	8	1
5	7	8	4	3	1	2	6	9

Two-Speed Crossword

Across: 1 Dare; 3 Commuter; 9 Tedious; 10 Sever; 11 From the start; 13 Esprit; 15 Gets on; 17 Little wonder; 20 Tithe; 21 Tension; 22 Arrested; 23 Flee.
Down: 1 Duty-free; 2 Radio; 4 Ousted; 5 Miss the point; 6 Taverns; 7 Rare; 8 Postmistress; 12 Entrance; 14 Pointer; 16 Settle; 18 Drill; 19 Etna.

Wordsquare
MONEYWORT

Split Decision

C	A	T	C	H
U		E		A
B	O	N	D	S
E		S		T
S	C	E	N	E

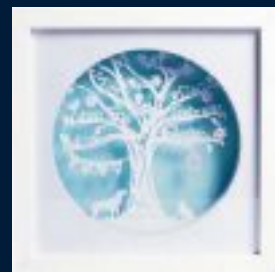
Codeword

1	2	3	4	5	6	7	8	9	10	11	12	13
W	C	D	T	B	Z	X	K	F	S	Y	N	H
14	15	16	17	18	19	20	21	22	23	24	25	26
O	E	A	M	J	Q	L	V	I	U	P	R	G

November 22, 2018

ESSEXLIVE.NEWS/PROPERTY

PROPERTY & LIVING



TRUE BLUE

Get in touch with your dark side with these warm and wonderful interior ideas

PAGE 52

This new development in Chelmsford offers one- and two-bedroom apartments just a short walk from the city centre PAGES 44&45

YOUR BEAUTIFUL
NEIGHBOURHOOD?

HOT HOUSE



Stunning apartments in stylish new development



You can now buy a stunning property at one of Chelmsford's newest developments. Goldlay Square, located on Goldlay Gardens, was the once the site of the city's library headquarters until they were moved in 2015. It is now the home of 23 impressive one and two bedroom apartments - and you can buy one of them.

Each apartment comes with either a balcony or terrace and there is on-site parking for two people per property.

Some properties come with a private landscaped garden and the main garden in the centre of the development is immaculate and serves as a communal area.

Located on the edge of the city centre, you'll only be a short walk or drive away from the shops, bars and restaurants which Chelmsford has become known for.

And it is also ideal for commuters, with the city's mainline railway station less than a mile away.



The properties range in price from 255,000 to 355,000.

For more information or to arrange a viewing, call Savills on 01245 269311, go to www.savills.co.uk or visit www.goldlaysquare.co.uk



YOUR HOME

Want a stylish tree this year? Choose between frosty, copper or emerald. **GABRIELLE FAGAN** explains where to start when creating a festive theme

Firs *things* first

A Christmas tree is the star of the celebrations, but choosing a style can be as tricky as untangling the tinsel. But this year, banish seasonal stress and take inspiration from these three decor themes – frosty, copper or emerald. Then add the bells and baubles, sit back and wait for the compliments.

"A Christmas tree is such a seasonal statement, and nowadays isn't just for friends and family as its style is often shared on social media, so we all want it look as beautiful and stylish as possible," says Lee Jackson, Christmas stylist and designer for Dobbies garden centres.

"The main influence on tree trends over the last few years can be summed up in one word – 'craft'. The huge resurgence in activities such as needlepoint, felting, paper crafts, hand-stitching and crochet are reflected in the styles as well as the materials – from wool and wood to felt – used for tree decorations, giving them a lovely personal hand-crafted feel.

"The other influence is the Japanese craze, Kawaii, which means unashamedly cute, and that's played a part in the popularity of cutesy woodland animals dancing across tree branches.

"Squirrels, deer, hedgehogs, stags and even mythical creatures like unicorns are all having their moment this year in the seasonal limelight."

Pictured right: Go Green Peruvian pine tree, 7ft, £199; willow tree skirt XL natural, from £28 to £35; frosted succulent wreath, £45; selection of emerald baubles from £4 each. All items from John Lewis



Real Christmas tree, from £29.99; red berry wreath, £24.99; silver stag head, £99.99; red star, £9.99; decorations from £1.99; assorted baubles, red, set of six, £2.99; tree lights, various sizes, from £12.99, available in store, Dobbies

LET IT SNOW

"Our Snowy Forest tree trend uses lots of silver tones and snow-tipped animals to bring a midwinter landscape to life," says Lee of the Dobbies offering.

"A traditional colour-combo of red and white is classic, but this interpretation is fresh but simple and conjures a stylishly serene, icy winter wonderland."

Its Enchanted Garden theme, inspired by foliage and flowers, is a little more rustic. It features a selection of wooden and fabric decorations, featuring animals and birds, starting from £2.99 each.

STYLE TIP: Create your own 'snow storm' with artificial snow, 100g bag, £2, from Hobbycraft. Simply spread glue where you want the snow to stick – on baubles and present wrapping – and sprinkle on. Follow the white and red colour theme when gift-wrapping parcels displayed under the tree and go all out with beautiful red and white ribbon and gorgeous gift tags.



Left: Red bead bauble, £3.99, Dobbies

Below: Reindeer, £2.99, Dobbies.



Above: Red metallic car decoration, £1, Poundland



Right: Berry & fern bauble, £3.75, The Contemporary Home

Above: Artificial Snow, 100g bag, £2, Hobbycraft



Above: Polar Bear decoration, £2.49, Dobbies

GO GREEN

"This pays a nod to the sensory haven of a tropical rain forest and the Emerald collection incorporates clear glass, feathers and tropical leaves to create a lush, luxe setting," says Dan Cooper, Christmas buyer at John Lewis. "Inspired by nature, these decorations feature toucans, dragonflies, snails and parrots, with succulents and moss as well, to create an enchanting festiweatherland. "A favourite is the banana leaf hanger, a glass decoration shaped as an on-trend monstera leaf."

STYLE TIP Work stems of faux foliage into a tree to make it look fuller. Dress a mantel with a green garland: Real Christmas garland, white & silver, £65, John Lewis. Ramp up the luxe by treating a sofa to velvet cushions in shades of green: plain velvet cushion, in dark spruce or ivy, £25, John Lewis.

Bauble, £5,
Natural
History
Museum
Shop



Black
gevillia and
pussiwillow
wreath, £79,
Berries &
Baubles



Right:
Emerald toucan
gem bauble, £5,
John Lewis



Below:
Real
Christmas
garland,
white &
silver,
£65, John
Lewis



Below:
Emerald large
peacock clip on tree
decoration, green,
£12, John Lewis



Left:
Emerald
banana leaf
decoration,
Green, £4,
John Lewis

Pictured right:
Amber Highland
pine unlit tree,
7 foot, £199;
autumn berry
garland, £35; mains
copper wire 160
lights, £25; amber
baubles from £5,
John Lewis



Below:
Leaf
bauble,
£5, John
Lewis

Above:
Beaded
mushroom
decoration,
gold, £5,
John Lewis

Right:
Amber foil
bauble, £8,
John
Lewis



Left:
Clear fox
bauble
£3.75,
TCH.net

COPPER GLOW

"Our amber story – inspired by the golden tones of autumnal forests – is my absolute favourite," said Fionnuala Johnston, senior designer at John Lewis.

"This colour theme has natural layers of beautiful tones from amber through to rich chestnut. This beautiful rustic environment full of wildlife has a cosy and warm feel, making me want to snuggle up with fur throws and mulled wine after a long walk."

STYLE TIP: Amber tones are in tune with the fashion for metallics, especially burnished copper, which adds lustre to any scheme. Shine a light with a copper tea light house, £7.99, Lights4fun and a wired copper light garland, £25, Cox & Cox. Add to the party atmosphere with a party fan set (3), in copper and gold effects, £2.99, in store, Homesense.



A copper glow
party fan set
(3), £2.99,
in store,
Homesense



Wired copper
light garland,
£25, Cox & Cox



Copper tea light house,
£7.99 from Lights4Fun

YOUR LOCAL PROPERTY EXPERTS

**home
sweet
homepage**

Get design and decor inspiration for your pad.

YOUR HOME

Fake views can be good

In the modern home, we have – in many ways – embraced the idea of fakeness. Fake leather covers our sofas, our fireplaces are warmed by fake fires, our window sills decorated with fake pot plants.

Of course, there is a limit to what aspects of a home can be fictionalised. You can't buy a fake fridge or washing machine, and you can't fake a toilet for, well, obvious reasons.

But you can now fake a window, and it's becoming increasingly popular to do so. Here's why – and how you can try the trend, too.

FAKE FOR PURPOSE

Fake windows are examples of 'biophilic design' – products that tap into our innate affinity with the natural world, and imitate positive stimuli, like greenery and natural light.

As far back as the 1980s, studies suggested that well-lit rooms and large windows tend to increase the welfare of their occupants. While a 2014 study found that windowless rooms helped contribute to stress, anxiety and poor sleeping patterns.

In a poky office interiors or dark, dismal basements, any window – even a fake one – can provide respite from the gloom.

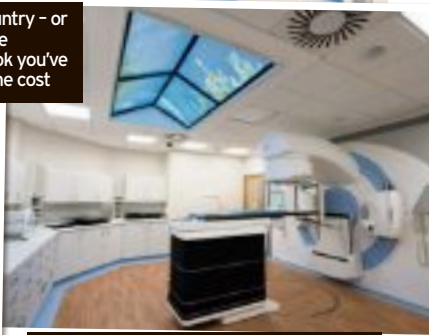
Fake windows can brighten these rooms with tropical splendour, dazzling seascapes or any woodland of their choice. It's not quite the same as the real thing, but they can do a surprisingly good job of echoing the more expansive feel of the great outdoors.

More complex fake windows are even considered a boon for late-stage dementia. The fake

LUKE RIX-STANDING suggests you transform that blank wall with a window on the world



Cheaper than moving to the country – or even another country these false windows can give you the outlook you've always wanted at a fraction of the cost



This false skylight in a surgery ceiling gives patients something cheery to focus on

'exterior' can often be changed at will, and this can help patients feel an affinity with the outside world, maintain their sleep cycles, and stay connected with the passage of time.

A WINDOW OF OPPORTUNITY

Unhindered by the need to show the

actual outside, fake windows come in a near-infinite array of shapes, sizes and prices, from £10 posters to sophisticated LED displays worth thousands.

Companies such as Icon Wall Stickers sell ready-made 'window posters', depicting natural scenes with

a visual depth that helps elongate a room. And even people that would lose a fight with a flat-pack wardrobe can knock together something themselves. Just pick a picture of your preferred scenery and construct your very own made-to-order window frame out of wood or polystyrene.

If you're a talented artist, paint yourself a personalised horizon, or – if you're not – ask somebody else to do it for you. Score extra points by fashioning a set of shutters, and attaching them with hinges.

A MULTI-SENSORY EXPERIENCE

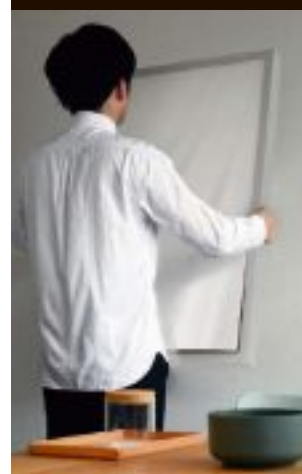
Some manufacturers have taken fake windows into the digital age, and a few well-placed LEDs can illuminate your window with a warmth akin to a sunlit glow.

Add a conventional pair of curtains, and enjoy the classic sunshine-through-the-window feel of a nice weekend lie-in, whatever time you're getting up.

Top-of-the-range models come complete with moving backgrounds – each babbling brook or rustling tree closely choreographed to feel relaxing and real. Sky Inside UK offers plenty of options – as well as a range of skylights, in which slowly swirling clouds gradually give way to a hemisphere of stars.

Aside from its domestic clients, Sky Inside has been catering to hospitals, office blocks, and even prisons – labyrinthine structures in need of an injection of light and tranquillity. One success story involved a prison pharmacy – a dank and dimly-lit room which dealt regularly with inmates in distress.

Before installation, each inmate would be accompanied by two police officers; now one officer can escort multiple prisoners at once.

YOU'VE BEEN FRAMED

FOR the height of windowless luxury, keep an eye on Panasonic's new prototype, the +Window, pictured above, mid-development by its Future Life Factory. Product demos feature light settings that mimic six distinct weather patterns akin to the Hogwarts Great Hall, the sound of birds tweeting, and a fan calibrated to recreate the gentle caress of a summer breeze.

Just remember to make sure you check the forecast before you step outside. No amount of LEDs can protect you from the great British weather.

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YOUR LOCAL PROPERTY EXPERTS



HOME ADVICE

With Alex Neill of Which?

READY TO MOVE ON UP?

Getting on the first rung of the property ladder can be a struggle – however worth it. You have to scrimp, save and decide to go without that daily coffee shop drink (up to £600 a year). And you probably need to beg and borrow for the deposit.

But it can be even tougher getting to that next stage – the second home you need because you have a growing family or because you want to be nearer to work or want a change of scenery change. For some, it's getting a garden.

According to Lloyds Bank – which owns the Halifax and Bank of Scotland – around a third of second steppers find it harder to move up the property ladder than get on it in the first place. Many have put off adding to the family or having children at all as a result.

For some, it's because they reckon selling the starter home is now more difficult than a year ago – or at least they won't get enough for it to move upwards to what they want.

Affordability is an issue. They may have borrowed all they can from the Bank of Mum and Dad – parents may need the cash or they simply don't have any more to lend.

In many cases, earnings have not kept pace with larger home prices – maybe one person has stopped or cut back on work for childcare duties.

The typical first time buyer wants to move on after three and a half years – but estimate they will take 18 months to sort out the next move.

Most wannabe second steppers are married or in a long term relationship.

Around one in four expect the second home to be where they settle for the next 20 or more years. But most see it as a further step to the dream property and intend staying for about five years.

But getting the follow-on mortgage can be problematic.

"Together", a specialist loan

If you think getting into your first home was a struggle – we've got news about the next step



Which?

When your first home gets too small for your needs that second step on the property ladder can actually be a problem

company, believes automated lenders are increasingly rejecting people – especially those under 35 – whose lifestyle does not conform to their computer generated patterns.

Typical reasons include self-employment – many lenders want at least three years' worth of audited figures which cuts out those starting up – non-standard housing such

as flats over shops, converted office space or even moving into former pubs, or where friends, rather than a couple, want a loan.

TIPS TO EASE YOUR WAY INTO THAT DREAM HOME

1. When you buy your first home, think of who you might sell it to in a few years time. Will it still attract buyers? Will there be a "new you"?
2. Selling and buying is expensive – stamp duty, legal costs and moving are major money drains – so try not to do it often.
3. It can be better to rent rather than buy an unsuitable first home and then have to try and sell it a few years later when you've grown out of it.
4. Check your credit score before you apply for a home loan – you'll get a low mark if you are not on the voting register. CreditWise, Equifax, and Experian are amongst those offering free access to this vital number.
5. If you move to get a better home, consider travelling costs or job opportunities or suitable schools.
6. Which! Mortgage Advisers on 0117 911 1812 can help you find a first or subsequent loan.

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YOUR GARDEN

With Diarmuid Gavin

The autumnal colours this year have been superb, a fiery and warm display to cheer us up throughout November.

Another happy activity is thinking about spring and summer colour for next year, and one of the best ways to do this is to browse seed catalogues, see what's new and make your selection.

There's so much promise and excitement contained within these little packets and they can make delightful Christmas gifts for your green-fingered friends.

Every year Fleuroselect, the international organisation for ornamental plants, singles one out for special mention and members have decided 2019 is the year of the nasturtium. A good choice – nasturtium seeds give so much colour for so little trouble.

I often recommend them as a way to get children interested in gardening – the seed is large and therefore easy to handle, germination is reliable and the circular leaves very identifiable when they push up through the soil.

Some gardeners use them for companion planting in vegetable patches to repel pests and attract insects.

If all that wasn't enough, they're edible and make lovely colourful additions to salads with a slightly peppery taste.

Thompson & Morgan's breeding programme has come up with 'Orchid Flame' a nasturtium that changes colour as it matures – developing from red with yellow splashes to fully yellow.

This exclusive annual nasturtium mounds up to a foot high and then cascades down a couple of feet so is perfect for hanging baskets or trellis.

'Ladybird' is a dwarf bushy variety with golden yellow flowers that have five bright red spots. Sow from March to May in situ. (Thompson-morgan.com).

Other interesting selections that caught my eye include Viola 'Back to Black' from Johnsons Seeds (johnsons-seeds.com).

The jet black blooms of this viola are very long flowering and will make a dramatic addition to pots and

PLAY THE TOP SEEDS

Growers' 2019 catalogues are out... and next year's tip for victory is the simple nasturtium



Promise: Thompson & Morgan and Chiltern catalogues

containers. Sow indoors in February and March or outdoors from April.

Over at mr-fothergills.co.uk, there's sweet pea Lathyrus 'Terry Wogan' which has warm salmon-pink blush blooms with a beautiful scent – what a lovely way to remember the much-

loved Radio 2 broadcaster. Chiltern Seeds (chilternseeds.co.uk) is my go-to supplier for all that is rare and unusual. For 2019 the firm has a gorgeous Helichrysum 'Silvery Rose'. This has shimmering silvery-pink daisy-like paper flowers which are great for cutting and drying. Sow this half-hardy annual indoors from January to April with a light sprinkle of

Nasturtium 'Orchid Flame'



Helichrysum 'Silvery Rose'



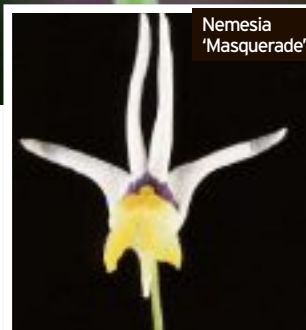
Scabiosa stellata 'Sternkugel'

Available from sarah raven.com

Nasturtium 'Ladybird'



Nemesia 'Masquerade'



soil at a temperature of 22-24°C.

Phlox drummondii 'Blushing Bride' also looks very pretty with blush pink and silvery white blossoms.

Sarah Raven's new collection includes Scabiosa stellata 'Sternkugel' which she recommends growing for its paper globe seed heads which are beautiful and delicate, and suitable for drying.



Keep drains clear of leaves

HERE COMES THE RAIN AGAIN...

■ It's the rainy season so make sure your drains are clear of twigs and leaves. You can stand pots on bricks to help drain them more quickly. Try not to walk on lawns that are sodden.

■ Larger tender plants such as bananas, olives, palms, bay trees, cordylines, echiums, gingers, and tree ferns can be wrapped up with horticultural fleece for winter. Tree ferns need their fronds tied up first

JOBS FOR THE WEEK

so they don't snap off, though in milder areas just cover the crown, even with a bit of straw.

■ Decking and paths can be hazardous in wet weather – remove algae with diluted bleach solution.

■ You can stop feeding goldfish in the ponds but make sure if

the water ices over to keep an area open to let oxygen in.

■ Lag outdoor taps and drainpipes before icy weather sets in to prevent damage.

■ It's your last chance to get those bulbs in the ground for spring flowers.

■ If you leave your carrots in the ground over winter, insulate with a covering of straw.



Remove algae from decking



Above:
Antirrhinum
'Chantilly White'

Left: Phlox
drummondii
'Blushing Bride'



Above:
Lathyrus
'Terry
Wogan'



Left:
Viola
'Back to
Black'

Her top tip here is a dash of hairspray around their heads to keep them robust after cutting! Also looking tempting is the Antirrhinum 'Chantilly White', a prolific and long-flowering white snapdragon with a delicious scent. (sarahraven.com)

Finally, for something different, I loved Sutton's new nemesia, 'Masquerade'. Very unusual flowers with yellow bases and quirky, spiky heads will bring excitement to your cottage garden along with that lovely coconut fragrance (suttons.co.uk).

ASK DIARMUID

Q I have a hydrangea plant that I brought up as a cutting from Bristol to the Highlands in Scotland over 13 years ago!

It grows really well, all nice and green and healthy, but it will just not flower.

I'm quite sentimental about this plant and don't want it to die and would love it to produce flowers.

What am I doing wrong?

Julie Smith

A Common causes of hydrangeas not flowering



Flowering hydrangeas

are incorrect pruning or buds drying out in summer.

Very cold weather in spring can also damage the buds so I'm wondering if this could be the case with you as Nethy

Bridge is so far north.

If this is so, you might try wrapping up your plant for winter with some horticultural fleece and see if this makes a difference to it. Good luck!

PLANT OF THE WEEK

SORBUS CASHMIRIANA

Many rowans or mountain ashes have red, orange or even pink berries, but the Kashmir rowan is recognisable at this time of the year by its drooping clusters of white berries. These linger on the tree considerably longer.

It also distinguishes itself in spring with its pink-tinged flowers attractive to bees. Like other rowans it's also

great for autumnal colour, its elegant pinnate foliage maturing to red, orange and golden before dropping in autumn. Its small stature and gently spreading habit along with its multi-seasonal interest make it a beautiful specimen for a small garden.

Grow in full sun or dappled shade in moist, well-drained soil.



Image from
primrose.co.uk

***Bubbles or not it doesn't matter,
if you're browsing or selling this
is the place to be!***

SHOP HOME



Rene Nightfall, £40 per roll, Graham & Brown



Crown Feature Wall Breatheasy Midnight Navy matt paint, 1.25L, £14, Homebase

Zinc velvet armchair £749, DFS



Geese Candy Bowl (2) Annabel James, £17.95 annabeljames.co.uk



Moon Over Volcano mural By Design Pics from £30 psqm at Wallsauce.com



Above: Personalised papercut mood light, family tree £29.99, Gettingpersonal.co.uk



Above: Soho House Retail Soho Home Percy sofa in ink velvet £1,395

Left: Fox & Ivy cranes flying mugs, £6 each at Tesco

*All prices correct at time of going to press

Midnight special

Go over to the dark side with these dramatic hues, says **DAN BEAVAN**



Below from top: Foil moons cushion, £30, due January £30, Oliver Bonas; blue patterned cushion, Debenhams



Below: Globe Night Sky, 8-inch, £70, Harvey Norman



Right: Maroon glass vase £29.99, HomeSense



...ROOM SCENTS



NO ORDINARY JO

Jo Malone Pine & Eucalyptus Room Spray, £46, jomalone.co.uk



SHARPENED SENSES

Anya Hindmarch Anya Smells lollipop scented diffuser (blackcurrant leaves & rose) £98, matchesfashion.com



SPRAY AND DISPLAY

Ginger Lily Air Freshener spray (200ml) £19.99, Zara Home



KELLY'S HERO

Scent One room spray, £15 Kelly Hoppen



OLD HARLOW £1350 PCM

- Converted Barn
- Two Bedrooms
- One Allocated Parking Space
- Gas Central Heating
- Family Bathroom
- Available Early January 2019
- * Admin Fees Apply

NEW LISTING



PYTTFIELD £1300 PCM

- Three Bedroom Family Home
- Two Parking Spaces
- Conservatory
- Downstairs Cloakroom
- EPC Rating C
- * Admin Fees Apply
- Available Early December

NEW LISTING



CANNONS GATE £1000 PCM

- Two Double Bedrooms
- Modern Property
- Integral Appliances
- Close To Town/Station/Hospital
- EPC Rating C
- Available Now
- * Admin Fees Apply

NEW LISTING



MARKET HOUSE £1250 PCM

- Two Bedroom Apartment
- Gated Property
- Ground Floor
- One Bathroom
- One Allocated Parking Space
- * Admin Fees Apply
- Integral Appliances
- Available Now

NEW LISTING



SAVOY WOOD £1000 PCM

- Two Bedroom House
- EPC Rating D
- Located On The Outskirts Of Harlow
- White Goods Included
- Available End November
- * Admin Fees Apply
- One Allocated Parking Space

NEW LISTING



MILWARDS £675 PCM

- First Floor Flat
- EPC Rating D
- One Bedroom
- White Goods Only
- Allocated Parking
- * Admin Fees Apply
- Available Now

NEW LISTING



TANYS DELL £169,995

- One Bedroom First Floor Flat
- Fitted Kitchen
- Lounge
- Gas Central Heating
- Balcony To Lounge
- Close To Shops & Schools
- Ideal First Time or Investment Buy

New Price

For a full list of all properties available log on to our website:
www.geoffreymatthew.co.uk



GLAN AVON MEWS £380,000

- Detached Family Home
- Four Bedrooms
- Well Presented Throughout
- Modern Fitted Bathroom
- Downstairs Cloakroom
- En-Suite to Master Bedroom
- Garage

New Instruction



LONGBANKS £170,000

- Two Bedroom Flat
- Stable Type Area
- Double Bedrooms
- Lounge/Diner
- Fitted Kitchen
- Ideal First Time or Investment Purchase
- Viewing Recommended

New Instruction



Fullers Mead £230,000

- Two Bedroom Home
- In Need of Refurbishment
- Extended
- Chain Free
- Downstairs Cloakroom
- Two Reception Rooms
- Kitchen

New Price



BERECROFT £200,000

- Three Bedroom Mid Terrace Home
- No Onward Chain
- Large Lounge/Diner
- Walking Distance to Schools & Shops
- In Need of Modernisation
- Viewing Recommended

New Instruction



Sawbridgeworth £245,000

- Detached Bungalow
- Off Street Parking
- Gas Central Heating
- Could be Offered CHAIN FREE
- Lounge/Diner
- Modern Kitchen & Bathroom
- Viewing Recommended

New Instruction



CANONS GATE £257,500

- Two Bedroom Home
- NO CHAIN
- Close to all Amenities
- Lounge
- Good Size Rear Garden
- Update By Current Owner
- Viewing Recommended

New Price



LONGBANKS £310,000

- Three Bedroom Detached Home
- Modern & Contemporary Throughout
- Open Plan Kitchen Diner
- Gas Central Heating
- Double Glazing
- No Onward Chain
- Viewing Recommended

New Instruction

Howick & Brooker

Gothic House, High Street, Old Harlow, CM17 0DN

sales@hbproperty.co.uk | lettings@hbproperty.co.uk | 01279 418888



FREEHOLD

£199,995

BISHOPSFIELD, HARLOW

- One Bedroom
- End Of Terrace
- Private Garden
- Bungalow
- Popular Spot
- EPC Rating: F



NEW PRICE

GUIDE PRICE: £225,000 - £235,000 BROCKLES MEAD, HARLOW

- Two Bedrooms
- End Terrace
- Modern Interior
- Popular Location
- CHAIN FREE
- EPC Rating: D



NEW ON

£235,000 TICKENHALL DRIVE, CHURCH LANGLEY

- One Bedroom
- End Terrace
- Own Garden
- Two Parking
- Lounge/Diner
- EPC Rating: TBC



CHAIN FREE

£240,000 - £250,000 STATION ROAD, OLD HARLOW

- Two Bedrooms
- Second Floor
- Allocated Parking
- CHAIN FREE
- Open Plan
- EPC Rating: TBC



NEW ON

£290,000 FULLERS MEAD, HARLOW

- Three Bedrooms
- Mid Terrace Home
- Spacious Kitchen/Diner
- Utility & Storage Area
- Good Decorative Order
- EPC Rating: TBC



NEW PRICE

£289,995

FOLD CROFT, HARLOW

- Three Bedrooms
- Kitchen Diner
- Garage & Driveway
- End Terrace
- Chain Free
- EPC Rating: D



PARKING

£300,000 RUSHTON GROVE, CHURCH LANGLEY

- Two Bedrooms
- Immaculately Presented
- Stunning Bathroom
- End Terrace
- Allocated Parking
- EPC Rating: C



NEW PRICE

£320,000 - £325,000 NEW ROAD, OLD HARLOW

- Two Bedrooms
- Victorian Period
- Courtyard Garden
- Semi Detached
- Heart Of Old Harlow
- EPC Rating: TBC



MODERN

£324,995 JOCELYNS, OLD HARLOW

- Three Bedrooms
- End Terrace
- Modern D'Eacute;cor
- Downstairs W/C
- Popular Location
- EPC Rating: C



CHAIN FREE

£327,500 MORLEY GROVE, HARLOW

- Four Bedrooms
- End Terrace
- Two Bathrooms
- Updating Needed
- Chain Free
- EPC Rating: TBC



AUCTION

£330,000

MULBERRY GREEN HOUSE, OLD HARLOW

- Three Bedrooms
- Modern Auction
- Carport Parking
- Access To Garden
- Close To Amenities
- CHAIN FREE



NEW PRICE

£339,995 SAKINS CROFT, HARLOW

- Three Bedrooms
- Garage & Driveway
- Cul De Sac Spot
- Two Receptions
- Semi Detached
- EPC Rating: TBC



NEW ON

OIEO £350,000 BLACKS COTTAGES, ALLENS GREEN

- Five Bedrooms
- Village Green Views
- Character Features
- Open Plan Layout
- Mid Terrace
- EPC Rating: D



NEW ON

£369,995 THE HOO, OLD HARLOW

- Three Bedrooms
- Two Receptions
- Close To Station
- Extended Terrace
- Chain Free
- EPC Rating: TBC



CHAIN FREE

£375,000 DENBY GRANGE, CHURCH LANGLEY

- Three Bedrooms
- Loft Conversion
- Lounge/Diner
- Semi Detached
- Ensuite & WC
- EPC Rating: C



NEW ON

£375,000

GOLDCREST WAY, NEWHALL

- Three Bedrooms
- Two Bathrooms
- Driveway For Two
- Balcony Off Master
- Detached
- EPC Rating: TBC



TWO PARKING

£375,000 PERRY LANE, NEWHALL

- Three Bedrooms
- High Spec Kitchen
- En Suite To Master
- Downstairs WC
- Off Street Parking For Two
- EPC Rating: B



NEW PRICE

OIRO £392,000 AYNSLEY GARDENS, CHURCH LANGLEY

- Four Bedrooms
- Semi Detached
- Garage & Driveway
- Modern Kitchen
- Three Bathrooms
- EPC Rating: TBC



PARKING

£399,995 HERONS WOOD, HARLOW

- Four Bedrooms
- Garage & Driveway
- Woodland Views
- Two/Three Receptions
- Large Family Home
- EPC Rating: TBC



NEW PRICE

£400,000 HONOR STREET, NEWHALL

- Three Bedrooms
- High Specification
- Award Winning
- Extended Terrace
- Allocated Parking
- EPC Rating: C



NEW ON

£410,000

FIR PARK, HARLOW

- Three/Four Bedrooms
- Bedroom Four/Study
- Conservatory
- Detached
- Chain Free
- EPC Rating: TBC



CHAIN FREE

£425,000 COPSE HILL, HARLOW

- Four Bedrooms
- Semi Detached
- Two Receptions
- Downstairs W.C
- Garage & Driveway
- EPC Rating: TBC



NEW PRICE

£430,000 THE CHASE, NEWHALL

- Four Bedrooms
- Studio Over Garage
- Two Receptions
- Two Bathrooms
- Parking & Parking
- EPC Rating: C



NEW PRICE

£430,000 UPPER PARK, HARLOW

- Four Bedrooms
- Two Receptions
- Cul-De-Sac
- Semi Detached
- CHAIN FREE
- EPC Rating: TBC



CHAIN FREE

£494,995 GLEBELANDS, HARLOW

- Three Bedrooms
- Detached
- Garage & Drive
- Balcony To Master
- CHAIN FREE
- EPC Rating: TBC

sales@hbproperty.co.uk

01279 418888

lettings@hbproperty.co.uk



**Well Presented
The Ridings** **£390,000**
EPC C

Located within easy reach to Schools and Amenities is this three bedroom detached home benefiting from two reception rooms, utility room, fitted kitchen, three bedrooms with en-suite to the master, family bathroom, rear garden, garage and driveway. Ref 14635
View View View



**Spacious Living
Ram Gorse** **OIEO £300,000**
EPC D

Located in a sought after area within walking distance to Harlow Station is this extended three bedroom family home. The property is well maintained by the current and offers spacious living accommodation throughout. Internal viewing is highly advised. Ref 14638
Call To View



**A Great First Buy
Rundells** **OIEO £265,000**
EPC D

Located in the popular Rundells area of Harlow near the common is this well presented two double bedroom terraced home with refitted kitchen and good sized through lounge-diner. Ref 13121
Viewing Advised



**Nothing Not To Love
Rye Croft** **£260,000**
EPC E

This well presented two bedroom end of terrace home is one to view, with the potential to get off road parking (STPP) this would make a great starter home. Ref 14129
Dial Dial Dial



**Guide Price
£367,000**
Bynghams
All About The Family
EPC D

Located on the outskirts of Harlow in the popular Katherine area is this well presented and extended three bedroom semi detached family home with garage to the side. Call haart today to book a viewing. Ref 14806

Dont Miss Out



**Guide Price
£400,000 - £425,000**
Walnut Tree Cottages, Mill Street
Fantastic Find
EPC F

Positioned in the desirable location of Mill Street, Hastingwood is this end of terrace cottage. The property also benefits from a large front which offers potential to extend. Ref 14666

Seeing Is Believing



**All About The Location
Deer Park** **£350,000**
EPC D

haart are pleased to offer this three bedroom semi-detached home for sale benefiting from a detached garage and own driveway. The property is in the sought after road of deer park, being offered chain free it is perfect for a family. Ref 14472
View Today



NEW
**Guide Price
£210,000 - £220,000**
Lower Meadow
Garage And Drive
EPC C

Two bedroom first floor flat with a garage and driveway. The flat also benefits from a balcony off the lounge, garage with driveway in front and two double bedrooms offering plenty of room for guests to stay. Ref 14814

Don't Delay Call Today



PRICE REDUCTION
**Guide Price
£220,000 - £240,000**
Spacious Living Accommodation
Midwards

Offered for sale chain free is this spacious three bedroom middle terrace family home benefiting from a good sized lounge. Some modernisation required. Ref 14762
Call Our Team Today



SSTC
**Another One Sold
Sakins Croft** **OIEO £290,000**
EPC D

This bedroom semi detached home has now been sold STC, if you are thinking of selling please call us on 01279 443311. Ref 14753
Book Your Free Valuation Today



NEW PRICE
**Guide Price
£375,000 - £410,000**
Little Brays
Spacious Family Home
EPC C

Backing on to a woodland is this spacious four bedroom link detached family home. The property is being sold chain free and benefits from a garage. Ref 14375

Call For More Information



SSTC
**Guide Price
£260,000 - £270,000**
SOLD SOLD SOLD
Wellesley

This two bedroom home on the Harlow Epping border has now been sold STC after many interested viewers, if you are looking to move in the new year please call. Ref 14739
Call 01279 443311

ARE YOU LOOKING TO MOVE IN THE NEW YEAR?



WIN A LUXURY CHRISTMAS HAMPER !!

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& YOU WILL BE ENTERED
INTO OUR DRAW*!**



*Terms & conditions apply

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01279 433033



ANTIQUES FAIR

With Christopher Proudlove

Bob's full house - his art and magazine collection, at least - is up for auction

IT HAS been a roller coaster week for collectors of comic book art. First, Stan Lee, the former president and maestro behind Marvel Comics died in Los Angeles. He was 95 and leaves a legacy of some of the most popular superheroes such as Spider-Man, The Incredible Hulk and X-Men.

Then, as if to soften the blow, news filters out of an auction of comic artwork collected by another enigmatic figure: comic and game-show host Bob Monkhouse.

Yes. The frontman to Bob's Full House, Celebrity Squares, Bob's Your Uncle, The 65,000 Dollar Question, Family, The Golden Shot and Bob Says Opportunity Knocks among others was one of this country's foremost collectors.

His viewing fans - 20 million of them at his height - were aware only of his comic timing. Few knew of his passion for comic artwork and even fewer that writing and drawing them was how his career started.

One man who did was Malcolm Phillips, owner of Comic Book Auctions who got to know Bob personally as a buyer. Bob died in 2003 and over the last four years, Malcolm has been entrusted by his estate to disperse some of his amazing collection.

The latest is an online timed CBA auction, part of a 240-lot sale that can be viewed now on The Saleroom.com (the-saleroom.com). Bids can be placed in advance, but the auction proper starts at 2pm on Friday, November 25. Each lot is open for 45 seconds and the sale is expected to last until 7pm.

The focus this time is on original comic artwork collected by Bob rather than the comics themselves, and such is his reputation among collectors, his name is expected to create a bidding premium.

"The fun thing was he was a comic who collected comics," Malcolm says. "The sort of customers we have are pretty knowledgeable and they know that he had this wonderful collection of not only comics but original film scripts such as the Goons, all kinds of things. He was a polymath as a collector, but his main area was comics."

"What put him on the map with collectors were Oh Boy! and Wonderman, where he often signed his work 'RAM' for Robert Alan Monkhouse. Other drawings were sometimes signed 'Ramon'."

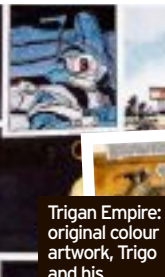
As his career progressed, Bob kept in touch with comics illustrators. Malcolm describes him as "an avid reader, he was well acquainted with artists who are now well known."

Frank Hampson is best known as the creator and artist of Dan Dare, while Frank Bellamy is well known for his work on Eagle comic - later taking over the flagship Dan Dare strip. "Bob knew them both and was collecting their work from the 1950s-80s, right the way through, 40 years, and they just used to send him stuff and inscribe it," Malcolm says.

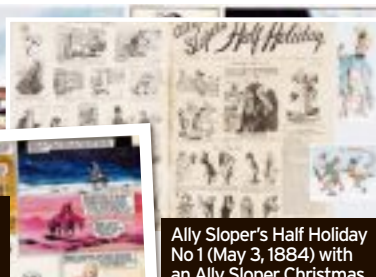
"He'd say 'could I have a piece for the wall' and they would just send it



Thunderbirds original double-page artwork (1966) drawn, painted and signed by Frank Bellamy for TV Century 21 No 90, 1966. The front cover of the comic screamed, 'Nightmare Splashdown for Crippled Ship - Monster Attacks Thunderbird 3!' Estimate at £1,800-2,300



Trigan Empire: original colour artwork, Trigo and his arch-enemy, Zer Thorus, face the searing wilderness, drawn and painted by Don Lawrence from Look and Learn, February 28, 1970. It was reprinted later in Vulcan No 28 1976. Estimate £400-£450



Ally Sloper's Half Holiday No 1 (May 3, 1884) with an Ally Sloper Christmas Card and an embossed colour image. Estimate £250-£300



Erik The Viking: original early 1960s artwork by Don Lawrence for Lion comic. Retitled from Karl the Viking for later publication in Smash comic. Estimate £150-200

copy of Dynamic comic, they made £460 against an estimate of £90-£130.

In December last year, Triumph/Superman Nos 771-792 from 1939, with four covers by UK artist John McCail, sold for £1,220 against an estimate of £700-800. Superman made his US debut a year before in Action Comics No. 1 and these first UK reprints previewed the US superhero genre in the UK.

Although he never met "Uncle Bob" face to face, Malcolm knew him quite well from his dealings in the comics collecting scene.

"He bought a considerable amount from us in the early years. He was always a gentleman on the telephone with a super dry wit. In retrospect, I wish I'd had time write it all down."

"His TV personality was this slick entertainer but he was nothing like that in real life, just a genuine fan and collector, respected by everybody in the business."

"He used to write me letters which I have in my own collection and, for instance, he did this thing, where instead of saying 'to Malcolm Phillips, Comic Book Auctions' or whatever, he had drawn a bloke sitting on a stool falling back off it, pointing at my name on the letter with his hand held to his head with beads of sweats flowing in every direction."

"It was just the way he did things like that - totally unnecessary but absolutely charming."

■ For further information: Comic Book Auctions, 0207 424 0007.

A comic genius



Garth: three original consecutive artworks drawn and signed by Frank Bellamy from the Daily Mirror January/February 1974. Indian ink on board. Estimate £350-£400

- it was like that in the old days - and in return, he would give them a few fun phrases, say, if they were making a speech at a wedding."

The collection includes an original drawing from Ally Sloper's Half Holiday No 1, dating from 1884, a penny weekly magazine considered to be the first comic strip magazine featuring a recurring character. It is estimated at £250-£300, while 'Vote For Sloper' artwork dated 1900, drawn and signed by WF Thomas, is estimated at £300-£350.

More recent works include double-page Thunderbirds artwork from 1966, drawn, painted

and signed by Frank Bellamy for TV Century 21 No 90 (estimate £1,800-£2,300); Erik The Viking artwork from the early 1960s by Don Lawrence for Lion comic (£150-£200); Trigan Empire colour artwork.

"Trigo and his arch-enemy, Zer Thorus, face the searing wilderness", drawn and painted by Don Lawrence from Look and Learn, February 28, 1970 (£400-£350); and Garth: three original consecutive artworks drawn and signed by Frank Bellamy from the Daily Mirror dated January and February, 1974 (£350-£400).

In a timed auction in May this year, CBA sold copies of Oh Boy! from 1948 (Nos 3, 4, 5, 11, 12) published by Paget, which featured art and lettering by Bob. Together with a



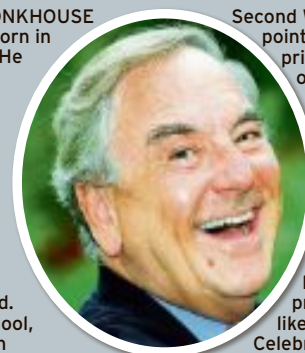
In a timed auction in May this year, Comic Book Auctions sold copies of Oh Boy! from 1948 (Nos 3, 4, 5, 11, 12) published by Paget, which featured art and lettering by Bob Monkhouse. Together with a copy of Dynamic comic, they made £460.

THE LAST LAUGH

ROBERT ALAN MONKHOUSE (1928-2003) was born in Beckenham, Kent. He attended Dulwich College and began his career writing Christmas card verses for which he received a shilling (5p) for a dozen and drawing cartoons and stories for The Beano, The Dandy, Hotspur and Wizard.

After leaving school, he set himself up in business as the editor of his own publication, commissioning artists and writers for his comic, paying them by postal order.

He went on to write racy pulp books for the troops during the



Second World War, but a turning point was winning second prize in a talent contest on Worthing Pier for telling the best joke.

After National Service in the RAF, he found work as one of the BBC's resident comedians. He appeared in revue with Benny Hill in the late 1940s and later broke into television, presenting gameshows like The Golden Shot, Celebrity Squares and Family Fortunes.

The master of the self-deprecating one-liner, one of his finest was: "They laughed when I said I was going to be a comedian ... they're not laughing now!"



With Lesley Taylor

HOME STYLE

From bright colours to minimalist chic, it's time to get your home ready for the festive period

Trick or treaters have been and gone and Bonfire Night has gone up in smoke. It can only mean one thing: Christmas is coming.

And as December 25 creeps ever closer, so too does the temptation to head into the attic and retrieve all your Christmas decorations to create your very own winter wonderland.

As an interior designer, I am always asked for tips for stylish Christmas décor and quite honestly, there are no hard and fast rules. After all, the festive period is deeply personal for most people, with Christmas decorations curated over many years.

However, Christmas 2018 has brought with it some fabulous trends. And whether you are looking to start afresh, or simply want to add one or two new pieces to your own collection, here are my guidelines for festive chic.

OVER THE RAINBOW

This summer it was hard to avoid all things unicorn and rainbow-inspired. From birthday cakes and T-shirts to lamps and jewellery, colourful creations were everywhere.

So it's no surprise, then, that the trend leading the way this Christmas is rainbow-inspired.

And fortunately, it's a look that is very easy to achieve.

Simply divide your baubles by colour; then, using the colour you have least of, start hanging the baubles from the top of the tree. Work your way around the tree changing hues as you go.

You can also create your own handmade decorations to complement your rainbow tree. Something as simple as a paperchain made using bright coloured pieces of paper can be hugely effective, or if you want something slightly more minimalist, buy a collection of small baubles and use them to fill a clear vase.

Like the tree décor, simply organise by colour and stack them on top of each other.

PASSION FOR PERSONALISED

Personalised presents are big news this Christmas; from tins of chocolate to family portraits, Santa's elves have magic-ed up bespoke gifts for everyone.

And it's a trend that has trickled into Christmas décor too.

In fact, this Yuletide no Christmas tree would be complete without a personalised bauble for each family member, and even the family pet.

If you want something more significant you can find baubles to commemorate baby's first Christmas,

Personalised presents are going to be huge this Christmas. These from The Handmade Christmas Co double as a great decoration and beautiful gift, available from handmadechristmasco.com

LESLEY'S TOP TIPS FOR CHRISTMAS DÉCOR

1. Go with your heart, festive decorations are hugely personal
2. Segment baubles by colour to achieve a rainbow effect
3. Use personalised decorations to celebrate significant events
4. Less is often more
5. Have a go at creating some handmade pieces

Deck the halls



Small potted trees work well with minimal decorations. These are from Broste Copenhagen



Arrange your baubles, such as these by Broste Copenhagen, by colour to create a rainbow effect

your first Christmas as a married couple and even ones containing a replica of your front door.

There are also beautiful baubles to celebrate the life of a loved one no longer with us.

MUTED BEAUTY

Sometimes, just sometimes, simplicity is best. Even at Christmas.

And one of the hottest looks of the festive season is the minimalist tree.

And I mean, minimalist. Simply wrap a set of warm white fairy lights from top to bottom and voila.

It's a look that works best on a real tree, allowing its natural beauty to take centre stage.

If a simple set of fairy lights is too bare for your taste, add some small white baubles. But don't go overboard, remember simplicity is key.

As for the rest of your home, consider a simple garland around the staircase, again with fairy lights intertwined, and some small white baubles hung from the mantelpiece.

Where space is at a premium, consider a small potted tree. Here less is most definitely more, and some simple fairy lights will be hugely effective.

■ Lesley Taylor is the author of 10 interior design books and has appeared on a range of network TV shows, including This Morning, giving inspirational advice on home styling. For more information on her work, head to lesleytaylor.co.uk



Sometimes the most effective decorations are the most simple

Make a
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SSTC

SIMILAR REQUIRED!
QUALIFIED BUYERS WAITING!

£129,500

Amberry Court , Harlow



SSTC

SIMILAR REQUIRED!
QUALIFIED BUYERS WAITING!

£179,999

Hazel Gardens, Sawbridgeworth



SSTC

SIMILAR REQUIRED!
QUALIFIED BUYERS WAITING!

£320,000

Markwell Wood , Harlow



SSTC

SIMILAR REQUIRED!
QUALIFIED BUYERS WAITING!

£399,999

Greygoose Park , Harlow



SSTC

Guardian are delighted to offer an immaculate one bedroom flat in the sought after private area of Markwell Wood. Top floor, includes loft space. Recently refurbished through out. Includes parking space and close links to Epping and M11.
EPC: D

£150,000

Markwell Wood, Harlow



SSTC

Guardian are delighted to offer for sale this two bedroom first floor flat situated within walking distance to the Town Centre and Princess Alexandra Hospital. The property boasts, security entry phone system, double glazed windows, electric storage heating.
EPC: C

£188,000

Dadswood , Harlow



SSTC

Guardian are delighted to offer for sale this two bedroom first floor flat ideal for first time buyers and investors. Situated in Old Harlow, the property benefits from a modern fitted kitchen, good sized bedrooms, large lounge and communal garden area. Property can be offered with tenant paying £850 pcm or chain free!

£199,999

Guilfords, Old Harlow



SSTC

Guardian are delighted to offer this immaculate two bedroom flat in the sought after private area of Bromley Close! Includes private parking, en suite, large bedrooms and living area! Second floor, UPVC double glazed through out and electric heating.
EPC: C

£225,000

Bromley Close, Harlow



SSTC

A usable loft space, two double bedrooms and a large garden. When are you able to view? A great starter home for any first time buyer to jump on the property ladder or if you are looking to downsize. In close proximity to local amenities as well as great primary schools.
EPC: E

£244,995

Primrose Field , Harlow



SSTC

Guardian are delighted to offer this two bedroom mid terrace property, ideally placed next to the hospital, town center and train station. The property consists of entrance hall, large lounge, kitchen, single storey extension giving a second reception room.
EPC: (awaiting)

£240,000

Rectory Wood, Harlow



SSTC

Guardian are delighted to offer for sale this three bedroom terraced family house in this popular area of Harlow. The property has three really good sized bedrooms, separate lounge, a dining room and a good sized garden. The property has the potential to be turned into a four bedroom by split the largest bedroom.

£249,999

Moorfield, Harlow



SSTC

Guardian are delighted to offer this rarely available, chain free, well proportioned 3 bedroom end terrace house in a sought after location. The property is ideal for a family or buyers looking for a well maintained property with a lot of potential.
EPC: (awaiting)

£259,999

Felmongers, Harlow



SSTC

Guardian are delighted to offer this recently renovated three bedroom mid terrace property with three Double bedrooms. The current owner has lovingly refurbished this property with a traditional feel.

£308,699

Quarry Spring, Harlow



SSTC

Guardian are delighted to offer for sale this four bedroom detached house situated in the Potter Street area of Harlow. The property is presented in good decorative order and boasts four double bedroom, gas heating to radiators, high spec modern fitted kitchen and good size rear garden.

£399,995

Glan Avon Mews, Potter Street



SSTC

Guardian are delighted to be in receipt of an acceptable offer that is proceeding subject to contract. We require similar properties for other qualified buyers. Call today to find out how we can sell your home in 2 Days.

£495,000

Fir Park, Harlow



SSTC

Guardian are delighted to be in receipt of an acceptable offer that is proceeding subject to contract. We require similar properties for other qualified buyers. Call today to find out how we can sell your home in a 2 day marketing period.

£795,000

Rectory Field , Harlow

CALL TODAY TO MOVE IN 2019



REYLAND JOHNSON RJ

ESTATE AGENTS - SALES & LETTINGS



PART EX CONSIDERED

BRAND NEW

The Hepworth, Newhall**£439,995**

- BLACK FRIDAY DISCOUNT
- Four Bedrooms
- Allocated Parking
- 10 Year NHBC Warranty
- Help To Buy Available
- Town House
- Huge Master Suite
- Stamp Duty Incentives

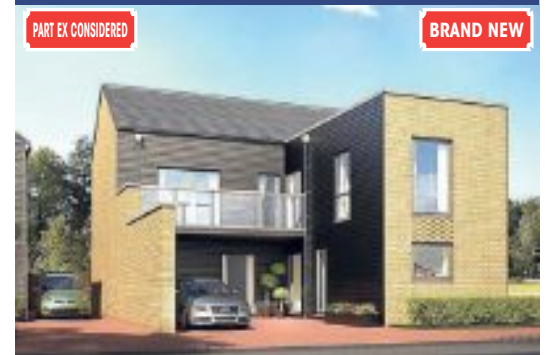


PART EX CONSIDERED

BRAND NEW

The Mills, Newhall**£444,995**

- BLACK FRIDAY DISCOUNT
- Four Double Bedrooms
- Driveway
- 10 Year NHBC Warranty
- Help To Buy Available
- Link Detached Home
- Integrated Appliances
- Stamp Duty Incentives



PART EX CONSIDERED

BRAND NEW

The Rodin, Newhall**£459,995**

- BLACK FRIDAY DISCOUNT
- Four Bedrooms
- 10 Year NHBC Warranty
- FINAL PLOTS REMAINING
- Help To Buy Available
- Detached Home
- Driveway
- Stamp Duty Incentives

**WESTBURY RISE, CHURCH LANGLEY**

- Four Bedrooms
- Two Receptions
- Kitchen/Family Room
- Conservatory
- Detached House
- Double Detached Garage
- Immaculate Home
- EPC Rating: D

£560,000**PARK AVENUE, HARLOW**

- Four Bedrooms
- Two Receptions
- Utility/WC
- Popular Location
- Semi Detached
- Driveway
- 100ft Garden
- EPC Rating: F

£525,000**ASHWORTH PLACE, HARLOW**

- Four Bedrooms
- Garage & Driveway
- Two Receptions
- Westerly Garden
- Detached Family Home
- Desirable Location
- Utility & Cloakroom/WC
- EPC Rating: TBC

£515,000**ROUND HOUSE WAY, NEWHALL**

- Four Double Bedrooms
- Driveway
- Balcony
- NHBC Warranty
- Link Detached
- Ensuite To Master
- Desirable Location
- EPC Rating: TBC

£464,995**TATTON STREET, NEWHALL**

- Four Bedrooms
- Kitchen/Diner
- Immaculate Home
- Double Garage
- Detached House
- Two Receptions
- En-Suite Shower
- EPC Rating: C

£455,000**THE GOWERS, HARLOW**

- Four Bedrooms
- Garage & Driveway
- Desirable Location
- Large Extension
- Semi Detached Home
- High Spec Finish
- Quick Cul-de-Sac
- EPC Rating: TBC

£450,000**BROOKLANE FIELD, HARLOW**

- Four Bedrooms
- Two Receptions
- Ground Floor Extension
- Landscaped Garden
- Semi Detached
- Modern Kitchen
- Garage & Driveway
- EPC Rating: D

£450,000**MALKIN DRIVE, CHURCH LANGLEY**

- Five Bedrooms
- Two Receptions
- Stunning Kitchen/Diner
- Garage & Driveway
- Ground Floor Extension
- Landscaped Garden
- En-Suite & WC
- EPC Rating: C

£425,000**DACRES GATE, ONGAR**

- Two bedrooms
- Kitchen/Diner
- Ground Floor W/C
- Carport Parking
- End Of Terrace
- Gated Development
- Exclusive Location
- EPC Rating: D

£415,000**GOLDCREST WAY, NEWHALL**

- Three Bedrooms
- Lounge/Diner
- Modern Kitchen
- Driveway
- Detached Property
- En-Suite Shower Room
- EPC Rating: B

£375,000**MULBERRY GREEN, OLD HARLOW**

- Two Bedrooms
- Modern Kitchen
- Open Plan Living
- Parking Area
- End Of Terrace
- Pretty Cottage
- Private Location
- EPC Rating: B

£364,995**MONKSBRURY, HARLOW**

- Three Bedrooms
- Lounge/Diner
- Garage & Driveway
- Popular Location
- Semi Detached Home
- Conservation
- Cul-De-Sac Location
- EPC Rating: TBC

£350,000

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NEW

Morningtons, Harlow

£340,000

- Three Bedrooms
- Garage & Driveway
- Westerley Garden
- Quiet Cul-De-Sac
- Link Detached Home
- Conservatory
- Needs Modernisation
- EPC Rating: TBC



NEW

Willowfield, Harlow

£299,950

- Two Bedrooms
- Lounge/Diner
- New Kitchen & Bathroom
- South/West Facing Garden
- Bungalow
- CHAIN FREE
- Well Presented
- EPC Rating: TBC



NEW

Woodcroft, Harlow

£280,000

- Three Bedrooms
- Lounge/Diner
- Modern Bathroom
- Well Presented
- Terraced House
- Close To Amenities
- Popular Location
- EPC Rating: D



WHARLEY HOOK, HARLOW

- Three Bedrooms
- Open Plan Living
- Newly Built House
- End Of Terrace
- Driveway
- 10 Year Build Warranty
- Chain Free
- EPC Rating: TBC

£340,000



FULLERS MEAD, HARLOW

- Three Bedrooms
- Driveway
- Popular Location
- CHAIN FREE
- Semi Detached
- Lounge/Diner
- Cul-De-Sac Spot
- EPC Rating: TBC

£339,995



MANOR ROAD, OLD HARLOW

- Three Bedrooms
- Two Reception
- Long Gardens
- CHAIN FREE
- Semi Detached
- Conservatory
- Popular Location
- EPC Rating: E

£334,995



ALBERT GARDENS, CHURCH LANGLEY

- Three Bedrooms
- Kitchen/Diner
- Cloakroom W.C
- Double Driveway
- Semi Detached
- Conservatory
- Popular Location
- EPC Rating: D

£332,500



THE MAPLES, HARLOW

- Three Bedrooms
- Kitchen/Diner
- Study/Playroom
- Cloakroom/W.C
- Terraced Property
- End Of Terrace Home
- Garage & Driveway
- EPC Rating: TBC

£325,000



PYTT FIELD, HARLOW

- Three Bedrooms
- Modern Fitted Kitchen
- Two Parking Spaces
- CHAIN FREE
- End Of Terrace
- Cul-De-Sac Spot
- Westerley Garden
- EPC Rating: TBC

£315,000

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**NEW****Shawbridge, Harlow****£260,000**

- Three Bedrooms
- Two Receptions
- Extended Property
- Chain Free
- Terraced House
- Overlooking Green
- Close To Amenities
- EPC Rating: TBC

**NEW****Dunstalls, Harlow****£255,000**

- Two Double Bedrooms
- Two Reception Rooms
- Conservatory
- Popular Location
- Terraced Home
- Backs Onto Fields
- Lots Of Storage
- EPC Rating: TBC

**NEW****Peacocks, Harlow****£120,000**

- Studio
- Top Floor
- Own Balcony
- Chain Free
- Apartment
- Private Area
- Ideal Investment
- EPC Rating: E

**ALEXANDER MEWS, HARLOW**

- Two Bedrooms
- Gated Development
- Allocated Parking
- Chain Free
- Chalet Bungalow
- Lounge/Diner
- Popular Location
- EPC Rating: C

£299,995**FELMONGERS, HARLOW**

- Three Bedrooms
- Potential For Drive STP
- Two Receptions
- Chain Free
- Terraced Home
- Desirable Location
- Westerly Garden
- EPC Rating: TBC

£299,995**SADLERS MEAD, HARLOW**

- Three Bedrooms
- Driveway
- Lounge/Diner
- Popular Location
- Middle Terrace Home
- Southerly Garden
- Utility Room
- EPC Rating: C

£295,000**FESANTS CROFT, HARLOW**

- Three Bedrooms
- Two Receptions
- Modern Kitchen
- Immaculate Home
- Terraced House
- South Facing Garden
- Popular Location
- EPC Rating: C

£294,995**AYNSLEY GARDENS, CHURCH LANGLEY**

- Two Double Bedrooms
- Driveway
- Lounge/Diner
- Well Presented
- Semi Detached Home
- Popular Location
- Southerly Garden
- EPC Rating: TBC

£289,995**SPINNING WHEEL MEAD, HARLOW**

- Three Bedrooms
- Kitchen/Diner
- Conservatory
- Close To Amenities
- Terraced House
- Well Presented
- Cul-De-Sac Location
- EPC Rating: TBC

£284,995**BARN MEAD, HARLOW**

- Three Bedrooms
- Lounge/Diner
- Cloakroom/WC
- Guest Cul-De-Sac
- Middle Terrace
- Driveway
- Popular Location
- EPC Rating: D

£280,000**TICKENHAN DRIVE, CHURCH LANGLEY**

- Two Bedrooms
- Kitchen/Break Room
- Recent Bathroom
- Parking For Two
- Middle Terrace
- Cul-De-Sac Location
- Southerly Garden
- EPC Rating: C

£274,995**CROSSBILL WAY, NEWHALL**

- Two Bedrooms
- En-Suite Shower Room
- Open Plan Living
- Own Balcony
- Apartment
- Ground Floor
- Allocated Parking
- EPC Rating: B

£267,500**ABBOTSWELD, HARLOW**

- Two Bedrooms
- Lounge/Diner
- Front Extension
- Driveway To Front
- Terraced Home
- Westerly Garden
- Modern Kitchen
- EPC Rating: D

£260,000**SHARED OWNERSHIP****BOWHILL WAY, HARLOW**

- Three Bedrooms
- Kitchen/Diner
- Modern Home
- Cul-De-Sac Location
- End Of Terrace
- Immaculate Home
- Allocated Parking
- EPC Rating: B

£252,000**MARK HALL MOORS, HARLOW**

- Two Bedrooms
- Lounge/Diner
- Well Presented
- Popular Location
- Top Floor (2nd)
- Apartment
- Open Plan Living
- EPC Rating: E

£192,500

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References

All of our tenants are professionally referenced and credit scored via one of the country's biggest referencing companies.

Inventories

We offer a **FREE** professional inventory for all of our clients who choose to benefit from one of our managed services.

Contracts

Ensuring you have a fully comprehensive and legally binding contract. We can tailor make contracts to suit your individual requirements and we also make arrangements to bond and manage the deposit via our DPS account.

Compliance

Our experienced property managers will ensure that your tenancy is fully compliant and up-to-date with the latest legislations before any tenancy commences.

Property Management

Our dedicated property managers have over 25 years of combined experience in property management & will manage every aspect of the tenancy, giving you peace of mind and taking away all the worries that come with managing your own property. We arrange all maintenance with our long list of approved trades people, provide a convenient key holding service & have an emergency out of hours facility should tenants need assistance. In addition, we conduct regular property visits which ensures a personal report is sent directly to you, process rents, produce landlord statements as well as yearly rent reviews and contract renewals.

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For the clients who choose to benefit from one of our managed services we can offer a rent guarantee policy and we can even include this cost in our monthly management fees.

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Director



Ben Johnson
MNAEA
Director



Sonny Montalto
Sales
Manager



Jake Latch
Negotiator



Dean Wedge
Negotiator



Harriett Jackson
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Manager



Natasha Demetriou
Property
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Manager



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£249,000

SAWBRIDGEWORTH (Lawrence Moorings)

2 bedroom top floor apartment with views over the River Stort. 3 mins walk to train station serving London Liverpool Street. Living/dining room, kitchen, 2 bedrooms, bathroom, allocated parking. Vacant possession and no onward chain. Sole



£284,000

TAKELEY

2 double bedroom, double storey extended character cottage with a 150ft garden, parking to front, large living room, good size kitchen/diner, luxury en-suite and family bath/shower room, double glazed and character feature. Must be viewed. Sole agents.



£329,950

SAWBRIDGEWORTH (Rosina Court)

Huge ground floor apartment in excess of 1,000 sq ft with its own private rear garden. 1 min walk from train station serving London Liverpool St. Luxury kitchen/breakfast room, large living/dining room, 2 double bedrooms, 2 en-suites, allocated off-road parking. Offered with vacant possession and no onward chain.



£340,000

HARLOW (Carters Mead)

Extremely well presented 3 bedroom home with a large living/dining room, modern kitchen and bathroom, utility, large rear garden, driveway and parking. Owners found and ready to move. Sole agents.



£349,950

SAWBRIDGEWORTH (West Road)

Semi-detached 3 bedroom home within walking distance of village centre, train station and schools. 120ft rear garden. Scope to extend (stp). Vacant possession and no onward chain.



£395,000

OLD HARLOW (Mulberry Green)

Impressive 2 bedroom ground floor apartment set in this stunning 18th Century, Grade II listed conversion. Period features, sash windows, 9ft high ceilings, impressive kitchen/dining room, sitting room, modern shower room, outside veranda, carport. Close to village centre and station. Sole agents.



£425,000

SAWBRIDGEWORTH (Church Walk)

Renovated 3 bedroom detached home in a prime position of the village. 5 mins walk to the station and in the heart of the village. Extended by its current owner and scope for second storey extension (stp). Driveway and parking for 2 cars. Sole agents.



£435,000

HARLOW (Grey Goose Park)

Detached family home in need of some modernisation. Large living room, kitchen/dining room, ground floor bedroom/office with wet room, 3 first floor double bedrooms, large family bathroom, enclosed rear garden, driveway and parking. Sole agents.



£465,000

Sawbridgeworth (Sayesbury Road)

Spacious 4 bedroom Victorian home. Close to town centre and walking distance of train station. Spacious sitting/dining room, good size kitchen, conservatory, 100ft rear garden. Must be viewed. Sole agents.



£465,000

HATFIELD HEATH

Spacious 4 bedroom cottage with a large living room, separate dining room, kitchen, ground floor shower room, large first floor bathroom and off-street parking. Close to village centre. Sole agents.



£470,000

SAWBRIDGEWORTH (Parkway)

Beautifully presented 3 double bedroom family home with a large open plan living area with bi-folding doors onto garden, luxury kitchen and bathroom, west facing rear garden, garage and parking. Sole agents.



£550,000

BISHOPS STORTFORD (Thorley Lane)

Detached 4 double bedroom family home. Walking distance of sought after schools and town centre. Large living room, separate dining room, kitchen, utility, good size garage, driveway and enclosed rear garden. Must be viewed. Sole agents.



£620,000

SHEERING ROAD (Camplings)

Unique luxury property with many original period features throughout. Situated in mature grounds of this high quality development with 3 bedrooms, 2 bath/shower rooms, huge open plan living space and kitchen, 2 single garages. Offered with vacant possession and no onward chain.



£895,000

SAWBRIDGEWORTH

Spacious 4 bedroom detached luxuriously appointed brand new home on an exclusive development. Central location. Magnificent kitchen/dining room, walled garage, garage. 10 mins walk to station. Joint sole agents.



£975,000

GREAT HORMEAD

Extremely high quality barn conversion in a picturesque village location with many original features throughout. Large kitchen/family room, utility, living room, dining/family room, 4-6 bedrooms, driveway, double cartilage, 100ft south facing rear garden. Sole agents.



£595 pcm

SAWBRIDGEWORTH (Ladywell Prospect)

Ground floor studio apartment, within walking distance of Sawbridgeworth mainline station and other local amenities. The property has been fully furnished to a high standard and enjoys a recently refitted kitchen and bathroom and a good size living area, electric storage heating, gardens and allocated parking.



£750pcm

SAWBRIDGEWORTH (Ladywell Prospect)

Unfurnished one bedroom first floor maisonette just a short walk from station. Shower room, fitted kitchen, large double bedroom and good size lounge/diner. Double glazing throughout, gas fired central heating and parking. Available November.



£875 pcm

SAWBRIDGEWORTH (Lawrence Moorings)

Unfurnished, top floor two bedroom apartment overlooking the river Stort. The property comprises good size lounge, two bedrooms, bathroom and kitchen. Allocated parking. Short walk from Sawbridgeworth train station serving London Liverpool St, Cambridge and Stansted Airport. Available Now



£900pcm

OLD HARLOW (Market Street)

Well-presented, 2 bedroom, ground floor maisonette situated in an ideal location at the heart of Old Harlow within walking distance of Harlow Mill station. Open plan lounge/dining area, opening on to kitchen, 2 bedrooms and bathroom. Parking for cars in tandem. Available November.



£945pcm

STANSTED (Recreation Ground)

Delightful ground floor two bedroom maisonette in an extremely rare and sought after location in the centre of Stansted, only a short walk to mainline station and facilities. Large kitchen/breakfast room, sitting room, two bedrooms and bathroom. Allocated parking and garden to front.



£950pcm

BISHOPS STORTFORD (Braziers Quay)

Recently refurbished, unfurnished, top floor two bedroom apartment in a sought after location, just a short walk to the town centre and train station. Entrance hall, two bedrooms, bathroom, good size living room/dining room and fitted kitchen. Fine views to the rear over the River Stort.



£1050pcm

HIGH WYCH (High Wych Lane)

Two bedroom semi detached period cottage in sought after village location. This unfurnished property enjoys period features including exposed brickwork, beams and timbers. Good size kitchen/dining area, lounge, 2 bedrooms and family bathroom. Driveway parking for one car and enclosed garden. Available now



£1150pcm

STANSTED (Manor Road)

Three bedroom, semi detached family home located within walking distance of mainline station. Newly redecorated throughout. Bright living room, good size kitchen/dining area, downstairs WC, three bedrooms and family bathroom. Rear garden and tandem parking for 2 cars. Available now.



£1195pcm

EASTWICK (Eastwick Hall Lane)

3 bedroom semi-detached Victorian cottage set in a rarely available rural location. Two adjoining reception rooms, kitchen, ground floor shower room, three bedrooms, bathroom and separate wc. Brick built out buildings for storage, fine countryside views and ample parking. Available now.



£2950pcm

LITTLE LAVER (Nr. Matching Green)

5 bedroom barn conversion providing spacious accommodation. Situated in the village of Little Laver in a mixed development of barns, a short drive from Matching Green. Exposed beams and timbers, enjoying a magnificent open plan kitchen and dining area. Available now.

TEST DRIVE

VOLVO XC60 AWD

AT A GLANCE

- Model: Volvo XC60 PowerPlus AWD R-Design Pro
- Price: £49,835
- Mechanical: 235bhp, 1,963cc, 4cyl turbodiesel engine driving all four wheels via 8-speed automatic gearbox
- Max speed: 137mph
- 0 to 60mph: 6.8 seconds
- Combined mpg: 47.1
- Insurance group: 31E
- CO2 emissions: 158g/km
- BIK rating: 36%
- Warranty: 3yrs/60,000



MOVING UP MARKET

BY **DAVID WARD**

KEEPING up with the Joneses was a famous saying a few decades back and referred to a family household trying to compete with whatever car their next-door neighbours had parked in the driveway because they didn't want to be seen to be socially and culturally left behind.

Volvo are very much in that kind of mould having in recent times moved their model range more up-market in a bid not to be outdone in the premium car sector by the likes of BMW, Audi and Mercedes-Benz.

It's proved a highly successful move because the Swedish car maker now has a model range that more than matches its trio of German rivals with the proof being record sales here and on the continent.

Having been taken over by the Chinese car maker Geely eight years ago the Swedes have been able to maintain their renowned quality and ultra safety standards but back with finances from their new bosses to develop new cars in the upper premium sector.

Prime example is the latest XC60 Sports Utility Vehicle which is a stylish looking, luxury kitted out car with all the latest high tech mod cons on board and in effect a junior version of their bigger XC90 SUV.

This five-seater premium car certainly matches and in some areas betters its nearest rivals like the BMW X3, Audi Q5 and our own Jaguar F-Pace which again shows how far Volvo has progressed while naturally the XC60 inherits some of the engineering and mechanical

hardware of its bigger sister, such as the platform.

Volvo may have slightly increased the prices on these latest models, which start at £37,770 for the entry-level Momentum diesel model through to £59,700 for the range topping hybrid powered version, but all have enhanced standard equipment.

Tested here is the D5 two-litre 235bhp turbocharged diesel powered all-wheel-drive R-Design Pro coming in at £49,838 and judging it after some 700-plus miles of what can best be described as effortless and rewarding driving the price tag is well worth it.

For starters its extremely comfortable with an outstanding ride – even with five adults on board – and for

the driver the controls, dials and the like as all so conveniently positioned while the eight-speed automatic gearbox is best in class in my book with such a smooth, quick and quiet up and down gearshift, either manually or left in automatic mode.

Like all XC60 models AWD is standard and there's a choice of driving modes such as comfort, eco, sport and the like but this car is not about sporty driving more about enjoying a relaxed progressive drive but with quick acceleration when needed.

Officially acceleration from 0 to 60mph is 6.8 seconds and has a claimed top speed of 137mph but the two driving benefits are quite simple with first excellent mid range overtaking speed when required and

a composed, comfortable ride whatever the road surface.

Some motorists believe driving a large SUV like the XC60 will prove expensive in fuel consumption but that's not the case because on test it proved even more economical than the official combined figure of 47.1mpg coming in at a commendable 50.4mpg even with driving through some heavy stop/start city traffic on more than one occasion.

What makes this car's ride so relaxing is the combination of its suspension system – front double wishbone for extra stability while the rear integral-link set-up with transverse leaf springs helping to cope with the overall weight.

Sitting on 21-inch alloy wheels certainly helps too and with such a

light steering for such a big car it's so easy to drive it has no vices when it comes to driving all day so effortlessly.

The all-leather seats give excellent lumbar support and there's ample head, knee and leg room in both the front and rear seats.

With a variety of diesel engines on offer and basically three different trim levels, starting with Momentum, then R-Design and finally Inscription but with extra models of the same names and with more extras on board as standard.

As a driver the dashboard and 'front desk' as it were are well kitted out with on the R-Design a 12.3-inch infotainment touch screen that includes a voice-activated navigation control system, all the connectivity one would expect plus all round parking sensors and camera, powered operated tailgate, lane steering assistance should the drive stray off line.

With all the usual high levels of Volvo safety equipment on board the XC60 has important city safety and steering support that includes pedestrian, cyclist and large animal detection, front collision warning with automatic braking and steering assistance.

Boot space is a decent enough at 505 litres, perhaps not the biggest in class but still adequate and the rear seats easily fold down to provide more while there are plenty of interior storage spaces too.

Overall this new XC60 is much improved but in a subtle way and it's the most comfortable and relaxing to drive compared to its rivals and is typically Swedish – 'safe as houses' as the saying goes.



TEST DRIVE

Aston Martin DB11 Volante

CAR FOR ALL SEASONS



BY IAN DONALDSON

LET'S imagine a less than ideal environment to try a gorgeous drop-top Aston Martin; lashing rain and roads of wheel scraping narrowness surely fit the bill.

Probably more realistic, though, than the sun drenched coastline of the French Riviera the marketing people would rather you concentrate on. Welcome to a chilly, damp Britain.

Where the lucky UK-based few who can do more than lust after one of the prettiest cars on sale (for a minimum of £159,900) are likely to spend more time than on their yacht in the Med.

So they will be reassured to learn that Aston Martin's new DB11 Volante copes perfectly well with a typically brisk day in the English Midlands where the cars are turned out with bespoke thoroughness.

The eight layered hood vanishes in 14 seconds (and reappears in 16) and can be deployed on the move at up to 31mph, for a bit of street theatre if you go topless in town.

Obvious fine attention to sealing out draughts mean the interior remains almost tin-top hushed at speed although finding somewhere for the roof to live when in open top mode means an already modest boot then shrinks to overnight bag status.

Which is where the vestigial rear seats will come in handy, fulfilling the same luggage overspill role that makes Porsche 911 owners bless their car's practicality. A couple of wide eyed nippers will fit for the drive of a lifetime too.

The view out of the Volante's

windscreen is the same as you'll enjoy in the fixed roof (and £15,000 cheaper) DB11 but rearwards it's a different matter as you snatch views of cars behind through a tiny rear window.

Better perhaps to turn van man and use the big door mirrors with the visual bonus of those sensually curved rear quarters in every glance.

When the rain subsides and the road widens you can then enjoy the headline grabbing part of any Aston Martin, in this case provided by a lusty twin turbo 503 horsepower 4.0 litre V8 sourced from the AMG

performance arm of Mercedes-Benz, which now owns a small part of the UK company.

Bare performance figures (0-62mph in 4.1 seconds and a 187mph top speed) are for bragging rights only for any half-sensible on-road drive but there's compensation in spades from any speed when you press the throttle and put the eight speed auto gearbox through its paces.

The result is a barely muted explosion from beneath the bonnet that stays just the right side of well mannered while adding a frisson of

excitement even as you accelerate out of a 30mph limit. Lovely.

Not too bad either, considering the potency of this machine, is an official economy figure of 28.3mpg with CO2 emissions of 230g/km.

Making this alloy built car a little lighter and stiffer in body than its predecessor has produced a car that clings like a well bred limpet on corners yet maintains a composed ride even as the going get rougher.

It's always sports car firm, as it ought to be, but there's an underlying composure that makes the prospect of 300 miles to dinner sound

enticing, not a bottom numbing exercise.

Those miles will be enjoyed in an interior that's swathed in leather but lacks the ultimate panache of something like a Bentley Continental.

Still, the essentials are all there and well presented, from crystal clear instruments (you couldn't always say that about an Aston Martin) and a sat nav that's of this century (ditto) and controls that are as good looking as they are clearly marked.

It's the sort of attention to detail you'll enjoy whether the sun is shining or the heavens have opened.



TEST DRIVE

Citroen C4 Cactus Flair PureTech 110

QUIETLY CONFIDENT

BY **PETER KEENAN**

WHEN Citroen launched the C4 Cactus in 2014, the design was as spiky as the plant it was named after.

Huge airbumps to protect the side doors were the most obvious example of a compact crossover determined to make a big impression.

The latest version, introduced earlier this year, is less in your face but is a much more confident and assured individual as a result.

Yes there are still bump panels lurking on the bottom of the doors - but they are much smaller so no longer dominate a modern look that is pleasing on the eye.

Citroen gives the latest Cactus a streamlined design which sees the ditching of roof rails and a new face featuring headlights that remind me of Marvel's superhero Iron Man.

The tailgate is replaced and there are more new lights which provide able support to the rest of the model's move towards respectability.

That doesn't mean it is in any way



staid or stuffy as there's a joie de vivre about the whole look that Citroen does so well.

The French motor manufacturer's traditional expertise when it comes to the ride is also demonstrated via a neat hi-tech suspension that smooths out the many humps and hollows

littering our highways these days.

This makes it a comfortable cruiser when it comes to long trips on a motorway - aided and abetted by a decent level of refinement as most exterior noise is banished from the cabin - but it still offers enough grip to make country lanes anything but a

chore although there is a touch of body roll when corners are taken at pace.

The driving position is low for an SUV so you don't get the impression of height normally the preserve of these motors but thanks to the supportive seats and informative steering you do feel connected to the car in a way you sometimes don't when perched up in the air.

The cockpit is well designed with everything logically located and easy to use while the oblong digital readout ahead of the driver is a delight.

The PureTech 110 three-pot petrol engine is a willing beast completing the sprint to 62mph from a standing start in just over nine seconds on its way to a top speed of 122mph.

It is frugal when it comes to fuel consumption with a claimed average figure just north of 55mpg coming in at around the high 40s mark in the real world with carbon dioxide emissions of 117g/km. Two other three-cylinder petrol and a 1.6-litre diesel are also offered in a small but select range.

The interior is surprisingly plush

with a premium feel at odds with the relatively inexpensive price-tag of just under £20,000.

The air vents on the centre console catch the eye while you can't fail to notice the natty handles when you go to close the doors.

The car's many treats are accessed through a seven-inch touchscreen with the Flair model getting an efficient sat nav system as well as a digital radio and MP3 player plus smartphone connectivity.

The dual-zone air conditioning ensures a pleasant atmosphere in the cabin while leg and headroom are adequate for all occupants.

Luggage room is reasonably plentiful at 358 litres with the rear seats in place expanding to 1,170 litres when you fold them flat. There are also plenty of cubby holes including a clever top-hinged glovebox to accommodate the various nik-naks that accumulate with family motoring.

It all adds up to an assured package that isn't perhaps as individual as the original Cactus, but overall benefits from the subtle changes Citroen has made.

23rd - 26th November

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Bristol Street Motors

This Week's Outstanding Deals

Year	Description	Colour	Was	Now	Save
CARS UP TO £4999					
09/09	Ford Focus Hatchback 2.0 Titanium Auto 5dr	Silver	£5499	£4999	£500
CARS £5000 TO £5999					
13/63	Vauxhall Agila Hatchback 1.2 VVT SE Auto 5dr	Brown	£5999	£5499	£500
14/14	Vauxhall Zafira Estate 1.8i [120] Exclusiv 5dr	Silver	£5999	£5499	£500
15/15	Vauxhall Corsa 1.4 Ecoflex Excite 3dr	Grey	£6399	£5899	£500
CARS £6000 AND ABOVE					
15/15	Vauxhall Corsa 1.0T ecoFLEX Limited Edition 3dr	White	£6999	£6499	£500
16/16	Vauxhall Viva Hatchback 1.0 SE 5dr	Blue	£6999	£6499	£500
16/16	Vauxhall Corsa Special Edition 1.4 ecoFLEX Energy 3dr	Black	£6999	£6499	£500
17/17	Vauxhall Viva Hatchback 1.0 SE 5dr	Black	£7299	£6799	£500
15/15	Ford Fiesta Hatchback 1.25 82 Zetec 3dr	Red	£7299	£6799	£500
17/67	Vauxhall Viva Hatchback 1.0 SE 5dr	Black	£7499	£6999	£500
16/16	Citroen C1 Hatchback 1.2 PureTech Flair 3dr	Blue	£7499	£6999	£500
16/16	Vauxhall Corsa Special Edition 1.4 [75] ecoFLEX Energy 3dr	Black	£7599	£7099	£500
15/15	Vauxhall Meriva 1.4T 16V Exclusiv Auto Estate 5dr	Grey	£7599	£7099	£500
16/66	Vauxhall Corsa 1.4 Limited Edition Hatchback 3dr	Black	£7999	£7499	£500
15/15	Vauxhall Corsa Special Edition 1.4 Limited Edition 3dr	White	£8099	£7599	£500
09/59	Ford Kuga Diesel Estate 2.0 TDCi Zetec 5dr	White	£8499	£7999	£500



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11 (11)	Kia Venga 1.4 Diesel 5dr, Red, 58,000 Miles, Air Con, C/Locking, E/Windows, 12 Months Warranty.....	£4,995
13 (13)	Kia Ceed 1.4 Diesel 5dr, Silver, 37,000 Miles, Air Con, E/Windows, R/C/Locking, Under Kia Warranty Until 05/2020.....	£6,395
12 (62)	Hyundai ix120 1.4 5dr, Silver, 43,000 Miles, Panoramic Sunroof, Air Con, E/Windows, R/C/Locking, 12 Months Warranty.....	£6,495
15 (65)	Kia Picanto Petrol 1.0 '11' 5dr, White, 6,000 Miles, Under Kia Warranty Until 29/11/2022 Low Insurance Group.....	£6,795
13 (63)	Kia Rio 1.25 Petrol '2' 5dr, Silver, 27,000 Miles, Air Con, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 18/08/2020.....	£6,795
14 (14)	Vauxhall Astra 1.6 Petrol SE 5dr, White, 53,000 Miles, Air Con, C/Locking, E/Windows, 12 Months Warranty.....	£6,995
15 (65)	Kia Picanto 1.0 SR7 5dr, White, 21,000 Miles, Bluetooth, Air Con, C/Locking, E/Windows, Under Kia Warranty Until 28/09/2022.....	£6,999
15 (65)	Hyundai i10 Premium 1.0 Petrol 5dr, 3,000 Miles, Air Con, C/Locking, E/Windows, Under Hyundai Warranty Until 03/04/2020.....	£7,295
17 (17)	Kia Picanto 1.0 SE 5dr, Black, 21,000 Miles, Bluetooth, Air Con, C/Locking, E/Windows, Under Kia Warranty Until 01/03/2024.....	£7,995
15 (15)	Kia Venga 1.4 Petrol '11' 5dr, Silver, 23,000 Miles, Air Con, C/Locking, E/Windows, Under Kia Warranty Until 22/07/2022.....	£8,495
14 (14)	VW Passat 2.0 Diesel Estate Executive Style, White, 59,000 Miles, Leather, Alloys, Climate Control, Air Con, Sat Nav, DAB Radio, 12 Months Parts & Labour Warranty.....	£9,195
15 (15)	Kia Venga 1.6 '2' Auto Petrol 5dr, White, 10,000 Miles, Air Con, Rear Parking Sensors, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 01/03/2022.....	£10,395
15 (65)	Kia Venga '3' 1.6 5dr, White, 13,000 Miles, Sat Nav/Camera, Half Leather, Heated Seats, Alloys, Bluetooth, Rear Sensors, Under Kia Warranty Until 09/2022.....	£10,495
17 (66)	Ford C Max 1.0 Turbo Zetec 5dr, Met Grey, 18,000 Miles, Air Con, Rear Parking Sensors, Bluetooth, Alloys, R/C/Locking, E/Windows, 12 Months Warranty.....	£11,799
18 (18)	Kia Picanto 1.25 'XLINE' 5dr, White, 3,000 Miles, Sat Nav & Reversing Camera, Air Con, Electric Sunroof, Rear Parking Sensors, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 26/06/2025.....	£11,999
15 (65)	Kia Venga 1.6 '3' Auto Petrol, Met Blue, 15,000 Miles, Sat Nav & Reversing Camera, Air Con, Rear Parking Sensors, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 01/09/2022.....	£12,395
16 (66)	Honda Jazz 1.3 EX Petrol 5dr, Silver, 14,000 Miles, Air Con, C/Locking, E/Windows, Alloys.....	£12,495
15 (65)	Kia Venga 1.6 '4' Auto Petrol 5dr, Met Grey, 5,000 Miles, Sat Nav & Reversing Camera, Air Con, Panoramic Roof, Rear Parking Sensors, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 01/09/2022.....	£12,995
15 (15)	Kia Sportage 1.7 Diesel '2', White, 28,000 Miles, Air Con, Panoramic Roof, Rear Parking Sensors, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 15/05/2022.....	£13,699
15 (15)	Kia Sportage 1.7 Diesel '2', White, 18,000 Miles, Air Con, Panoramic Roof, Rear Parking Sensors, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 30/07/2022.....	£13,795
14 (64)	Kia Sportage 1.6 Petrol '2', Silver, Only 12,000 Miles, Panoramic Roof, Half Leather, Bluetooth, Alloys, Climate Control, Cruise Control, Under Kia Warranty Until 17/11/2021.....	£13,995
14 (64)	Ford Kuga 2.0 Diesel Auto Titanium X 4x4, Black, 26,000 Miles, Alloys, Panoramic Roof, Leather, Sat Nav, Rear Camera, 12 Months Warranty.....	£14,495
14 (64)	Ford Kuga 'Titanium X' 2.0 Diesel Auto 4x4, Black, 27,000 Miles, Panoramic Roof, Sat Nav/Camera, Electric Heated Leather Seats, Alloys, Electric Tailgate, 12 Months Warranty.....	£14,495

17 (17)	Kia Ceed 'GT' 1.6T, Met Black, 20,000 Miles, Sat Nav/Camera, Leather, Special Alloys, Rear Spoiler, Climate Control, Air Con, Cruise Control, Bluetooth, Under Kia Warranty Until 05/2024.....	£14,999
18 (18)	Kia Ceed 1.6 Petrol '2' 5dr, Met Grey, 4,000 Miles, Sat Nav & Reversing Camera, Air Con, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 01/03/2025.....	£14,999
17 (17)	Kia Carens '2' 1.7 Diesel 7-Seater MPV 6-Speed, Black, Only 8,000 Miles, Air Con, E/Windows, Alloys, Bluetooth, Rear Sensors, Under Kia Warranty Until 03/2024.....	£15,200
15 (15)	Kia Sportage 'XK-3' 2.0 Diesel Auto, White, 30,000 Miles, Panoramic Roof, Reversing Camera/Sensors, Electric Heated Leather Seats, Alloys, Bluetooth, Cruise Control, Under Kia Warranty Until 04/2022.....	£15,495
18 (68)	Kia Pro-Ceed 1.6 'GT LINE' 5dr, White, 1,000 Miles, Sat Nav & Reversing Camera, Air Con, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 30/09/2025.....	£17,460
18 (18)	Kia Ceed (New Shape) 1.4 Blue Edition 5dr, Sat Nav & Reversing Camera, Air Con, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 24/07/2025.....	£17,750
16 (66)	Kia Sportage 2.0 Diesel 'GT-LINE' 6-Speed Man, Met Red, 20,000 Miles, Sat Nav & Reversing Camera, Air Con, Bluetooth, Alloys, R/C/Locking, Ice Cube Fog Lamps, E/Windows, Under Kia Warranty Until 17/11/2023.....	£17,999
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17 (67)	Kia Sportage 1.6 Petrol '2', Planet Blue, Only 11,000 Miles, Sat Nav, Reversing Camera & Sensors, Bluetooth, Alloys, Climate Control, Cruise Control, Under Kia Warranty Until 18/09/2024.....	£18,395
17 (67)	Mercedes B200 Sport 2.2 Diesel Auto 5dr, Black, 3,000 Miles, Sat Nav, Bluetooth, Alloys, R/C/Locking, E/Windows.....	£18,995
18 (18)	Kia Niro HYBRID 1.6 Petrol Auto '3' 5dr, Met Graphite, Sat Nav & Reversing Camera, Air Con, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 23/07/2025.....	£21,475
18 (18)	Kia Sportage (New Shape) 1.6 Petrol Special Edition '25', Met Red, Sat Nav & 360 Camera, Air Con, Bluetooth, Alloys, R/C/Locking, E/Windows, Under Kia Warranty Until 25/07/2025.....	£21,750
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17 (67)	Kia Ceed S/W (Estate) 1.6 Diesel '2' 5dr, Met Silver, 11,000 Miles, Sat Nav & Reversing Camera, Air Con, Bluetooth, Alloys, R/C/Locking, E/Windows.....	£13,695
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Saturday 1st December to
5th December, and Saturday
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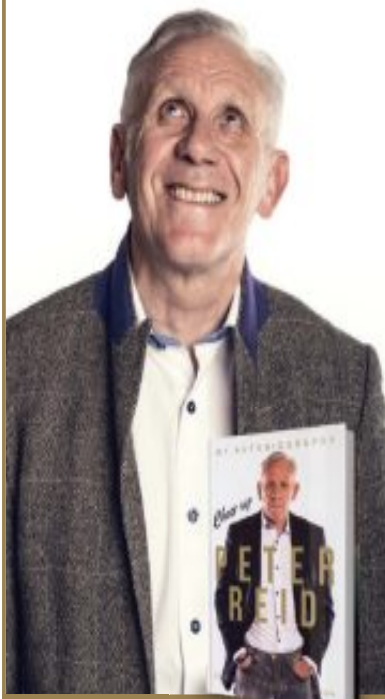
Temple Farm, Roydon
(close to Roydon Train Station).

Call-01279 792460

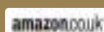
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In bed with Maradona and being Boris Johnson's worst nightmare

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General

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01992-785000
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Crown House
24-25 Turners Hill
Cheshunt
Herts
EN8 8NJ

PROPERTY MANAGER

Are you an enthusiastic, hardworking individual, looking for a career in property management? Do you enjoy working with the public, can you meet the needs of our clients, and do you thrive under pressure in a busy environment? Do you have a clean full driving licence? Then a position in our property management department could be just the job for you.

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01992-785000
or send your CV to:
Kings Lettings LLP,
Crown House,
24-25 Turners Hill,
Cheshunt, Herts EN8 8NJ.

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Role to include arranging viewings, calling applicants, negotiating offers, providing feedback to clients and providing a high level of customer service at all times. Experience is not essential as full training will be given. After an initial trial period, you will receive an annual basic salary of up to £15,000 depending on experience, plus commission, incentives and a company vehicle or car allowance, so a full driving licence is essential. By meeting sales targets you can expect to earn up to £30,000.

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Advert comprising of no more than 20 words.
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All adverts booked over the phone are chargeable.

Classified

Articles For Sale

WANTED FURNITURE WANTED



from one item to a whole house
I will collect and pay cash
For a fast and friendly service
£1 - £1000
Please call Robert on
Tel: 07725040930

Chesterfield sofas wanted



We collect and pay cash for Chesterfield sofas, chairs and footstools

Please call Bob on
07725040930

LAUREL BUSHES

SUPERB QUALITY,
POT GROWN IN HOLLAND.

3ft/4ft.

NOW IS THE TIME TO PLANT FOR
A FAST GROWING EVERGREEN
HEDGE.

(Same price as last year!
£6.50 each)

CM11 1QN AREA

ONLY

£6.50

Tel: 01268 711002
or 07542880771

HANDCRAFTED CHRISTMAS QUILTS, PILLOWS & CUSHIONS

Buyer to collect.

For more information, please call.

Small cushions - £5.

Pillows -

£10

07741180357

Doors Oak veneer internal doors, unused and good quality. All 1981x762mm. Three, solid 6 panel oak, one oak with 10 glass panels and one oak with three glass panels. Under half price each or good deal for the four. £40.00 ono 01277221635 or 07981 969102

Cabinet. Nice wooden cabinet. With glass doors at top. Good quality. Exotic "Amazique" hardwood with nice grain. Craftsman made. Nice for display. Very good condition. Could deliver. £60 ono 01462639410 or 07833 626029

Compound Saw Hitachi C10FCA cutting disc diameter 255mm motor 1640 Watts 5000rpm. Bevel mitre saw on full height stand with castors. Collection from Great Baddow, Chelmsford. £70.00 07754 972942 or 01245476144

Dimplex Convector Heaters x 2 1.5 kw output. Choice of heat settings. Frost Protection. Electronic timers. Floor standing or wall mountable. Boxed and unused. £40 for the pair. £40.00 ono 01245 323578 or 07775 908811

Doors Internal doors, one pine with two decorative glass panels. Both 1981x762 mm. One primed white wood with four glass panels. Unused, good quality. £30 and £20 or deal for both. £30.00 ono 01277221635 or 07981 969102

Electric Woodburner Fire. Woodburner Stove. Dimplex 2kw electric heater with burning flame effect. Very attractive. Almost new and still with box. £35 01462639410 or 07833626029

Large 3 seater cream fabric sofa A large 3/4 seater cream fabric sofa. Good condition. Very comfortable. Length 210 cms and width 90 cms. Bargain price £60/- £60.00 07834249951

sewing machine singer futura computer model does everything all accessories & attachments walking foot instruction book & carrying case new condition £99.00 01268 769809

Single divan bed single divan bed with 2 drawers. Memory foam mattress and faux brown leather headboard included. With glass doors at top. Good quality. Exotic "Amazique" hardwood with nice grain. Craftsman made. Nice for display. Very good condition. Could deliver. £60 ono 01462639410 or 07833 626029

CAST IRON Bar-B-Q Three legged bowl, with grate & grille, all in cast-iron. Dimensions about 12" Dia. and 12" tall. BRENTWOOD. £15 01277 223377

Lintels Catnic 1500 IG catnic lintels x2. New and unused. Heavy duty, quality steel. £40.00 each or deal for both. £40.00 ono 01277221635 or 07981 969102

Lounge furniture Black glass tv stand with 1 shelf and tall black dvd tower. Sell together or separately. Very good condition. Quick sale required £20 07857639930

Sofa & Armchair. Nice leather three seater sofa and reclining armchair. Cream colour. Good clean condition. Bargain price. Could deliver. £95 01462639410 or 07833 626029

Sofa. Three seater sofa. Nice material. With removable cushion and arm covers. Clean and comfortable. Could deliver. £30 01462639410 or 07833626029

Lawnmower. Qualcast push mower. Lightweight. Hardly been used so good condition. £25 01462639410 or 07833 626029

sewing machine Viking Husqvarna fully automatic with all accessories instruction manual carrying case new must be seen £99.00 01268 769809

CARAVAN OR BOAT POWER CABLE 24m (Orange with blue Plug & Socket on ends) BRENTWOOD. £30 01277 223377

Flame Effect Electric Fire with 2 bars. Good working order. Dimplex. £20.00 ono 07783869654

ladder aluminum ladder extends to 12 feet good condition. Harlow £20 01279 443905

Snooker Table Riley 6ft x 3ft with legs or use as table top. balls & cues. Good condition. £30 01245 250511

Singer Treadle Sewing Machine chance to own a unique piece of history. Black frame with iconic Singer logo badge you will not be disappointed with this bit of furniture. £90.00 ono 07754 972942 or 01245476144

HONEYCOMB DISH & COVER Ironside Earthenware. 8 inch high, 10 inch diameter. Wicker Bee-skep & floral design. BRENTWOOD £60 01277 223377

COAL or COKE DRUM Brass effect circular drum. D x H = 12 x 17 inches. Contains a Galv. Inner. Circular Lid. BRENTWOOD £15 01277 223377

ARTCARE Artcare portfolio A2 size (black leather) with a Blundell Harling A2 Traveline drawing board as new £25 01462812582 or 07960470514

CARAVAN OR BOAT POWER CABLE 10m Long. (Orange with blue Plug & Socket on ends) BRENTWOOD. £15 01277 223377

CHEESE-DISH & COVER Domed earthenware. 8 inch high, 10 inch diameter. Flowers and wickerwork design. BRENTWOOD. £60 01277 223377

Gold leaf imitation 100 sheets imitation gold leaf 140 x 140 mm £4.00 07754527460

Articles Wanted

WANTED FOOTBALL ITEMS
TOP CASH PRICES PAID FOR PRE 1980S MEMORABILIA PROGRAMMES, TICKETS, PRESS PHOTO'S

PIN BADGES, PANINI ALBUMS- ANY CLUBS, COMPETITIONS.

ESPECIALLY BULK LOTS OF ENTIRE COLLECTIONS.

ANY CLUBS FROM PREMIER TO NON LEAGUE

NO BOOKS, VIDEO'S, DVD OR SIGNED ITEMS

Tel: 07930 330485

WANTED OLD CAMERAS
Best prices paid for your old photographic equipment.

35mm or Digital Camera, lens Canon, Pentax, Nikon, Olympus, Bronica, Tamron, Minolta, or any other photographic equipment you might think of interest.

Bellows Cameras Perhaps???

pturnerphotographics@gmail.com

Tel: 07929 340709

WANTED BICYCLES AND SPARES

Any condition and anything pre 1980 will be considered.

Town bikes, Tandems, Shoppers. Choppers, Racers, Tricycles etc. Adults and children. Also job lot of spares bought. Anything older than 1980. ## no mountain bikes please ## Local man will collect and pay cash.

07972 630090

WANTED Brians music world
ANY RECORD COLLECTIONS (LPS, SINGLES. Eps. 78s.) ANY HIFI SYSTEMS

(RECORD PLAYERS, SEPARATES) WE WILL COME TO YOU HAVE A LOOK. MAKE A OFFER. NO CHERRY PICKING. FOR A FRIENDLY SERVICE CALL SUE OR BRIAN. (SUE: 07943056917) (BRIAN: 07534124056)

01245690062

WANTED MODEL STEAM ENGINES

and petrol engines, Vintage toys and model workshops cleared.

Cash paid.

01787 377628 or 07811484124

FOOTBALL PROGRAMMES WANTED

Local collector seeks especially pre-1970 Items, Finals, European, England, Spurs, Arsenal, West Ham, Chelsea etc and Whole Collections.

01245 358660

FOOTBALL PROGRAMMES WANTED

Local collector seeks especially pre-1970 Items, Finals, European, England, Spurs, Arsenal, West Ham, Chelsea etc and Whole Collections.

01245 358660

RECORDS WANTED
50's, 60's, 70's ROCK, PUNK, REGGAE, INDIE LP'S, EP'S AND 45's

01279 813400

07881 453435

Beds/Bedroom

Bed Frame and Headboard
Light oak double bed frame with headboard. Excellent condition, solidly built. Can be dismantled for collection. Reduced to clear.

W4m x L203 cms. Hornchurch area. £50 01708 700467

Beds/Cabinets 2 light oak 3 drawer Beds/Cabinets. Excellent condition, solidly built with smooth drawers on runners.

W52 x D49 x H70 cms. £30 each. Hornchurch area. £60 01708 700467

FUTON COVER IKEA denim replacement cover. Pillow/cushion covers unused, still wrapped. To fit Size 62" x 82" plus overlaps. £25 ono 01277 652018

John Lewis Bedhead For kidsize in pale cream. Wood with removable panels so you can put your own fabric in if required. Cream at the moment £25 01277 642103

Bathrooms

Bathroom/Cloakroom Suites. Retro style. Two matching suites each including a toilet, cistern, basin and pedestal with floral design. Excellent condition. £80 for pair or each £50 01621 893321 or 0787842073

electric shower Made by Triton T80 Pro-fit 8.5kw model sp8008bp brand new and still in box £100 07788190709 or 01245440306

BATH Board with handle in excellent condition £13 01702 231002

Bicycles

Trailer bike. Trek child's tow-a-bike. For attaching behind adults bike to enable child to be towed along. With operating pedals. Good quality make and excellent condition. £40 01462 639410 or 07833 626029

Mountain Bike suitable for both men/women, shimanogears, new saddle, bottle holder, simple bike but in good working order for day to day use £35 ono 01245466217

CARAVAN OR BOAT POWER CABLE 25m (Orange with blue Plug & Socket on ends) BRENTWOOD. £25 01277 223377

Man's bicycle Halfords Apollo Prodigy 21. Brand new tyres. Shock wave suspension. Works well £40 01277821149

MOUNTAIN BIKES £2 need attention good wheels and tyres one with disc brakes £25.00 01245n602434

Blinds/Curtains

6 VENETIAN WHITE BLINDS
120cm wide x 152cm drop As new, boxed.

Will separate or all for: £50

4 net curtains to fit windows; 8ft wide x 4ft drop As new £40

4 vertical cream blinds All fittings including rails Each at: £25

01621772711

Damask Quality Lounge

Curtains 2 pairs Quality Turquoise, Silky, Lined, Lounge Curtains & Ties. Drop 82", to fit 2 polished wooden poles and rings length 7ft 8" ft over £500 new £79 ono 01245 381020 or 07932 057205

JOHN LEWIS CURTAINS 2 pairs matching Sanderson Dandelion Clock pattern each curtain 66" wide x 84" long fully lined with eyelet headings, hardly used. Ideal doors. Will separate £50 per pair or both pairs £85 01277 652018

CURTAINS beautiful grey curtains with large pale pink motif, triple pleat heading, size 120 inches wide x 55 inches long. Professionally made and fully lined. As new £40 ono 01277 652018 or 07875 254833

CURTAINS 88" wide x 72" long lined. Cream with art deco style pattern, large plum and coffee coloured tulip print, very attractive, eyelet heading, as new. £40 01277 652018

ROMAN BLIND with matching solid pelmet. Pale blue with boating scene. 53" wide (135cms) x 47" drop (120 cms). Professionally made and fully lined, vgc £30 01277 652018

Sheridan Curtains Brand new unopened pencil pleat 180cm wide 137cm drop with tie backs. Fincotton lined, washable. Originally £119 £35 01277 824103

NEXT CURTAINS each curtain 90" wide x 90" drop cream/red stripe, fully lined, eyelet headings. Very good condition. £40 01277 652018

Binoculars

BRESSER Bresser 10x50 binoculars with nylon bag and carrying strap and belt loop £10 01462812582 or 07960470514

Classified

Collectors Items

CAMEO COLLECTABLES
CLASSIC DRINKS COLLECTOR
A set of 10 metal vintage vans and lorries with the liveries of famous drink brands such as Malibu, Smirnoff, J&B, Long, Gin, Drambuie etc. Made in diecast metal by Mattel in the UK. In as new condition in special presentation box. Can deliver. E15 01438318734 or 07988559201

VINYL RECORDS All records and their sleeves in very good condition ELTON JOHN "Greatest Hits" 1974 SIMON & GARFINKEL "Greatest Hits" CBS69003 1972 DUSTY SPRINGFIELD "It Begins Again" 9109607 1978 CAT STEVENS "Greatest Hits" with poster calendar LPS9310 .1975 E15 01462812582 or 07960470514

VINYL RECORDS All sleeves and records in very good condition STEVE NUNO DER "Upright everything's alright" SPR90003 1973 MICHOW GOLD "18 Greatest Hits" STML12003 1975 THE MICHAEL JACKSON MIX 40 Hits DOUBLE ALBUM "SMR745 1980 JIMMY RUFFIN "Greatest Hits" STML1259 1974 E15 01462812582 or 07960470514

CORGI MODELS BEDFORD COACH SET A set of 2 coaches to commemorate the history of coach registration number 787 built in the UK in 1957 and was rescued and restored in the Netherlands in 1987. Made in diecast metal. In as new condition and boxed. Can deliver. E20 01438318734 or 07988559201

LEDO "90 GLORIOUS YEARS" MODEL LIMOUSINE TO MARK THE 90TH BIRTHDAY OF THE QUEEN ELIZABETH THE QUEEN MOTHER ON 4TH AUGUST 1990. This was made in the UK in die-cast metal by Lledo. In as new condition and boxed. E4 01438318734 or 07988559201

CORGI CLASSICS MODEL AEC PUMPER FIRE ENGINE Hertfordshire Fire Service collectors. This is a limited edition model number 5209 of only 6100 produced. Made in diecast metal. In as new condition and boxed. Can deliver. E15 01438318734 or 07988559201

CORGI MODEL PICKFORDS SCAMMELL CONSTRUCTOR WRACKER TRUCK. This is a limited edition model 1496 of only 1000 produced. Diecast metal 1:50 scale. In as new condition and boxed. Can deliver. E40 01438318734 or 07988559201

CORGI "WEETABIX" COLLECTION, SPECIAL EDITION LORRY DOUBLE DECKER BUS AND ASTON MARTIN CAR. Made in die-cast metal. In as new condition and boxed. Can deliver. E15 01438318734 or 07988559201

COLLECTION OF CORGI CARS, BUSES AND TRUCKS This is a collection of about 70 models that includes many limited editions. Please contact for a list and prices. E0 01438318734 or 07988559201

HIP FLASK WITH OFFICIAL DC COMICS BATMAN LOGO 6 Fl. oz. for whisky, brandy etc. Brand new and unused and in its original packaging. Can deliver. E8 01438318734 or 07988559201

JELLYCAT PLUSH BEAR Very good condition, 1999 attached label, chocolate brown, very cuddly, 38 cm height, 40 cm wide, condition for photo E12.00 or 0795864885 or 01245901458

LEDO VANGUARDS MODEL TRIUMPH HERALD SALOON CAR 1:43 scale in red. Made in diecast metal in the new condition and boxed. Can deliver. E10 01438318734 or 07988559201

Merit Chemistry Set original chemistry set from 1962 still with original packaging E15 01245259245

RAILWAY MODELLER Magazines 50 pence each or 12 for E5 E1 01702 231002

Sheridan curtains Beautiful lined fully washable Excellent condition To fit window 118cm high and 150cm width Deep blue green with multi-coloured William Morris style pattern. As new E20 01438318734 or 07988559201

MIRROR etched and bevelled in gilt frame size 34" x 24" can be hung portrait or landscape. In very good condition. E25 01277 652018

Carpet & Flooring (Sales)

carpet duckegg blue/green carpet 12x9ft good condition hessian backed E30 01245265431 or 07548952374

Computer/Games

DESKTOP COMPUTER CPU HEATSINK AND FAN AKASA New AK set of 10 metal vintage vans and lorries with the liveries of famous drink brands such as Malibu, Smirnoff, J&B, Long, Gin, Drambuie etc. Made in diecast metal by Mattel in the UK. In as new condition in special presentation box. Can deliver. E15 01438318734 or 07988559201

COMPUTER 3-SHELF UNIT Black tubes & black ash wood finish, on casters. Size, HxDxB= 86x35x50 cm 5 different units & sizes have to go! BRENTWOOD. E15 01277 223377

DESKTOP COMPUTER RAM, 1GB, OCE REAPER. HP (heat pipe conduit), 240 pin DDR2 SDRAM, 1066MHz (PC2 8500), model no. OC2ZP010662GK, in good working order and can deliver. E5 01438318734 or 07988559201

Palm Vx Handheld PDA Includes hot sync cradle & in-charge charger via serial port. Leather case, stylus pens. Handbook & CD. Boxed as brand new. Ideal for enthusiasts or collectors of electronics. E5 010277 655272

3 SHELF COMPUTER UNIT Black Ash finish to wood & black on metal tubes. On casters. Size HxDxB = 86x35x50 cm 5 different models available. BRENTWOOD. E15 01277 223377

Apple iMac G5 (iMac6,C1) White, 24inch, 2.5GB RAM, 256GB HD, OSX10.6.8, USB mouse, Apple extended keyboard, CD/DVD faulty. Collect only. Chelmsford. E75.00 01245 380915 or 07860 137017

Nintendo Wii 'Band in a Box' wireless guitar, drum kit & Beatles Rock Band game. Not boxed, but hardly used & in great condition. Ring after 7.30pm. E80.00 01245 610330

Sat-Nav Binatone F435 satellite navigation system with case, car charger, windscreen holder and user guide. All in new condition & never used. E30.00 01245 610330

2 SHELF UNIT FOR COMPUTER Black Tubes and Shelves, 2 shelf unit on casters. HxWxD = 71x60x35 cm. BRENTWOOD. E15 01277 223377

BLACK SHELF UNIT FOR COMPUTER Black Tubes and Shelves, without casters. BRENTWOOD. E12 01277 223377

COMPUTER 2 shelf unit Tubes & 2 Shelves in black, unit has casters. HxWxD = 71x60x35 cm. BRENTWOOD E15 01277 223377

COMPUTER THREE SHELF UNIT White tubes & shelves, but not on casters. HxWxD = 92x60x32 cm. BRENTWOOD. E15 01277 223377

ECHO DOT Amazon Echo Dot 2nd generation. E10 01245 355418

Furniture

French Berger Sofa & Chairs

French Berger sofa, can be sold separately. Made by Strongbow double cane, good condition. Sofa E250 chairs E100 each. Tel 01621842747/07923466162

E450
01621842747/07923466162

Chairs - Newly Crafted 3 individual occasional chairs, 1 re-furnished with re-upholstered seat in light wood E26.00, 1 new upholstered seat & back in light wood E45.00, 1 new upholstered seat & high back in dark wood E26.00. All chairs upholstered in light fawn fabrics. Useful gifts. E28.00 01277 2227364

G Plan Teak Double Wall Unit includes drinks cabinet with folding doors, lighting glass display shelves and two cupboards. W5 "H5 10 D21" Excellent condition. Buyer collects. E80 01621 893321 or 07887842073

Wall Unit, G Plan, Teak, includes lighting, glass display shelves and two drawers. W5 "H5 10 D21" Excellent condition. Buyer collects. E80 01621 893321 or 07887842073

Next Sofa Three seater Next sofa. Light Natural or similar colour. Hardly used in excellent condition. Smoke & pet free house. Buyer collects. E100 01245 07580022674

Next Sofa Three seater Next sofa. Light Natural or similar colour. Hardly used in excellent condition. Smoke & pet free house. Buyer collects. E100 01245 07580022674

Next Sofa Three seater Next sofa. Light Natural or similar colour. Hardly used in excellent condition. Smoke & pet free house. Buyer collects. E100 01245 07580022674

Furniture

Retro Formica Cabinet White & Teak effect, 2 glass doors & interior light; fold down door; thick, 2 cupboards, 3 drawers W60" H52" D16" on castors (Romford) E20 07948 318956

Yew Wood Corner Display Cupboard Has light, glass shelf and cupboard underneath. Very good condition. Billericay E95.00 01793276516

DERWENT Easy Chair in wine floral patterned quality fabric, leather cushion, walnut legs, arms and trim, vgc E75 01277 652018

Parker Knoll Occasional chair. Ideal bedroom. Square bery, removable seat, beige grey and pink muted pastels. VGC E15 01277 821149

Television Stand wooden, silver colour. H19", D22", W34" reducing to 22" at back. Base in good working order and can deliver. E7 07948 318956

Grandmother Clock Teak colour wood. Chimes on half hour. Good condition. Billericay. E75.00 010 07933276516

ROCKING CHAIR child nursing rocking chair. White. (No cushions/covers). E15 010 01245 355418

Single Oak Ben Frame For Sale Top of the range. Sprung slats, easily assembled. Vgc. E100 01277 372126

Sofa bed Dark pink sofa bed, 120cm x 190cm x 90cm 1245443149

Clothing

LADIES winter coat size 12, long length medium brown with thick faux fur lining in a darker brown. Purchased from Selfridges a few years back. Not hardly worn. Cost over E400 accept E40 01277 652018

Cold Weather Safety Suit Good condition. Size medium/Large. Waterproof, thermal and heavy. Ideal any type of outdoor pursuits. Bargain. E25 01245400026

Leather Motorcycle Jacket Ladies Motorcycle jacket, properly used, duty black leather, rarely used. Size L fits UK 14/16, clean lining, good condition E75 010245466217

Nike Hooded Gilet Royal blue, large boys age 12-15 (chest 12-15) very good condition E10 01621 893321 or 07887842073

PURE WOOD Suit double breasted jacket E46 "chest, trousers 40" waist, 32" long by B. Williams. Dumm & Co. never worn E75 01277 652018

BROWN SATCHEL BAG LADIES/GIRLS S BAG BROWN STILL WITH TAGS MAKE GREAT PRESENT E5 01245259245

Dickies Hi-vis Coat XL waterproof thermal extra warm ideal outdoor workers. Unused. Bargain. E25 01245400026

Christmas Trees & Decorations

LARGE LIGHT UP MERRY XMAS ARCHWAY FOR SPARES OR REPAIR MOST OF IT LIGHTS UP JUST A COUPLE OF LETTERS. NEVER USED. APPROX 6 FT TALL. CAN EMAIL YOU PICS E20 01245259245

OUTDOOR LIGHT UP SLEIGH LIGHT SLEIGH AND REINDEER OUTDOOR LIGHT SHAPE. MAINLY WHITE LIGHT FROM B AND Q ORIGINALLY E10 01245259245

Christmas trees Approx 20 artificial trees for sale, various colours and sizes up to 6ft. Job lot E50 01277821149

OUTDOOR LIGHT UP PENGUIN IN IGLOO LARGE OUT-DOOR LIGHT UP IGLOO WITH A PENGUIN E30 01245259245

OUTDOOR LIGHT UP SANTA LARGE SANTA BLOWMOLD FOR OUTDOORS. PREMIER DECORATION BOXED E25 01245259245

Gardening Products

Lawnmower Petrol Rotary Good reliable engine. Good condition. With grass box. Excellent cut. Recent service. Can be tried on my lawn. E95 01245 400026

Box hedging Box garden hedging covers about 44 m long. Dig up and ready to go. Chelmsford cm1 E80 07509981128

Cameras/Camcorders

Photographic Darkroom Enlarger Krokus 35 SL, drawer 10" x 2" x 6" height 5" x 2" depth 21". Excellent condition. Buyer collects. E80 01621 893321 or 07887842073

Photographic Darkroom Enlarger Krokus 35 SL, drawer 10" x 2" x 6" height 5" x 2" depth 21". Excellent condition. Buyer collects. E80 01621 893321 or 07887842073

Photographic Darkroom Enlarger Krokus 35 SL, drawer 10" x 2" x 6" height 5" x 2" depth 21". Excellent condition. Buyer collects. E80 01621 893321 or 07887842073

Building Materials

DARK-STAIN Internal DOOR 15 (x 3 x 3) panes of Flemish Glass. Size 27 x 78 x 183/8 thick. Inches. Handles, No hinges. Recesses for ball-catch & double lock. BRENTWOOD. E15 01277 223377

hardwood front door 44mm thick with top fan light and door furniture. Good condition E100 07788190709 or 01245440036

MANHOLE SILL & COVER Cast iron cover & surround for ManHole. Imperial Dimensions obviously. BRENTWOOD E25 01277 223377

stone mantle shelf has moulded edge 108 1/8" x63" x1" E45 01245 602434

Miscellaneous Sales

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JIGSAW PUZZLE Storage Board will fit puzzles up to 1500 pieces E15 01702 231002

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Musical

RETRO KEYBOARDS Retro Yamaha Portasound PSS 170 keyboard built in 80.s sound effect and built in rhythm section E20. Also Retro Casio MT18 casiotone with built in sound effects E20 both with their own boxes and chargers or buy 1 get one 1/2 price E30 for 2 E40 01462812582 or 07960470514

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Town and Country Planning (Development Plans and Consultation) Directions 1992 PUBLIC NOTICE OF APPLICATIONS

The following applications have been received by Harlow District Council. These applications and others received can be inspected at Harlow Council Planning Services, Civic Centre, The Water Gardens, Harlow, Essex, CM20 1WG on Monday - Friday, 9am - 4:45pm. If you are unable to view the plans during these times, please telephone Planning Services on (01279) 446856 where a suitable appointment can be made with the relevant case officer. Anyone who wishes to make representations about these applications should write to the Council at the above address within 21 days of the date of this notice.

Application No: HW/LBC/18/00444 Ward: Netteswell
Application Type: Listed Building Consent

Location: Harlow Town Station Station Approach
Harlow Essex

Proposal: The Removal of All Plywood Fascia on All
Building Levels and Canopies Across the
Entire Station

Reason for Advert: Listed Building
Application No: HW/QASMR/18/00507 Ward: Mark Hall

Application Type: Outline Some Matters Reserved
Location: Latton Farmhouse Latton Street Harlow Essex

Proposal: Outline Application for The Erection of
17 No. Dwellings, With Access To Be
Determined and All Other Matters Reserved.

Reason for Advert: Major Development Which Affects The
Setting of Listed Buildings and Within A
Conservation Area

Application No: HW/FUL/18/00486 Ward: Old Harlow

Application Type: Full Application
Location: 121 East Park Harlow Essex CM17 0SA

Proposal: Erection of 1 New Dwelling

Reason for Advert: Local Public Interest

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female seeking

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minute plus your phone com-
pany's access charge. Texts cost
£1.50 per message received.

CAROL, 40m, 5'2, attractive, stylish,
ambitious, healthy and clearly looks
dark, attractive male to enjoy life, love
and fun times. Text Only. Box No: 432601

CLAUDIA, 61yrs, hardhearted, pretty,
sophisticated, tall slim, lovely hair &
teeth. WLMH gent of any age for flirts
please. Text Only. Box No: 432606

EMMA, 36yrs, blonde, slim but busty
works in HR, long hours in London.
Hoping to meet a gent who's under-
standing of my hours and can meet on a
casual basis. Text Only. Box No: 432608

ALICE, pretty petite lady, dark hair &
eyes. 35yrs. Very lovely and well
looking to find a nice older gentleman
to cheer me up. Text Only. Box
No: 432610

ARE you a naughty mischievous
gent hoping to meet an attractive lady,
25yrs? If yes then call me. I'm waiting
to meet you but we must be very
discreet. Calls only no texts. Text Rec
0906 515 4456 Box No: 432651

HELEN, sophisticated, cultured lady,
seeks mature man for life's pleasures.
Lives in London but can travel. Tel:
0906 515 3306 Box No: 432671

JIM, builder, 48, tall, good looking,
kind hearted, GOSH, easygoing, kind
and considerate, into pubs, clubs, live
music, sports, outdoor pursuits like
walking, mountain biking and rock
climbing. WLMH a lovely female. Tel:
No: 0906 515 4456 Box No:
432637

HAARF, 54, 5'8, blue eyes, not bad
looking, divorced, GOSH,
adventurous, easy-going, genuine,
looking for a down-to-earth lady, 50-
62, someone open-minded and
genuine who likes a laugh and joke.
Tel No: 0906 515 4456 Box No:
432663

SANDRA, 50s, retired, 5'6, size 12,
dark hair, brown eyes, nice
personality likes reading, socialising
etc. looking for a nice gentleman, 50s,
to enjoy life's adventures. Tel No:
0906 515 4456 Box No: 432601

WENDY & lovely Francesca, 42 something,
hopes to meet open minded dis-
creet gent. ACA. Tel: 0906 515 3019
Box No: 432680

SEMUSUAL, beautiful lady, well
educated, smart and very
presentable. Hoping to meet a
discreet gent for weekday fun times.
Discretion assured & guaranteed. Tel:
No: 0906 515 4456 Box No: 432686

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JIM, 57, 6'8, blue eyes, 165, looking
for a white woman, 45-55, any age.
For romance, relationship and good times
together. Tel: No: 0906 515 4456 Box
No: 432653

HUGH, black, British born male, 1'60,
tall, slim, some body build, extremely
good looking with a vibrant
and winning personality. Got in touch
and I'll send you a pic! Tel No: 0906
515 4456 Box No: 432658

ANGELA, busy open minded lady
48yrs young. Loves to have fun and
has a very happy side. If you are
looking for some fun times give me a
call. Tel: 0906 515 3019 Box No: 432677

CAROLINE, 40yrs, slim, 5'2, attractive,
Happily married but alone weekdays.
Hoping to meet a discreet gent any
age for some fun times. Tel No: 0906
515 4456 Box No: 432683

KING, curly black lady with sexy per-
sonality. 34yrs, into to area and help-
ing to hook up with an older chap.
Colour race unimportant. Text Only.
Box No: 432684

DANNY, 40, lonely widow, dark hair,
green eyes, works hard make for
good conversation and lots of TLC.
Give me a call. Tel No: 0906 515
4456 Box No: 432679

TAMMY, 54yrs, kindly pretty lady with
a zest for life. Unhappily married and
looking for a kindly gent of any age to
sweeten me off my life and someone to
live once a week. Text Only. Box
No: 432679

SUSIE, married, adventurous/dis-
creet lady, 38yrs, seeks discreet male
any age/area for no strings fun. Lives
in North West. Tel No: 0906 515
3006 Box No: 431239

ANNA, 50yrs, attractive blonde lady
with lovely curves. Seeking male any
age for no strings discreet fun. South
West area but currently working in Liver-
pool. Tel: 0906 515 3046 Box
No: 432621

JENNIFER, recently moved to the
area from Leeds. 54yrs, real northern
spirit, laid back, down to earth. WLMH
chaps for casual fun times. Any age.
Text Only. Box No: 432670

ATTRACTIVE, well educated lady,
early 40s hoping to meet a naughty
man. I'm attractive, well promoted, but
single weekdays. Let's meet up, call
me. Tel No: 0906 515 4456 Box No:
432693



male seeking

QUIET, 40 years old white male,
looking for an affectionate, genuine
female, for relationship. Text only.
Box: 4326023

LEE, 40yrs own building yard, hard
worker, kind & caring. Just missing
that special lady to share life. Long
term relationship. Text Only. Box
No: 4326116

BLACK gay female, 48, looking for a
white single man, who is gay or bi
sexual, for a long term relationship.
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432615

JUSTINE, 43, gay woman, WLMH
someone outgoing, 35-45, I enjoy
wine, meals out, music etc, just fun
really. If you would like to contact me,
just go for it as I am proper fun. Tel:
No: 0906 515 4456 Box No: 432666

WIC, working class, chunky gay guy
32yrs. Straight acting, WLMH profes-
sional gent 30+. Text Only. Box
No: 432637

Big guy, 6'06, looking for daytime adult
fun, with a similar type of person.
Hope to hear from you soon. Tel No:
0906 515 4456 Box No: 432681

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SPORT

Nairn fourth in her age group

HARLOW Tri Club members have been busy competing in events on the international stage recently.

The club had four athletes taking part in the European Aquabike Championships in Ibiza which consisted of a 2.1km swim and 45.6km bike. Nick D'Alton clocked a total time of 2hr 03min 47sec to cross the line in 69th out of 112 finishers.

In the women's race Holly Nairn was 30th and fourth in the 30-34 year age group out of 71 finishers, with a time of 2.11:16, while Louise Kedge was 34th and fifth in the 30-34 year category with 2.14:37.

At the ETU Aquathlon, also in Ibiza, which involved a 1km sea swim and 5km run, Paula Reynolds posted 41:04 for 72nd out of 150 finishers, with team-mate Gail Nicholls 99th in 44:00. The men's event saw Andrew Kitson set 37:06 for 96th out of 214.

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Harlow Town manager Danny Chapman (centre)
MARTINE XERRI

Angels win ends hellish home run

HAWKS BOSS FULL OF PRAISE AFTER VITAL VICTORY

HARLOW Town manager Danny Chapman breathed a sigh of relief as the Hawks got their first home league win at the ninth time of asking, after putting in an excellent shift against high-flying Tonbridge Angels.

"It's been a long time coming and we've had a rough time in the past few months," admitted Chapman. "I'm proud of the team and I haven't been able to say that for a while."

Both teams had come close throughout the game, and although the visitors probably had more possession in the second half, they blanked for the third straight match, and fell to a defeat courtesy of Laurence Vaughan's late goal.

The Hawks still sit bottom of the table with 11 points, but are now only three points from safety, and can take plenty of positives from the game.

"It wasn't a great spectacle, we had to dig out the result and it was always going to be a messy result," Chapman told the club's website.

"You're never going to get out of a relegation fight by playing pretty, you're going to have to work for everything you are going to get and that's exactly what they did."

"They've shown me they are capable of doing it, it's just with the results we've had, the belief fell away."

"Hopefully now we can look forward and have that belief and if we do, we can do well."

"It was great to have a clean sheet. We didn't panic and always looked in control."

"We threw bodies on the line but it was in a controlled manner."

"We can't get carried away with this result, but it's a start."

"The players realised we could win the game and hopefully this can be a turning point for us."

"We cut out the mistakes and were assured in most things. The players needed the win, the supporters and the club needed it, hopefully we can pick up results to get us out of where we are at the moment."

Chapman also paid tribute to Fabion Simms, who was honoured before the game having made 250 appearances for the club.

"Fabion has had offers from many other clubs but stayed with us - 250 appearances is a massive achievement and I'm happy to have him in my corner."

Tonbridge piled on the pressure in the final 20 minutes, with former Harlow striker Alex Read's glancing header from close range going just over.

Joe Turner then had a go from just outside the box, and his half-volleyed effort wasn't far off breaking the deadlock.

Harlow had seen their chances limited, but managed to nick a goal in the 83rd minute.

JJ Da Cruz threw the ball in from near the corner flag, with substitute Emile Acquah heading it on.

Vaughan then pounced upon a lack of urgency from the Tonbridge defence to tap it into the net and secure a huge victory.

Segal close to top ten finish at Chelmsford

HARLOW Running Club had 20 members competing at the Chelmsford 10k and came away with eight personal best (PB) times for the distance.

First home was Craig Segal in 12th place out of 462 finishers in an excellent 35min 40sec (PB).

He was followed home by Martin Westley 28th in 37:34 (PB), Sharon Wright 80th and first female Vet 35 in 41:41, Adrian Fell 94th in 43:03, Catherine Ridge 98th in 43:25 (PB), Paul Schroder 110th in 44:08 (PB), Andy Ramage 120th in 44:36, Carinne Jay 146th and second female Vet 50 in 46:14, Colin Moody 167th and first Vet 65 in 47:01, Martin Elven 179th in 47:53 (PB), Paul Dixon 191st in 48:36, Kerry Mavris 213th in 49:35 (PB), Vanessa Bull 252nd in 51:27 (PB), Janice Page 267th in 52:34, Wendy Schroder 277th in 53:06, Debbie Barry 284th in 53:21, Alan Wellbelove 297th in 54:27, Debbie Smith 305th in 54:52, Dean Bull 343rd in 57:23 (PB) and Lindsey Pearson 407th in 63:03.

Meanwhile, at the Richmond 10k Rob Lowe was victorious out of 474 finishers in a superb time of 36:28.

The Victoria Park 10k saw Martyn Coulter finish in 18th place out of 429 finishers in a PB time of 39:49.

At the Fulham 10k, Robin Lozeau finished in 1965th place out of 4161 finishers in 52:41.

Closer to home, the Hertfordshire Half Marathon at Knebworth saw Colin Baker finish in 53rd out of 1447 finishers in 1hr 28min 46sec, Pasquale Pellicchia was 519th and second Vet 65 in 1:52:16, Helen Kurz 896th in 2:03:37 and Alan Chatterton 1025th in 2:08:49.

At the Dirt Half Marathon Challenge Trail race at Leighton Buzzard, Laura Prime finished in 318th place out of 770 finishers in 1:56:09 and Nick Ryley-Warren was 413th in 2:02:58.

The Harlow parkrun saw Ryan Smith finish fourth out of 204 finishers in 20:30. Rangwedi Sello was seventh in 21:56 (PB) and Martin Westley tenth in 22:12.

Other times: Allison Beeton 12th and first Female in 22:30, Marc Witham 14th in 23:43, Paul Dixon 15th and first Vet 50 in 23:52, Steve Cowlin 18th and first Vet 55 in 24:05, Bobby Draper 19th and second Vet 55 in 24:16, Graham Saville 21st and first Vet 60 in 24:38, Alan Cootes 22nd and second Vet 60 in 24:46, Alejandro Prados 23rd in 24:48 (PB), Steve Warren 26th in 25:28, Catherine Ridge 27th and third Female in 25:37, Jim Bates 33rd and first Vet 70 in 25:47.

Kelly Grey was 34th and first female Vet 40 in 25:50.

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